



Purée Cornbread Mix

Specifications

Item Number	20110
UPC Code	00-893931-001228
Pack	(1) 9.25 lbs. Box
Portion Size	#16 Scoop (22g dry mix)
Portion Per Case	192 #16 Scoops
Net Weight	9.25 lbs. (4,200g)
Gross Weight	10.25 lbs.
Case Dimensions	8" x 8" x 8"
Case Cube	0.3
Palet Ti Hi	25 Ti, 5 Hi (125 cases)
Shelf Life	12 Months



Ingredients

Enriched Bleached Wheat Flour ([Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Corn Syrup Solids, Oat Fiber, Salt, Soybean Oil, Xanthan Gum, Yeast, Mono and Diglycerides, Malted Barley Flour, Ammonium Sulfate, Leavening [Monocalcium Phosphate], Sorbitan Stearate), Yellow Corn Flour, Sugar, Maltodextrin, Vegetable Oil, Salt, Corn Flavor (Corn Starch, Dextrose, Natural & Artificial Flavor, Corn Oil, Silicon Dioxide), Cornbread Flavor (Natural & Artificial Flavors, Dextrose, Silicon Dioxide, Polysorbate 60), Natural Color (Turmeric). **Contains:** Wheat.



Recipe, IDDSI Level 4 Purée

Purée Cornbread (22 servings #16 scoop)

Rubicon Purée Cornbread Mix	3 cups (480g)
Hot water (170-185°F)	3 ¾ cup
Oil or liquid butter	6T

Scoop Preparation

1. Add cornbread mix and oil or liquid butter to mixing bowl. Slowly whisk in the hot water until well blended.
2. Transfer to a serving pan and serve using a #16 scoop. Can be served at room temperature or heated and served warm.

Visit rubiconfoods.com for cornbread squares, muffins and baked loaf shaping recipes and training videos.

Recipe Nutrition for #16 scoop (62g)

Calories 100 · Total Fat 5g · Cholesterol 0mg · Sodium 140mg
Total Carbohydrates 15g · Fiber 0g · Sugars 4g · Protein 1g



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Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
Basic Compoments		Vitamins Continued	
Calories (kcal)	320.36	Vitamin D - mcg (mcg)	0
Calories from Sat Fat (kcal)	4.04	Vitamin E (mg)	0
Protein (g)	7.13	Folic Acid (mcg)	0
Carbohydrates (g)	69.66	Folate (mcg)	0
Dietary Fiber (g)	0	Vitamin K (mcg)	0
Total Sugars (g)	21.08	Pantothenic Acid (mg)	0
Added Sugar (g)	11.04	Minerals	
Fat (g)	4.3	Calcium (mg)	3.57
Saturated Fat (g)	0.45	Chloride (mg)	0
Mono Fat (g)	0.23	Chromium (mcg)	0.05
Poly Fat (g)	0.46	Copper (mg)	0
Trans Fat (g)	0	Fluoride (mg)	0
Cholesterol (mg)	0	Iodine (mcg)	0
Vitamins		Iron (mg)	0.06
Vitamin A - RAE (mcg)	0	Magnesium (mg)	0
Beta-Carotene (mcg)	0	Manganese (mg)	0
Vitamin B1 (mg)	0	Molybdenum (mcg)	0
Vitamin B2 (mg)	0	Potassium (mg)	50.13
Vitamin B3 (mg)	0	Selenium (mcg)	0.06
Vitamin B6 (mg)	0	Sodium (mg)	659.81
Vitamin B12 (mcg)	0	Zinc (mg)	0
Biotin (mcg)	0	Other Nutrients	
Vitamin C (mg)	0	Sugar Alcohol (g)	0
Vitamin D - IU (IU)	0	Choline (mg)	0