



Huijat Primary School

Physical Education Curriculum Overview

Year	Autumn Term	Spring Term	Summer Term
EYFS	Introduction to physical education	Ball Skills	Games
	Gymnastics	Fundamentals	Ball skills
	Movement and Balance	Movement and Balance	Fundamentals
Year 1	Fundamentals	Ball skills	Athletics
	Gymnastics	Fitness	Gymnastics
	Sending and receiving	Net and Wall	Target games
	Movement and Balance	Movement and Balance	Mindfulness and keeping healthy
Year 2	Fundamentals	Ball skills	Athletics
	Gymnastics	Fitness	Gymnastics
	Invasion	Net and Wall	Striking and fielding
	Movement and Balance	Movement and Balance	Team building
Year 3	Football	Outdoor and adventure activities	Athletics
	Movement and balance	Fitness training	Gymnastics
	Netball	Tennis	Target games
	Gymnastics	Movement and balance	Mindfulness and keeping healthy

Year 4	Tag Rugby	Hockey	Athletics
	Movement and balance	Fitness	Gymnastics
	Basketball	Tennis	Rounders
	Gymnastics	Movement and balance	Dodgeball
Year 5	Football	Outdoor Adventure Activities	Athletics
	Movement and Balance	Fitness	Gymnastics
	Netball	Tennis	Cricket
	Gymnastics	Movement and Balance	Mindfulness and keeping healthy
Year 6	Tag Rugby	Hockey	Athletics
	Movement and balance	Fitness	Gymnastics
	Basketball	Tennis	Rounders
	Gymnastics	Movement and balance	Dodgeball