## AA

Established June 10<sup>th</sup>, 1935, Akron, Ohio.

What circles did I travel not to know?

How can 2 people sharing their drinking habits remove a desire?

Not knowing can have major consequences.

Not knowing closes doors of opportunity, depletes relationships.

Following those not knowing, habits forming, just being social, normal?

Weeks, months, now years then decades of not knowing.

So subtle, so consuming, how can it be?

Finding those in agreement, not knowing any other way.

Denial, moments of reflection, functional, excuses, embarrassment, ignoring, lying, hiding, progression, missed opportunity, unnurtured relationships.

Decades until the not knowing revealed in a meeting, some suggested literature.

"I'm going to help my dad" I exclaimed! But literature intended for another spoke to the man in the mirror.

Why this awakening?

Respect for oneself, dignity, unselfishness, love for life, the missing piece, true contentment?

An ultimate gift from God.

Setting a new course, a challenge, a process.

Beginner chip, a hug, 30-day chip, more hugs and claps, 60 days and you wonder is it going to stick?

90 days and you know it's going to take commitment. 120 days and you want to hold on.

6 months and you don't care who knows, becoming accountable, full confession, making amends.

9 months, can I make a year. The 1-year cake, more hugs, more clapping.

Being of service, making coffee, folding chairs, reading during meetings.

2 years turn into 20. 20 turns into 30. Always sharing to those not knowing.

Stay in today, 1:11pm, tomorrow hasn't come and yesterday was lived.

Stay humble, tell all you are an overcomer, and give God all the glory.

Property of PoemsbyTim.com ©

Tim Kistler

June 25, 2022