



Week One Menu

Served weeks commencing:
06/06, 27/06, 18/07, 12/09, 03/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL MEAT	CHICKEN SAUSAGE, MASH & GRAVY	PASTA BOLOGNAISE	ROAST CHICKEN, ROAST POTATOES AND GRAVY	SPANISH CHICKEN WITH RICE	FISH FINGERS AND CHIPS (With Ketchup)
MAIN MEAL VEGETARIAN	VEGETARIAN SAUSAGE, MASH & GRAVY	MACARONI CHEESE	ROAST VEGAN QUORN FILLET, ROAST POTATOES AND GRAVY	MILD VEGETABLE CURRY WITH RICE	TOMATO & CHEESE PIZZA PINWHEEL AND CHIPS (With Ketchup)
SERVED WITH	Carrots & Broccoli	Warm Baguette, Sweetcorn & Peas	Cauliflower & Cabbage	Green Beans & Carrots	Baked Beans & Peas
JACKET POTATO/ PASTA DISH	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo
DESSERTS	OATY CINAMON COOKIE	ICED SPONGE & CUSTARD	VANILLA ICE CREAM & FRESH FRUIT	SHORTBREAD WITH APPLE SLICES	FRUITY FRIDAY FRESH FRUIT PLATTERS

AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



Week Two Menu

Served weeks commencing:

13/06, 04/07, 29/08, 19/09, 10/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL (MEAT)	BATTERED COD FILLET WITH RICE	BEEF BURGER WITH POTATO WEDGES	ROAST CHICKEN, ROAST POTATOES AND GRAVY	LASAGNE	FISH FINGERS AND CHIPS (With Ketchup)
MAIN MEAL (VEGETARIAN)	BBQ VEGETABLE & MIXED BEAN WRAP with RICE	VEGETABLE BURGER WITH POTATO WEDGES	ROAST VEGAN QUORN FILLET, ROAST POTATOES AND GRAVY	VEGETARIAN LASAGNE	CHEESE & TOMATO PIZZA AND CHIPS (With Ketchup)
SERVED WITH	Sweetcorn & Baked Beans	Carrots & Peas	Green Beans & Cabbage	Warm Baguette, Broccoli & Green Beans	Baked Beans & Peas
JACKET POTATO / PASTA DISH	PASTA WITH HOMEMADE TOMATO SAUCE & Grated	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese
DESSERTS	FLAPJACK WITH ORANGE SEGMENTS	JAM SPONGE WITH CUSTARD	SHORTBREAD WITH APPLE SLICES	APPLE CRUMBLE WITH CUSTARD	FRUITY FRIDAY FRESH FRUIT PLATTERS

AVAILABLE DAILY:

Choice of Freshly Baked Flavoured or Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



Week Three Menu

Served weeks commencing:
20/06, 11/07, 05/09, 26/09, 17/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL (MEAT)	BBQ CHICKEN PIZZA WITH DICED POTATOES	COTTAGE PIE	ROAST CHICKEN, ROAST POTATOES AND GRAVY	CHICKEN SAUSAGE & TOMATO PASTA BAKE	FISH FINGERS AND CHIPS (With Ketchup)
MAIN MEAL (VEGETARIAN)	CHEESE & TOMATO PIZZA WITH DICED POTATOES	VEGETARIAN COTTAGE PIE	ROAST VEGAN QUORN FILLET, ROAST POTATOES AND GRAVY	ROASTED VEGETABLE FRITTATA	VEGETABLE NUGGETS AND CHIPS (WITH Ketchup)
SERVED WITH	Baked Beans & Broccoli	Carrots & Cabbage	Green Beans & Carrots	Warm Baguette, Carrots & Broccoli	Baked Beans & Peas
JACKET POTATO / PASTA DISH	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo	JACKET POTATO with Cheese, Baked Beans or Tuna Mayo	PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese
DESSERTS	CHOCOLATE SPONGE & CUSTARD	OATY CINAMON COOKIE	BANANA MUFFIN	CHOCOLATE & ORANGE SHORTBREAD WITH APPLE SLICES	FRUITY FRIDAY FRESH FRUIT PLATTERS

AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.