God Centric Transition Plan

Your child's next chapter!

Overview of Presentation

1. Introduction
2. Why is this important?
3. Our approach
4. Learning overview- 5 units
5. Practicalities
6. Questions!

01

Introduction

Zahra Ismail
Faith Adviser

02

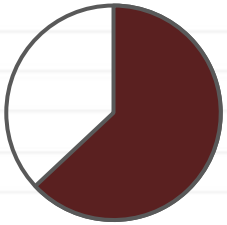
Why is it important

Why is this important

Protective bubble can't last forever

- We are happy that Hujjat is a safe space, where they are protected
- As they go into the wider world we can teach them the tools they need to thrive from a faith based lens, or we can let the world 'pop their bubble'
- They need to know how to navigate life, putting God in the centre
- If not carefully approached, can either lose Islamic values, or develop arrogance such that they cannot relate with other people

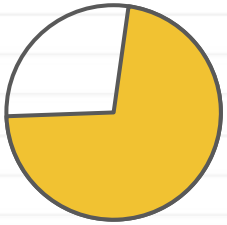
Stats:



62%

Of 15 yr olds have drunk alcohol (whole drink)(2023)

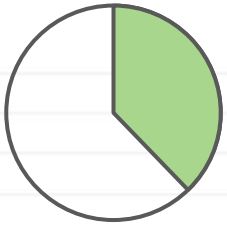
Part 5: Alcohol drinking prevalence and consumption - NHS England Digital



70%

Of children/young people exposed to pornography, with average age of 1st exposure being 13 (2025)

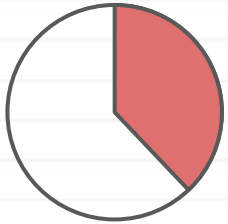
Youth Voices: Children and pornography | Children's Commissioner for England



35%

Children age 13-17 have had romantic relationships 2025

Schools, pupils and their characteristics: January 2025 - GOV.UK



39%

Of secondary school teachers report mysoginistic comments to female staff on at least a weekly basis (2025)

Misogynistic attitudes have reached ‘epidemic scale’ among young people, education chiefs say | The Independent

03

Our Approach

Approach

- Lay strong God centred Islamic foundations
- These alone are important at this stage where they begin to take ownership of their own spiritual journeys, and develop a faith that is personal vs inherited
- Introduce challenges they will face/ be exposed to
- Use Islamic foundations to navigate through challenges
- Questions welcomed- encouraging critical thinking
- This puts them in the best position to handle what secondary school and life will throw their way
- Exposed to these challenges in a safe, Islamic environment

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FOUNDATIONS

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“

أَفَمَنْ أَسَّسَ بُنْيَانَهُ عَلَىٰ تَقْوَىٰ مِنَ اللَّهِ وَرِضْوَانٍ خَيْرٌ أَم مَّنْ أَسَّسَ بُنْيَانَهُ عَلَىٰ شَفَا جُرُفٍ هَار

…”

9:109Then is one who laid the foundation of his building on Taqwa from Allah and [seeking] His approval better or one who laid the foundation of his building on the edge of a bank about to collapse…”

Holy Quran 9:109

04

Learning Overview

5 units

Learning Overview

Unit 1

Allah is real: Establishing a true and personal belief in God

Unit 2

Dignity of every human soul

Unit 3

My identity as connected to Allah

Unit 4

Viewing people who are different than us

Unit 5

Facing challenges in the world

1: Allah is real: Establishing a true and personal belief in God

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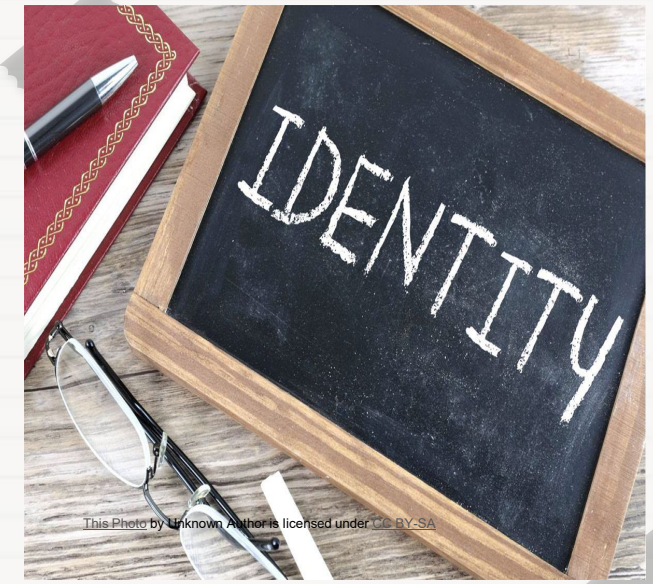
- There are lots of ways of proving God
  - Design argument (lego)
  - First cause/ cosmological argument (dominoes)
- The most important proof is within. Truth within us, God guides through the Fitra (30.30)
- Need to be able to see God in your own life
- Need to think, reflect and use your inner voice to reach truth
- He is our Rabb- guiding us and nurturing us on our journeys
- Allah is always with us (57.4)
- Allah is Ar Rahman- We are always loved by God
- Allah is Al-Ghafur- we should never be afraid to turn back to God
- We should strive to reflect His names in our life

2: Dignity of the human soul

www.kathyknight.org/06-june-anatomy-of-the-human-soul-2/

- Allah created every human soul. The soul is who we are, not our bodies
- Human beings specifically honoured in Quran
  - Allah blew from His soul into Adam (15.29)
  - Granted Karamah- (17.70)
- Self worth – I am important as a creation of Allah with a human soul

3: My identity as connected to Allah



This Photo by Unknown Author is licensed under CC BY-SA

- My worth is not from anyone else apart from Allah
- Self worth/ identity not from other people, wealth status, achievements etc.
- Allah guides me through my inner voice and through divine revelation
- If I act in a way that follows Allah's guidance, I don't have to worry about anything else
- Value Allah's opinion over anyone else's and this guides my decisions

4: Viewing people who are different than us

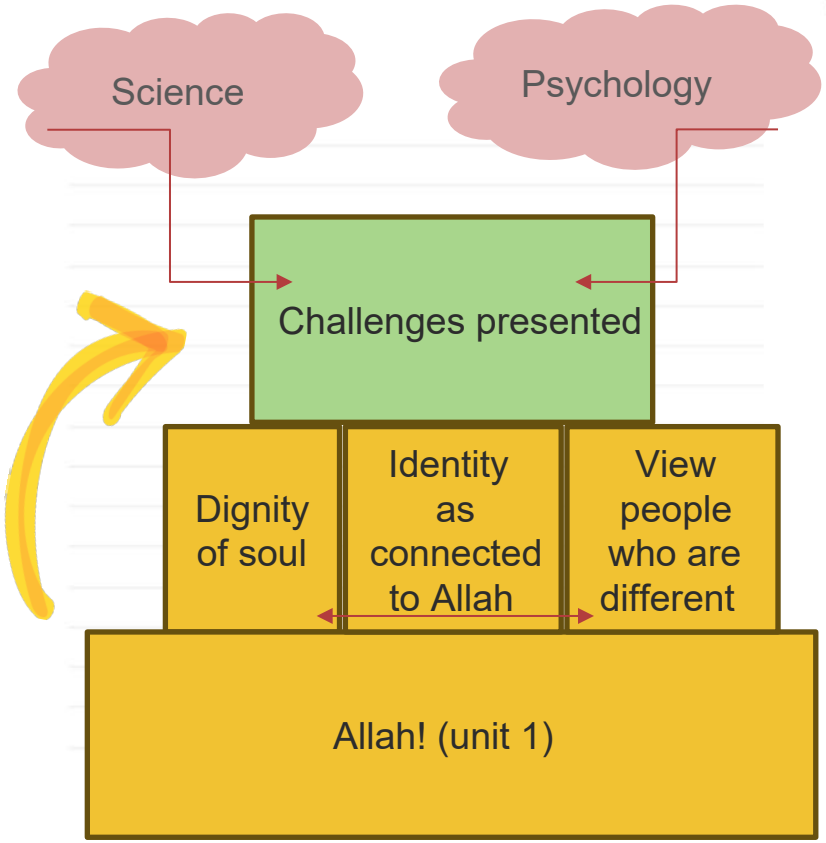
- Valuing other people – Every human soul is sacred
- Created from Nafs Wahida, a single soul (Quran 6:98)
- Everyone on their own journey, and have different challenges
- Can't say we are better than others, we don't know people's journeys
- Story of Musa and the diseased dog
- Alhamdulillah- all goodness in me is from God. I can't take credit, I would have acted differently if God hadn't helped me.
- Every person reflects God in some way
- Approach people with a loving attitude, this makes their heart more open to guidance
- Laa ikraaha fid deen (no compulsion in religion) 2:256

Facing Challenges in the world

- *Drugs/alcohol exposure*
- *Gender relations (boyfriends/girlfriends)*
- *Misogyny*
- *Pornography*
- *Homosexuality*
- *Homophobia*

Framework

- Outline Islamic position (using Quran as appropriate)
- Outline rationale using first 4 modules as building blocks. Islamic understanding forms basis.
- Science/ psychology brought in as appropriate to support



Drugs/Alcohol

1. Outline Islamic positions (5.90)
2. Linking to
    1. valuing our own soul as creation of God (unit 2)
    2. remembering Allah's viewpoint what matters (unit 3)
3. Scientific backing for harms of drugs/alcohol

Gender relations

1. Outline Islamic positions
    - Importance of marriage (30:21)
    - Avoiding relationships outside marriage (17.32)
2. Allah's viewpoint is what matters (unit 3)
3. Studies show that more partners before marriage increases divorce etc.

Misogyny

1. Outline Islamic positions on women: Quran (33.35) (49.13) and status of Lady Maryam, Lady Khadija and Lady Fatima (pbut)

   Identify difference between religion and cultures in Muslim world

2. Linking to valuing of souls as creation of God, (unit 2) and the value of all human being regardless of gender, created from 1 soul (unit 4). Remembering Allah's viewpoint is what matters (unit 3)

3. Studies support the fact that having misogynistic views in earlier life means more likely to negatively impact partners and self

Pornography

1. Outline Islamic positions – Lower the gaze (24:30-31)

2. Link with value of person in soul not body. (unit 2) Remembering Allah's viewpoint is what matters (unit 3)

3. Psychological and scientific evidence against pornography

Homosexuality

1. Outline Islamic positions: Quran (7.81), Family structure, complementary roles of men and women (30.21). Clarity that it is acting upon certain thoughts/ inclinations that is not allowed
2. Allah knows our creation and what is best for us. Allah's opinion matters (unit 3)
3. Can have different inclinations to do things that are not allowed, and can be treated similarly

Homophobia

1. Understand that other family structures may look different, and people may identify in different ways. Islam teaches us respect.
2. Link to dignity of soul (unit 2), Nafsun Wahida and everyone on own journey and 'Laa ikraaha fid deen'- No compulsion (unit 4) We cannot act with disrespect even if we disagree
3. Harmful effects of bullying/ prejudice based on homophobia

05
Practicalities

Autumn Term

- Weekly half hour lessons with myself
- Building knowledge and understanding week on week

Questions?

Thanks!

Do you have any questions?
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Year 6 – God- Centric Transition Sessions
Autumn I

HUJJAT PRIMARY SCHOOL

How can I ensure I have the right foundations to prepare me for life beyond Hujjat

Quranic Links

Foundations: 9:109 *Then is one who laid the foundation of his building on Taqwa from Allah and [seeking] His approval better or one who laid the foundation of his building on the edge of a bank about to collapse…"*

Fitra 30:30 *So, set your face to the Faith uprightly, this (faith) being the nature designed by Allah on which He has created the mankind.*

Allah is with me 57:4 *And He is with you wherever you are*

Allah blew ruh into us 15.29 *…and blow in him of My spirit,…*

Dignity to mankind 17:70 *Indeed, We have dignified the children of Adam…*

Single soul (Nafsun Wahida) 6:98 *And He is the One Who originated you all from a single soul…*

No compulsion 2:256 *There is no compulsion in Faith...*

Key Vocabulary

Foundations	an underlying basis or principle on which all else rests
Design Argument	Argument for existence of God from intricacy of the world needing a designer
Cosmological/ First cause argument	Argument for existence of God through following cause and effect
Fitra	The inner nature of a human being instilled by God
Dignity / Karamah	the state or quality of being worthy of honour or respect
Nafs Wahida	Single soul

Key Information

1: Allah is real: Establishing a true and personal belief in God

- There are lots of ways of proving God
  - Design argument (lego)
  - First cause/ cosmological argument (dominoes)
- The most important proof is within. Truth within us, God guides through the Fitra (30.30)
- Need to be able to see God in your own life
- Need to think, reflect and use your inner voice to reach truth
- He is our Rabb- guiding us and nurturing us on our journeys
- Allah is always with us (57.4)
- Allah is Ar Rahman- We are always loved by God
- Allah is Al-Ghafur- we should never be afraid to turn back to God
- We should strive to reflect His names in our life

2: Dignity of the Human soul

- Allah created every human soul. The soul is who we are, not our bodies
- Human beings specifically honoured in Quran
  - Allah blew from His soul into Adam (15.29)
  - Granted Karamah- (17.70)
- Self worth – I am important as a creation of Allah with a human soul

3: My Identity as connected to Allah

- My worth is not from anyone else apart from Allah
- Self worth/ identity not from other people, wealth status, achievements etc.
- Allah guides me through my inner voice and through divine revelation
- If I act in a way that follows Allah's guidance, I don't have to worry about anything else
- Value Allah's opinion over anyone else's and this guides my decisions

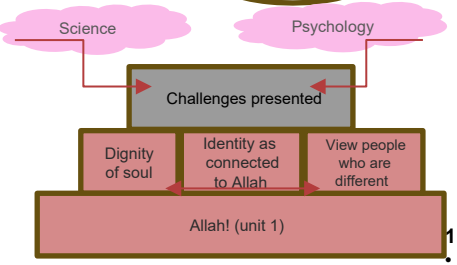
4: Viewing people who are different than us

- Valuing other people – Every human soul is sacred
- Created from Nafs Wahida, a single soul (Quran 9:98)
- Everyone on their own journey, and have different challenges
- Can't say we are better than others, we don't know people's journeys
- Story of Musa and the diseased dog (even a Prophet did not claim to be better than others)
- Alhamdulillah- all goodness in me is from God. I can't take credit, I would have acted differently if God hadn't helped me.
- Every person reflects God in some way
- Approach people with a loving attitude, this makes their heart more open to guidance
- Laa ikraaha fid deen (no compulsion in religion) 2:256

Year 6 – God- Centric Transition Sessions

Autumn 2

How can I draw from my faith foundations to address challenges I will face



Key Vocabulary

Intoxicants	Substances that temporarily alter normal brain function, including drugs and alcohol
Misogyny	hatred, contempt, or prejudice against women,
Pornography	Explicit visual material
Homosexuality	the quality of being attracted to people of one's own sex.
Homophobia	dislike of or prejudice against homosexual people

Quranic Links

Intoxicants 5:90 *O believers! Intoxicants, gambling, idols, and drawing lots for decisions are all evil of Satan's handiwork…*

Marriage 30:21 *And one of His signs is that He created for you spouses from among yourselves so that you may find comfort in them. And He has placed between you compassion and mercy.*

Extra marital relationships 17:32: *Do not even go close to fornication*

Gender Equality 49:13 *O humanity! Indeed, We created you from a male and a female, and made you into peoples and tribes so that you may ˹get to˺ know one another. Surely the most noble of you in the sight of Allah is the most righteous among you.*

Lower gaze 24:30/31 *Tell the believing men to lower their gaze and guard their chastity. (same to women in next verse)*

Homosexuality 7:81 *Indeed, you approach men with desire, instead of women. Rather, you are a transgressing people.*

HUJJAT PRIMARY SCHOOL

Key Information

1.Drugs/ Alcohol (intoxicants) exposure

- Outline Islamic positions: Prohibition of Alcohol. Drugs widely considered impermissible for recreational use (5.90)
- Linking to
  - valuing our own soul as creation of God (unit 2)
  - remembering Allah's viewpoint what matters (unit 3)
- Scientific backing for harms of drugs/alcohol

2. Gender relations

- Should be no intimate relationships between people of opposite genders outside of marriage
  - Importance of marriage (30:21)
  - Avoiding relationships outside marriage (17.32)
- Allah's viewpoint is what matters (unit 3)
- Studies show that more partners before marriage increases divorce etc.

3. Misogyny

- Women considered as equal to men, and valued and cherished in Islam
  - Quran shows equality (33.35) (49.13).
  - Status of holy women like Lady Maryam, Lady Khadija and Lady Fatima (pbut) helps highlight the value of women and how women should be respected
  - There is a big difference between religion and cultures in Muslim world
- Linking to valuing of souls as creation of God, (unit 2) and the value of all human being regardless of gender, created from 1 soul (unit 4). Remembering Allah's viewpoint is what matters (unit 3)
- Studies support the fact that having misogynistic views in earlier life means more likely to negatively impact partners and self

4. Pornography

- Islam encourages men and women to lower their gaze, and not look at inappropriate scenes (24:30-31)
- Link with value of person in soul not body (unit 2) Remembering Allah's viewpoint is what matters (unit 3)
- Psychological and scientific evidence against pornography

5: Homosexuality

- Quran does not allow physical relationships between people of the same sex
  - Quran (7.81)
  - Family structure, complementary roles of men and women (30.21).
  - It is acting upon certain thoughts/ inclinations that is not allowed
- Allah knows our creation and what is best for us. Allah's opinion matters (unit 3)
- Can have different inclinations to do things that are not allowed, and can be treated similarly

6: Homophobia

- Understand that other family structures may look different, and people may identify in different ways. Islam teaches us respect.
- Link to dignity of soul (unit 2), Nafsun Wahida and everyone on own journey and 'Laa ikraaha fid deen'- No compulsion (unit 4) We cannot act with disrespect even if we disagree
- Harmful effects of bullying/ prejudice based on homophobia