



## *Relational Awareness ~ Lesson 1*

### *PowerPoint Notes*

#### REVIEW

#### *Goals for This Study*

Healthy vs Unhealthy Relationships  
Help Others  
Be the Solution

*Blessed are the peacemakers, for they will be called children of God*

*Matthew 5:9*

#### Last week we learned about Domestic Kindness

We:

- Educate Christians about domestic abuse.
- Provide teaching about healthy relationships and godly living.
- Connect victims and abusers to expert help.

#### **Domestic Kindness Equips Churches to Be Part of the Solution to Domestic Abuse**

**We train a group of church members who become a permanent Domestic Kindness Action Team (DKAT) at their church.**

#### **WE LOOKED AT:**

- Healthy Relationships
- Relationship Red Flags

#### **HERE ARE SOME OTHER RED FLAGS:**

- You don't feel comfortable with something ***you are doing*** for someone.
- You don't feel comfortable with something ***someone is doing to you***.

**We learned that Domestic Abuse is a PANDEMIC.**

**We looked at the validity of the domestic abuse statistics.**

**As Christians, this is an Issue we must take Seriously.**

# *Today's Lesson ~ Love Defined*

## **1 Corinthians 13 ~ God's Definition of Love What it Means to Love and Be Loved**

### **Why study about love?**

God's love is how relationships are transformed.

### **We need to know what love really is**

#### **Sin in the World:**

- Causes a distorted view of love
- Prevents us from recognizing when something is wrong in a relationship

**Love is not a feeling. Love is an attitude. It is a command.**

Love your neighbor as yourself. Leviticus 19:18

#### **Loving God's way requires that we:**

- Recognize what God's love looks like
- Receive God's love – We love because He first loved us. 1 John 4:19

#### **Glass Filled to the Brim**

Whatever is inside spills out when shaken.

Daily ask God to fill you with His love.

**When we truly receive God's love, then it flows freely from us to others.**

### **TRY THIS as you read 1 Corinthians 13:**

- Ask God how He loves you in each of the characteristics.
- Ask how you can love others that way.

For example:

Love is patient - How is God patient with me? - How can I be patient with others?

### ***Love & Value are intrinsically connected***

Until you know that you are **highly valued** by your heavenly Father, your love for other will be less effective than it could be.

**LOVE** is about **VALUING** a person.

A **loving** person treats others as if they have great **importance**.

**ABUSE** is about **DEVALUING** a person.

An **abusive** person treats others as if they are **worthless**.

### ***GOALS FOR THIS LESSON***

- To recognize real love according to God's word
- To pass on God's love to others as you experience it from Him
- To improve your current relationships
- To examine yourself and see where you can improve
- To avoid forming unhealthy relationships
- NOT to make you feel guilty or discourage you

***Love is Kind ~ 1 Corinthians 13:4***