Sark Medical Practice

Is your child eligible for a chickenpox vaccination?

Children born between **1 January 2020 and 31 August 2022** may be eligible for a MMRV catch-up vaccination at Sark Medical Practice.

The MMRV vaccine protects against measles, mumps, rubella and chickenpox.

Since 1 January 2026, MMRV has replaced MMR in the routine childhood immunisation programme, meaning children are now routinely offered protection against chickenpox. This catch-up programme provides an opportunity for children who just missed the introduction of MMRV to benefit from chickenpox vaccination too.

Chickenpox is a common childhood infection that causes an itchy rash and fever. While most children recover well, some can develop serious complications, including chest infections, fits and encephalitis (inflammation of the brain).

One dose of MMRV provides very good protection against chickenpox and is around 99% effective at protecting against severe chickenpox infection.

Your child may be eligible if they:

- ☑ Were born between 1 January 2020 and 31 August 2022
- ☑ Have not had chickenpox before, or you're unsure whether they have had it
- ☑ Have not previously received two doses of chickenpox vaccine

📞 **To check eligibility or book an appointment, contact Sark Medical Practice on 01481 832045.**