



# Week One Menu

Served weeks commencing:  
31/10, 21/11, 12/12, 09/01, 30/01

|                         | MON DAY   | TUESDAY  | WEDN ESDAY  | THURSDAY   | FRIDAY  |
|-------------------------|---|--|---|--|---|
| MAIN MEAL<br>MEAT       | TUNA PASTA BAKE                                     | CHICKEN BIRYANI WITH RICE                        | SPICED ROAST CHICKEN WITH ROAST POTATOES & GRAVY    | LAMB SEEKH KABAB WITH RICE                       | FISH FINGERS AND CHIPS (With Ketchup)               |
| MAIN MEAL<br>VEGETARIAN | MACARONI CHEESE                                     | VEGETARIAN BIRYANI WITH RICE                     | VEGETARIAN SAUSAGE WITH ROAST POTATOES & GRAVY      | POTATO AND LENTIL CURRY WITH RICE                | VEGETABLE FINGERS AND CHIPS (With Ketchup)          |
| SERVED WITH             | CAULIFLOWER GREEN BEANS                             | PEAS SWEETCORN                                   | CARROTS CABBAGE                                     | SWEETCORN BROCOLLI                               | BAKED BEANS PEAS                                    |
| JACKET POTATO/<br>PASTA | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo |
| DESSERT                 | CHOCOLATE & ORANGE SHORTBREAD                       | ICE CREAM  | PEACH CRUMBLE & CUSTARD                             | COCONUT BISCUIT                                  | FRUITY FRIDAY FRESH FRUIT PLATTERS                  |

## AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



# Week Two Menu

Served weeks commencing:

07/11, 28/11, 19/12, 16/01, 06/02

|                         | MON DAY   | TUESDAY   | WEDN ESDAY                                       | THURSDAY  | FRIDAY   |
|-------------------------|---|---|--|---|--|
| MAIN MEAL<br>MEAT       | CHICKEN HOTDOG WITH OVEN ROASTED POTATO WEDGES    | BEEF LASAGNE  | SPICED ROAST CHICKEN WITH ROAST POTATOES & GRAVY | BEEF KEEMA WITH RICE                                | FISH FINGERS AND CHIPS (With Ketchup)            |
| MAIN MEAL<br>VEGETARIAN | VEGETARIAN HOTDOG WITH OVEN ROASTED POTATO WEDGES | VEGETARIAN MEATBALLS IN TOMATO SAUCE WITH PASTA     | VEGETABLE SAMOSA WITH ROAST POTATO AND RAITA     | VEGETABLE KEEMA WITH RICE                           | VEGETABLE FINGERS AND CHIPS (With Ketchup)       |
| SERVED WITH             | BAKED BEANS SWEETCORN                             | GREEN BEANS CARROTS                                 | PEAS CARROTS                                     | BROCOLLI SWEETCORN                                  | BAKED BEANS PEAS                                 |
| JACKET POTATO/<br>PASTA | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese  | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese |
| DESSERT                 | CINNAMON COOKIE                                   | BANANA TRAYBAKE                                     | KHEER WITH SULTANA                               | CHOCOLATE SPONGE CAKE                               | FRUITY FRIDAY FRESH FRUIT PLATTERS               |

## AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



# Week Three Menu

Served weeks commencing:

14/11, 05/12, 02/01, 23/01

|                         | MON DAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|-------------------------|--|---|--|--|---|
| MAIN MEAL<br>MEAT       | CHICKEN PIZZA WITH OVEN BAKED WEDGES             | CHICKEN CURRY & RICE                                | ROAST TURKEY WITH ROAST POTATOES & GRAVY         | LAMB BURGER                                      | FISH FINGERS AND CHIPS (With Ketchup)               |
| MAIN MEAL<br>VEGETARIAN | MARGHERITA PIZZA WITH OVEN BAKED WEDGES          | VEGETABLE CURRY & RICE                              | CURRY ROASTED VEGETABLE CHAPATI SNACK WRAP       | VEGETABLE ENCHILADAS                             | VEGETABLE NUGGETS AND CHIPS (With Ketchup)          |
| SERVED WITH             | SWEETCORN BAKED BEANS                            | CAULIFLOWER GREEN BEANS                             | CABBAGE CARROTS                                  | BROCOLLI SWEETCORN                               | PEAS BAKED BEANS                                    |
| JACKET POTATO/<br>PASTA | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese | PASTA WITH HOMEMADE TOMATO SAUCE & Grated Cheese | JACKET POTATO with Cheese, Baked Beans or Tuna Mayo |
| DESSERT                 | ORANGE & SPICED COOKIE                           | COCONUT MUFFIN                                      | APPLE SPONGE CAKE                                | ICED MARBLE CAKE                                 | FRUITY FRIDAY FRESH FRUIT PLATTERS                  |

## AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.