Jodi G. Dunphy, M.A., LPC, LLC

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CONFIDENTIAL - ASSESSMENT FOR COUNSELING INTENSIVE

Name_____ Appointment Date_____

Age _____ Sex _____ Date of Birth _____/_____/_____

Mailing Address: _____
Street City State Zip

Phone(h) _____ Phone(c) _____ Phone (w) _____

Email Address _____

For Confidentiality when and where do you prefer to be reached? _____

How did you hear about this counseling office? _____

Current Marital Status: Single _____ Engaged _____ Married _____ Separated _____

Divorced _____ Spouse's Name: _____

Number of Children and ages: _____

_____

Presently living with: Parents _____ Spouse _____ Roommate _____ Alone _____ Other

Emergency Contact: Name: _____ Phone: _____

Relation to you: _____

REASONS FOR SEEKING HELP

What concerns have led you to pursue a potential counseling intensive? _____

_____

Where are your concerns causing the most problems for you?

Check all that apply: ____ Home ____ Work ____ Marriage ____ God ____ Other Relationships

When did your present concern begin to be a problem for you? _____

Please rate the severity of your present concerns on the following scale.
Check one: ____ Mild ____Moderate ____ Severe

What do you hope to gain from counseling _____

MEDICAL/HEALTH INFORMATION

Overall Health ____Good ____ Fair ____ Poor Date of last physical exam:_____

Do you have a physician, if so provide the name: _____
Are you currently experiencing any physical problems? (e.g. headaches, body aches, stomach problems): ____Yes ____No If yes, please explain: _____

Medications (Over-the-Counter or Prescription)	Dosage	Reason for Medication

Have you ever had surgery? If yes, for what reason_____

Have you ever been hospitalized for mental illness or substance abuse? __Yes __No

If yes, for what specific reason? _____

Have you ever participated in counseling before? __Yes __No
If so, when and why? _____

_____

OCCUPATIONAL/EDUCATIONAL INFORMATION

Occupation _____ Employer _____

If Currently a Student: Field of Study _____
____ Part-Time ____Full Time

Circle last year of school completed: 9 10 11 12 GED College: 1 2 3 4
Other: _____

Military Service (including dates):

_____

RELIGIOUS BACKGROUND

Religious Affiliation: _____ _____Active. ____Inactive

How significant is your religion to your everyday life? _____

Please indicate which of the following areas are currently problems for you. Check all that apply:

___ Under too much pressure/feeling stressed
___ Feeling lonely
___ Concerns about finances
___ Angry outbursts
___ Difficulty making friends
___ Feeling that people are "out to get you"
___ Feeling manipulated or controlled by others
___ Loss of interest in sexual relationship
___ Feeling sexually attracted to members of your own sex
___ Recent significant weight gain/loss
___ Use of non prescription/prescription drugs
___ Hallucinations
___ Inability to concentrate while at school/work
___ Loss of interest in usual activities/lack of motivation
___ Feeling trapped in rooms/buildings
___ Blackouts or temporary loss of memory
___ Obsessions or compulsions with specific activities or thoughts
___ Feeling driven
___ Excessive anxiety or worry
___ Angry feelings
___ Feeling "numb" or cut off from emotions
___ Excessive fear of specific places/objects
___ Feeling as if you'd be better off dead ___
___ Difficulty making decisions
___ Lacking self confidence
___ Concerns about physical health
___ Loss of appetite/increased appetite
___ Use of alcohol
___ Feeling distant from God
___ Crying spells
___ Nightmares
___ Inability to control thoughts
___ Hearing voices
___ Sleeping too much or too little

Any other information that you feel is important to share that is not covered above: (use the back of this page if needed)

_____

_____

_____

_____

DISCLOSURE STATEMENT
Please be aware that the assessments provided by Jodi G. Dunphy, LPC LLC are designed for informational, educational, or evaluative purposes only. These assessments are not intended to diagnose, treat, or provide therapeutic interventions for any mental health conditions. The assessments are not a substitute for therapy but rather are to gather the necessary information to establish a plan regarding a future in state counseling intensive. As an out-of-state service provider, I am not licensed to offer therapeutic services in your state. If you require mental health treatment, I recommend seeking services from a licensed therapist or counselor in your area. If you have any questions about the nature of the assessment or require further clarification, please feel free to contact me.

FINANCIAL POLICY AND INFORMATION
Initial Evaluation fee (90 minutes) is $270. The fee for a 50-minute session is $180. The fee for a 90-minute session is $270. Payment is due at the beginning or the end of each session and accounts must be kept current in order to continue counseling. Cash, checks, and credit cards are accepted forms of payment (there is a $30 charge on all returned checks.).
Fees for any court related requests are my standard hourly rates which will include any written correspondence, phone calls, travel time and/or court related appearances.
Jodi G. Dunphy, MA LPC LLC is not in network with any insurance providers. If you would like to file out of network, a form will be provided to you at the end of each session. Payment is due at time of service.

CONFIDENTIALITY
Generally speaking, information provided by and to a client in a professional relationship with a counselor is legally confidential. By law, information can only be released with the written consent of the client and only to parties specified by the client. There are specific exceptions to your right to confidentially which include: 1) Any suspected incident of child abuse or neglect; and 2) Imminent danger to self or others. When consulting with parents regarding minor children, specific content of therapy sessions with children or adolescents will be held in confidence unless their welfare requires that the parent(s) have access to such information. In most cases, joint meetings between children and/or adolescents, their parents and the therapist will be arranged as a part of the therapy process.

CANCELLATION POLICY
I request that you notify at least 24 hours before your scheduled appointment time if you need to cancel a session. Failure to do so will result in charges for the missed appointment. This charge should be paid before or at the time of your next appointment to continue in the counseling relationship. Exceptions are for sudden illnesses and emergencies only. The charge for the missed appointment is $100.

CONTACTING JODI DUNPHY For scheduling and canceling your appointments, you must contact my office directly. For emergencies after hours, please contact 911 or go to your nearest emergency room. I am available for very limited contact during non scheduled times. I do not have regular office hours and have limited availability to communicate via phone, email or text.

If these guidelines are acceptable to you, please sign below:

_____ _____

Client/Guardian Signature Date

Jodi G. Dunphy, M.A., LPC

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