



First and foremost, the HSBBQ Board hopes that all team members (students, teachers & mentors) and your families are safe and healthy. We have received questions from teams about if and how COVID-19 will change this year's competition season. We know this outbreak has been stressful to many and recognize that exercising and participating in activities like HSBBQ can be a healthy way to cope with stress and connect with our community. After careful thought and planning, we are excited to resume Regional Competitions while following CDC considerations to protect teams, family members and our communities.

The health and safety of our teams, HSBBQ board members, and volunteers remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible while also allowing our competitions to happen.

We are:

- Having teachers fill out a form stating that no team member is currently ill, nor running a temperature, nor has been within the last 14 days
- Taking temperatures of each person and arm banding the person upon check in
- Intensifying cleaning, disinfection, and ventilation within the judging area and restrooms
- Reducing physical closeness or contact between teams when possible. We ask that although it will be difficult, that you refrain from unnecessary physical contact, such as high-fives, handshakes, fist bumps, and hugs
- Encouraging that teams stay 6' apart when turning in your entries. Teams may stand together but must be 6' away from other teams when waiting in line
- Promoting healthy hygiene practices by providing hand sanitizing stations around the competition area and the judging area
- Providing extra masks and gloves if a team is in need of them
- Spacing mentors and teachers further apart than in the past by alternating them within the fire lanes in the competition area
- Requesting that teams, HSBBQ board members, volunteers, parents, and spectators wear a cloth face covering any time you are outside of your designated team area. Teams may opt to wear a cloth face covering at all times
- Face coverings and gloves must be worn when turning in entries. **NO EXCEPTIONS**
- Face coverings must be worn when checking in. **NO EXCEPTIONS**
- Face coverings must be worn in the judging area unless eating. **NO EXCEPTIONS**

Anyone who is sick or has been in contact with someone who currently has COVID-19— including team members, HSBBQ board members, family members, volunteers, and spectators — should not attend Regional Competitions and be in quarantine per doctor's orders. Be on the lookout for symptoms of COVID-19, which include fever, cough, or shortness of breath. Call your doctor if you think you are sick.

Please do not hesitate to email us at hsbbqboard@outlook.com if you have any other questions.

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