



Purée Protein Shaping Mix

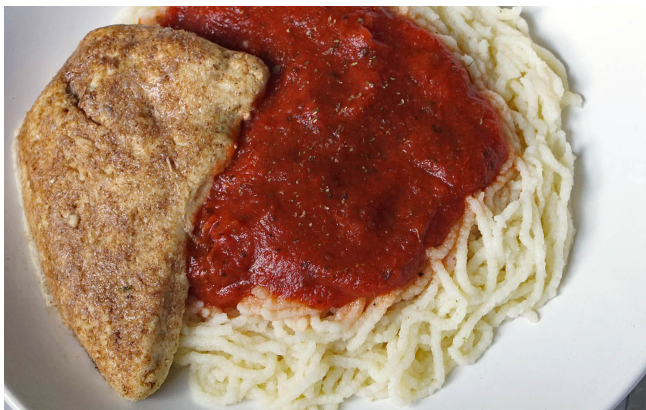
Specifications

Item Number	50601
UPC Code	00-893931-001556
Pack	(1) 7 lb. Box
Portion Size	#10 Scoop (12g dry mix)
Portion Per Case	265 #10 Scoops
Net Weight	7 lbs. (3,178g)
Gross Weight	8 lbs.
Case Dimensions	8" x 8" x 8"
Case Cube	0.3
Palet Ti Hi	25 Ti, 5 Hi (125 cases)
Shelf Life	12 Months



Ingredients

Enriched Bleached Wheat Flour (Enriched with Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Dried Whole Eggs, Modified Corn Starch, Citrus Fiber, Egg Whites, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Xanthan Gum, Maltodextrin, Vegetable Oil (Soybean). **Contains:** Wheat, Eggs, Milk.



Recipe

1 serving

Rubicon Purée Shaping Mix	1 ½ T (12g)
Cooked & drained protein (Chicken, fish, pork, beef, meatloaf, etc.)	2 or 3 oz. by weight
Hot water (170-185°F)	¼ cup
Rubicon Grilled Coloring Mix	as needed

Protein Preparation

- In a food processor, add purée shaping mix, cooked and drained protein and water. Blend to a smooth consistency.
- Transfer mixture to a steam table pan to later be placed on the serving line. Cover and heat in a 350°F convection oven for 15-20 minutes to an internal temperature of 165°F.
- Stir the mixture and hold covered according to state guidelines.

Shaping Preparation

- Spray appropriate mold with food release spray and sprinkle with grilled coloring mix using dredge cup provided. Resprinkle every serving and respray every fifth serving.
- Scoop mixture into mold and spread evenly with back of scoop. Use #10 scoop for 2 oz. protein and #8 scoop for 3 oz. protein.
- Flip mold onto plate and remove using tongs provided.



Purée Protein Shaping Mix

Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
Basic Compoments		Vitamins Continued	
Calories (kcal)	396.34	Vitamin D - mcg (mcg)	1.95
Calories from Sat Fat (kcal)	34.1	Vitamin E (mg)	0.94
Protein (g)	20.04	Folic Acid (mcg)	71.92
Carbohydrates (g)	54.79	Folate (mcg)	164.58
Dietary Fiber (g)	1.26	Vitamin K (mcg)	0.42
Total Sugars (g)	1.01	Pantothenic Acid (mg)	1.54
Added Sugar (g)	0	Minerals	
Fat (g)	11.91	Calcium (mg)	476.11
Saturated Fat (g)	3.79	Chloride (mg)	143.12
Mono Fat (g)	4.29	Chromium (mcg)	0
Poly Fat (g)	2.79	Copper (mg)	0.12
Trans Fat (g)	0.06	Fluoride (mg)	0
Cholesterol (mg)	382.23	Iodine (mcg)	47.84
Vitamins		Iron (mg)	4
Vitamin A - RAE (mcg)	70.35	Magnesium (mg)	27.88
Beta-Carotene (mcg)	0	Manganese (mg)	0.33
Vitamin B1 (mg)	0.41	Molybdenum (mcg)	13.84
Vitamin B2 (mg)	0.8	Potassium (mg)	736.24
Vitamin B3 (mg)	7.58	Selenium (mcg)	59.83
Vitamin B6 (mg)	0.54	Sodium (mg)	243.24
Vitamin B12 (mcg)	0.71	Zinc (mg)	1.07
Biotin (mcg)	16.19	Other Nutrients	
Vitamin C (mg)	0.31	Sugar Alcohol (g)	0
Vitamin D - IU (IU)	77.62	Choline (mg)	302.26