

The Government of Sark

PANDEMIC EMERGENCY COMMITTEE

A COMMITTEE OF THE CHIEF PLEAS OF SARK COMMITTEE OFFICE, LA CHASSE MARETTE, SARK GY10 1SF

Telephone: (01481) 832118 E-mail: PandemicCommittee@sarkgov.co.uk

Advice for residents and businesses.

As we approach the winter season with the usual colds & flu viruses doing the rounds, which can cause absences from work, the impact of COVID remains with us.

Sark is a small community and even a few residents becoming ill can have a major impact on our infrastructure. Business owners should carefully consider the impact of even a few staff becoming unable to work and should formulate a contingency plan to enable the business to continue to operate <u>before</u> it is needed.

Please continue to use Lateral Flow Tests regularly, and no less than twice a week. Hand sanitiser must be placed outside the premises, pump action dispensers are recommended to minimise handling.

If any staff do become unwell, please encourage them to contact the surgery for advice. Runny noses WITHOUT any other symptoms is not COVID, sore throats, coughs, loss of taste, feeling generally unwell etc may be COVID and must be reported to the Surgery, as soon as possible, taking into account boat times to transport swabs to Guernsey.

Guernsey is currently dealing with high numbers requiring contact tracing. If you do receive a positive result, please can you assist our community be contacting those who you have been in close contact with recently. The surgery will advise the relevant time etc.

The current mitigation measures are intended to slow the spread of COVID whilst allowing Islanders to continue their daily lives and should be adhered to.

If you have not been vaccinated, please do consider having the vaccine, it is our best defence against COVID and will help protect our vulnerable residents and Bailiwick healthcare facilities.