



The Government of Sark

**PANDEMIC EMERGENCY COMMITTEE**

**A COMMITTEE OF THE CHIEF PLEAS OF SARK**

**COMMITTEE OFFICE, LA CHASSE MARETTE, SARK GY10 1SF**

**In conjunction with Dr Nicola Brink and the Guernsey authorities, the Sark procedure for COVID +ve patients is detailed below:**

1. All arrivals to Sark from outside the Bailiwick must complete mandatory 14-day isolation. They must wear a mask and maintain social distancing and comply with Sark transportation requirements until arrival to their address.
2. Any person who develops COVID symptoms at any time during their isolation period, however minor, must remain in their accommodation and telephone the Sark Doctor immediately on 832045.
3. A swab will be taken and sent to Guernsey.
4. If the test result is negative, the patient then completes their 14-day isolation.
5. If the test result is positive, it will be referred to the track & trace team via Public Health in Guernsey.
6. Within 1 hour the track & trace team will start work by contacting the patient. They will identify all contacts over the relevant period of time, as determined by the Contact Tracing Team (usually 48 hours before symptom onset if the person is symptomatic) and isolate anyone who fulfils the contact tracing definition for close contact (for example face-to-face contact within 2 metres for more than 15 minutes or those who have had direct contact).
7. Contacts who are symptomatic will be tested as soon as possible and on day 5 from last date of contact (or as determined by Public Health). If that test is positive, they will be followed up according to the Public Health protocols. This will usually mean a test on day 10 if they are

asymptomatic, with release on a negative result. For Day 10 symptomatic cases, or those that test positive on Day 10 – these cases will be reassessed on Day 14 by a Public Health clinician and will be released when they have been asymptomatic for 3 days.

8. All asymptomatic contacts will need to do a period of 14 days of isolation with a test on Day 5 and Day 13 from last day of contact.
9. Any contact that becomes symptomatic should telephone the Sark doctor to arrange for testing.
10. Guernsey and Sark authorities will carry out welfare checks during first and second week, these can be increased depending on the patient's circumstances.