



corazón contento
centro integral de desarrollo



QUARTERLY REPORT CORAZON CONTENTO

SEPTEMBER 2019

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INTRODUCTION



After many months of hard work, we finished the month of August with pride and a feeling of accomplishment. The 2019 Week of the disabled exceeded all of our expectations and the community support was incredible.

The many activities were supported by a majority of the public. The “Corazón Contento Run” was not only a Sporting Event but also a social event that was supported by runners Nationwide.

More than 430 people ran in the event supporting the integration of special needs individuals into the community. They all ran with a “Happy Heart” (Corazón Contento) as was seen on national TV coverage during interviews of the participants!

This gives us strength and energy to continue providing the disabled of Granada the best services and to continue the fight for the rights of equality and inclusión of the disabled.

William Ashman

Founder

PHYSICAL THERAPY

The area of physical Therapy continues every day to provide new and better therapies to our babies and youth which continues to improve their physical state. In some cases, unexpected improvements have been reached such as improving general mobility, walking and even entering traditional schools!

Ángel Guadamuz, who has cerebral palsy, is one of the longest participators in our program. He just received a new wheel chair which gives him much more mobility and independence.

We sincerely thank all of the people and organizations that help by donating to this area.



A baby with developmental disabilities during therapy.

PHYSICAL THERAPY

During the month of July we included equine therapy into Physical Therapy. It was a great success and watching the youth with Cerebral Palsy react positively to this form of therapy was miraculous.



Luis Manuel during his equine therapy with Pablo our head of physical therapy section

PSYCHOLOGY



We continue growing our services for boys and girls in the Autistic Spectrum.

New forms of therapy focusing on “sensor ability” using Art and music has shown great promise.



Pictures of Children with autism along with children with other disorders participating in sensoral therapies.

PSYCHOLOGY



In addition, we have initiated a cycle of workshops on autism for parents. This has created an united group of parents that have been able to support each other and to interchange experiences about their children with autism.

Corazón Contento understands the importance of working with parents who have children with autism, not only for their process of acceptance but also their children's need for therapy.



Images from workshops for parents

OCUPATIONAL THERAPY



Our youth from Occupational therapy have learned skills to facilitate their entry into the labor force. They continue making beautiful leather key chains which they sell. They are also learning gardening techniques which has employment demand. In September they are learning skills to make food products and the elaboration of cotton bracelets.



Left: Youth in occupational therapy learning to make cotton bracelets. ,
Right: Our youth selling the bracelets in the Central Park of Granada.

EQUINTHERAPY

Every Tuesday we are surprised by the success and positive results the participants show.

The youth with Cerebral Palsy have advanced incredibly with their movement, and their posture.

In July we created a special group of children for this activity. The results have been outstanding.

We want to thank “Lime Totes” for their donations created by the sale of their beautiful bags. This project helps maintain our equine therapy program.



Alondra during her equine therapy receives exercises to improve her posture and physical control.

VOLUNTEERS



Both local and foreign volunteers have dedicated their time, expertise and passion to Corazón Contenido. We want to thank all of our volunteers for their strength and dedication. The volunteers are a very important part of our Project.

Emma, a volunteer, with youth from occupational therapy.

CORAZÓN CONTENTO WITHOUT BOUNDRIES



From Spain: the organization “Musicoterapia Garraf” organized a group of Music Therapy sessions with parents and their children to generate donations for our center!

The sale of our water bottles have arrived in International locations such as Mexico, Indonesia and Europe.

All of the proceeds from these sales benefit our services!





WEEK OF THE DISABLED 2019



For the 6th consecutive year we have celebrated the week of the disabled. This celebrates the National day of disabilities on the 25th of August.

The object of this celebration is the education and awareness of the population of the rights of people with disabilities. “The Week of the Disabled” was a total success, with over 800 people participating in our events.



FESTIVAL OF AWARENESS ART

For two days, we presented art and cultural activities created by our participants. At 5 different locations in Granada, we discussed with the audience the different disabilities our participants have. This along with the art forms our group produced has increased the awareness of the population, helping the integration of special needs individuals into our society. We want to thank the owners of the locations which were utilized for our Festival. They are: La Hacienda, Bellas Artes, Selina Granada, and ECO and special thanks for the support of “Centro Cultural de España” in Nicaragua. This organization has helped finance our art Project!

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Artistic presentation at
the Hotel Selina



PARALISIS CEREBRAL

Quando eliges la esperanza, todo es posible.

¿QUE ES?

La parálisis cerebral describe un grupo de trastornos del desarrollo psicomotor que causan una limitación de la actividad de la persona, atribuida a problemas en el desarrollo cerebral del feto o del niño. Las lesiones cerebrales de la PC ocurren desde el periodo fetal hasta la edad de 5 años.

Apoyo del Centro Corazón Contento

Área de Autonomía
Fisioterapia
Trabajo Pre laboral
Orientación Psicológica



Examples of different forms of art Corazón Contento presented to the population. Left to right: Presentations at Eco, La Hacienda and Bellas Artes.

THE RUN OF CORAZON CONTENTO



430 runners participated in the sixth year edition of our event with runners from all over Nicaragua.

Remember that in our first year 80 participants ran. Every year, The community's acceptance and support has increased. In this manner Little by Little we are increasing the awareness not only of our Center, but respect and tolerance for the special needs community.



Images from the start of the race.



Thank you to all those who supported our events and we look forward to your support next year.



Left to right. 3 KM runners, giving prizes, a group of runners that participated.



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Warming up before the race.

NOTHING IS
IMPOSSIBLE IF YOU
HAVE A HAPPY HEART



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THANK YOU!



Presenting awards made by Corazón Contento to the youth category.