

2025 CAROLINAS CUP ROSTER REQUIREMENTS

- Teams and players must be registered and in good standing with their State Association.
- To register and add new players to new or existing teams, teams must register their guest players through their league to the state association or guest players must obtain a “Tournament Only” pass directly from their state association.
- Registration will not be allowed at the tournament.
- “Tournament Only” passes are allowed in all divisions.
- Team rosters will consist of a maximum 18 players
- Players may register in two separate divisions.
- All players must have amateur status

SPECIFIC TO THE COED DIVISION

Coed teams must always have a minimum of 3 female players on the field at any position. If a team does not have 3 female players on the field of play, the team must play down a player.

SPECIFIC TO MEN’S OVER 30 & OVER 40 DIVISIONS

Male players participating in the Over 30 Division must reach the age of 30 no later than December 31, 2025. Men’s Over 30 teams can have two underage players who are at least the age of 29 by December 31, 2025. Female player participating must be at least the age of 20 by December 31, 2025

Male players participating in the Over 40 Division must reach the age of 40 no later than December 31, 2025.

Men’s Over 40 teams can have two underage players who are at least the age of 39 by December 31, 2025. Female player participating must be at least the age of 30 by December 31, 2025

SPECIFIC TO WOMEN’S OVER 30 DIVISION

Male players participating in the Over 30 Division must reach the age of 30 no later than December 31, 2025.

Women’s Over 30 teams can have two underage players who are at least the age of 29 by December 31, 2025.

SPECIFIC TO MEN’S OVER 50, OVER 60, AND OVER 65 DIVISIONS

Male players participating in the Men’s Over 50 Division must be at least the age of 50 by December 31, 2025.

Men’s Over 50 teams can have two underage players who are at least the age of 49 by December 31, 2025. Female player participating must be at least the age of 40 by December 31, 2025

Male players participating in the Men’s Over 60 Division must be at least the age of 60 by December 31, 2025.

Men’s Over 60 teams can have two underage players who are at least the age of 59 by December 31, 2025. Female player participating must be at least the age of 50 by December 31, 2025

Male players participating in the Men’s Over 65 Division must be at least the age of 65 by December 31, 2025.

Men’s Over 65 teams can have two underage players who are at least the age of 64 by December 31, 2025. Female player participating must be at least the age of 55 by December 31, 2025.