# Antidiabetic Effects of Metal Nanoparticles in Rodents

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# ABSTRACT

Many people suffer from Diabetes Mellitus all over the world. It is a metabolic disorder that results in high blood Glucose level and is a multi-factorial problem marked by hyperglycemia due to decreased Insulin production or increased Insulin resistance. The restorative effect of Zinc Oxide and Silver nanoparticles on Streptozotocin-induced diabetic rodents has been investigated by numerous studies. The metal nanoparticles play an important role in clinical and natural applications. Although, Silver is an important metal used by many metabolic processes, very little information is available about the effect of Silver or Silver nanoparticles (SNPs) on Glucose metabolism. The reported results by various studies reveal a decrease in blood Glucose level of diabetic rodents treated with ZnONPs, Silver nanoparticles (SNPs) and Insulin.

Keywords: Diabetes mellitus; silver nanoparticles; glycogenesis; metabolism.

# 1. INTRODUCTION

A number of studies have shown the effect of metal nanoparticles on Glucose metabolism and diabetes. Vanadium [1], Chromium [2], Magnesium [3], and Zinc [4] are known to play a role in Glucose metabolism and have been used for treatment of diabetes. Zinc, a fundamental metal, is an activator for hundreds of enzymes in the body [5]. It assumes a key part in various metabolic pathways including Glucose digestion. Zinc accelerates hepatic Glycogenesis through its activities on the Insulin pathways and along these lines further develops glucose usage [6]. Zinc is also known to play a role in Insulin biosynthesis, storage and

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synthesis [4,7]. There are various Zinc transporters in pancreatic  $\beta$ -cells [8] such as the Zinc Carrier 8 that plays an important role in Insulin production [9]. Moreover, the level of Zinc can influence Insulin receptor phosphorylation by PI3K and inhibition of Glycogen Synthase Kinase-3 activity [6]. The advantages of using Zinc for treating diabetes has been proven by investigations about Zinc supplements in diabetic rodents [7,10].

The gastrointestinal enzymes,  $\alpha$ -Glucosidase and  $\alpha$ -Amylase, play a key role in Glucose metabolism. A fundamental antidiabetic approach is to decrease the post-prandial blood Glucose level by inhibiting the  $\alpha$ -Glucosidase and  $\alpha$ -Amylase enzymes. The *In vitro* anti-diabetic activity was assessed after the biosynthesis of Silver nanoparticles from the marine red alga, *Halymenia poryphyroides*. An investigation about the effect of Silver nanoparticles has revealed their inhibitory effect on  $\alpha$ -Amylase protein at doses of 0.2 mg/ml. An Insulin resistance was observed at a dose level of 1.0 mg/ml. Similarly, an increase in inhibitory activity against  $\alpha$ -Glucosidase protein was observed at lower doses of 0.2 mg/ml and Insulin resistance at a higher dose of 1.0 mg/ml was observed [11,12].

# 2. SYNTHESIS OF SILVER NANOPARTICLES

Silver nanoparticles, employed by these studies, are typically synthesized by the green union procedure where Silver Nitrate is added as a precursor to marine Red Alga, *Halymenia poryphyroides*. Silver nanoparticles are consequently formed by the decrease of  $Ag^+$  ion concentration during the reaction at 60°C with a change in color from light yellow to brown that demonstrates the production of Silver nanoparticles.

## 3. CHARACTERIZATION OF SILVER NANOPARTICLES

The morphology of Silver nanoparticles has been investigated by the use of UV– Nanophotometer, FT-IR, SEM and XRD [11-13]. The UV-Nanophotometer has been used to characterize the biosynthesized silver nanoparticles obtained from the concentrate of the marine red alga *H. poryphyroides* [11]. The appearance of Silver Surface Plasmon Resonance band is observed at 420 nm. The recurrence and width of the Surface Plasmon Resonance band depends on the size and shape of the metal nanoparticles.

The FTIR analysis of silver nanoparticles has shown the conversion of Silver particles to Silver nanoparticles [11,12]. The natural products such as metabolites assume a significant role in the production of the metal nanoparticles [11,13]. The SEM characterization of Silver nanoparticles has revealed the colloidal structure of the SNPs (Fig. 1). There is an effect of shape in algal-produced Silver nanoparticles. The symmetric circularly shaped and isotropic nanoparticles increase the activities of many biomolecules. In the electron micrographs, the Silver nanoparticles appear to be covered with the cell divider polysaccharide on the micrograph. It is observed that the morphology of the metal nanoparticles changes their optical and electronic properties.

# 4. DISCUSSION

Numerous nanoparticles have been investigated for uses in therapy [12]. Some nanoparticles, such as Zinc, Silver, Iron and Gold, play important roles in clinical applications [14-16]. The results show a decrease in blood Glucose level in diabetic groups treated with ZnONPs (Fig. 2), SNPs and Insulin (75.8%, 68.2% and 84.2%) [6]. Various studies have revealed that ZnONPs and SNPs can increase serum Insulin level in diabetic subjects (79.4% and 3% respectively). The results demonstrate that ZnONPs cause greater Insulin release than the SNPs [17]. Moreover, the mRNA transcription level of Insulin quality seemed to increase in ZnONPs and insulin-treated groups when compared with the diabetic non-treated groups. Certain studies have shown that ZnONPs can increase Insulin production by pancreatic islets removed from rodents [7,18]. Umrani and Paknikar [19] have shown that ZnONPs also avoid the danger of causing hypoglycemia in subjects. In contrast, SNPs increase the Insulin level at an extremely low rate (3%) when compared to ZnONPs. This might be due to aggregation of ZnONPs in the secretory vesicles of β-cells containing the Zinc transporters [9,20]. Zinc transporters are present in both fat and liver cells [21] that control Glucose metabolism.



Fig. 1. Electron micrograph showing the morphology of Silver nanoparticles



Fig. 2. Electron micrograph showing the morphology of zinc oxide nanoparticles

Glucokinase (GK) activity in the liver is not fixed in rodents. GK catalyzes the initial step of Glucose metabolism in the liver and it has a high affinity for Glucose in the blood [22]. It is important to note that the activity of GK decreases in diabetic rat [23]. There is an increase in the activity of GK in ZnONPs, SNPs and Insulin-treated cells (52.5%, 25.8% and 44.7% respectively) when compared to diabetic non-treated groups. There is also evidence that the ZnONPs-treated subjects exhibit the greatest therapeutic improvement among the various treated groups.

The activity level of GLUT-2 is not fixed in hepatic tissue either. Decreased GLUT-2 activity is found in diabetes [24]. Excess 2 is a membrane-bound protein and has a high Michaelis Constant ( $K_m$ ) for Glucose transport into the liver [25,26]. The adjusted activity of GLUT-2 can be correlated with the pathogenesis of diabetes.

# 5. CONCLUSIONS

Various studies have shown that ZnONPs and SNPs can increase the activity level of GLUT-2 in hepatic tissues which can lead to an increase in the uptake of glucose from hepatocytes. The results have shown the extraordinary antidiabetic action of these nanoparticles. The ZnONPs display greater potency than SNPs since Zinc has a powerful impact on hepatic Glycogenesis. As the ZnONPs are more potent in their effect than Silver nanoparticles, they lead to a decrease in the blood Glucose level, increased Insulin level and an increased GK translocation and activity as well as an increase in the activity level of IRA and GLUT-2 in diabetic rodents.

## **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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