

Purée Bread Supplement - Assorted Case

Specifications

Item Number	60004
UPC Code	00-893931-001587
Pack	(1) 3.3 lb. Box
Portion Size	#16 Scoop (17g dry mix)
Portion Per Case	88 #16 Scoops
Net Weight	3.3 lbs. (1,496g)
Gross Weight	4 lbs.
Case Dimensions	7" x 7" x 7"
Case Cube	0.2
Palet Ti Hi	30 Ti, 5 Hi (150 cases)
Shelf Life	12 Months



Ingredients

Cinnamon Roll

Whey Protein Isolate, (Whey Protein, Soy Lecithin), Natural Oat Fiber, Digestion Resistant Corn Maltodextrin, Sugar, Cracker Meal (Wheat, Salt), Cinnamon, Ginger, Soybean Oil, Silicon Dioxide, Nutmeg, Organic Stevia. **Contains:** Milk, Wheat, Soy.

Apple Spice

Whey Protein Isolate (Whey Protein, Soy Lecithin), Sugar, Natural Oat Fiber, Digestion Resistant Corn Maltodextrin, Cracker Meal (Wheat, Salt), Apple Flavor (Sunflower Oil, Artificial Flavor), Vegetable Oil, Cinnamon, Ginger, Beet Powder, Caramel Color, Organic Stevia, Clove, Allspice. **Contains:** Milk, Wheat, Soy.

Honey Wheat

Whey Protein Isolate, (Whey Protein, Soy Lecithin), Natural Oat Fiber, Digestion Resistant Corn Maltodextrin, Sugar, Soybean Oil, Cracker Meal (Wheat, Salt), Honey Flavor (Sugars, Honey, Propylene Glycol, Natural & Artificial Flavor, Malic Acid, Citric Acid, Tartaric Acid, Tannic Acid), Silicon Dioxide, Organic Stevia, Caramel Color, Maltodextrin, Annatto. **Contains:** Milk, Wheat, Soy.

Recipe

3 servings #16 scoop

Rubicon Purée Bread Mix	½ cup (70g)
Supplement Flavoring Mix	⅓ cup, 2T (50g)
Oil or liquid butter	2T
Hot water (170-185°F)	½ cup

1. Combine purée bread mix and supplement flavoring mix in a bowl.
2. Add oil or liquid butter to the mix.
3. Slowly whisk in the hot water until well blended.
4. Using a #16 scoop, serve immediately or can be refrigerated up to 72 hours. Heat in 350°F oven for 5 minutes if refrigerated. For proper texture, serve at room temperature or warmed.

Purée Bread Supplement - Cinnamon Roll

Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
Basic Compoments		Vitamins Continued	
Calories (kcal)	339.78	Biotin (mcg)	0
Calories from Fat (kcal)	15.35	Vitamin C (mg)	0.19
Calories from Sat Fat (kcal)	3.84	Vitamin D - IU (IU)	0
Protein (g)	31.03	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	60.48	Vitamin E (mg)	0.13
Total Dietary Fiber (g)	31.25	Folate (mcg)	12.45
Total Sugars (g)	21.38	Vitamin K (mcg)	1.46
Added Sugar (g)	20.01	Pantothenic Acid (mg)	0.05
Monosaccharides (g)	0.13	Minerals	
Disaccharides (g)	20.01	Calcium (mg)	239.37
Other Carbs (g)	6.76	Chromium (mcg)	0.10
Fat (g)	1.75	Copper (mg)	0.04
Saturated Fat (g)	0.43	Fluoride (mg)	0
Mono Fat (g)	0.32	Iodine (mcg)	0
Poly Fat (g)	0.63	Iron (mg)	1.45
Trans Fat (g)	0	Magnesium (mg)	16.57
Cholesterol (mg)	2.04	Manganese (mg)	1.23
Water (g)	2.84	Molybdenum (mcg)	0
Vitamins		Phosphorus (mg)	10.94
Vitamin A - IU (IU)	14.10	Potassium (mg)	258.43
Vitamin A - RAE (mcg)	0.71	Selenium (mcg)	3.21
Caratenoid (RE)	1.41	Sodium (mg)	176.69
Retinol (RE)	0	Zinc (mg)	0.17
Beta-Carotene (mcg)	5.41	Poly Fats	
Vitamin B1 (mg)	0.04	Omega 3 Fatty Acid (g)	0.01
Vitamin B2 (mg)	0.03	Omega 6 Fatty Acid (g)	0.05
Vitamin B3 (mg)	0.48	Other Nutrients	
Niacin (mg)	0.65	Alcohol (g)	0
Vitamin B6 (mg)	0.02	Caffeine (mg)	0
Vitamin B12 (mcg)	0	Choline (mg)	2.05

Purée Bread Supplement - Apple Spice

Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
Basic Compoments		Vitamins Continued	
Calories (kcal)	348.35	Biotin (mcg)	0
Calories from Fat (kcal)	25.18	Vitamin C (mg)	0.19
Calories from Sat Fat (kcal)	4.22	Vitamin D - IU (IU)	0
Protein (g)	30.84	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	60.27	Vitamin E (mg)	0.06
Total Dietary Fiber (g)	30.36	Folate (mcg)	12.10
Total Sugars (g)	23.02	Vitamin K (mcg)	0.52
Added Sugar (g)	21.42	Pantothenic Acid (mg)	0.03
Monosaccharides (g)	0.04	Minerals	
Disaccharides (g)	21.42	Calcium (mg)	204.14
Other Carbs (g)	5.62	Chromium (mcg)	0.11
Fat (g)	2.85	Copper (mg)	0.02
Saturated Fat (g)	0.47	Fluoride (mg)	0
Mono Fat (g)	1.00	Iodine (mcg)	0
Poly Fat (g)	1.02	Iron (mg)	1.10
Trans Fat (g)	0.01	Magnesium (mg)	13.46
Cholesterol (mg)	2.04	Manganese (mg)	0.53
Water (g)	2.45	Molybdenum (mcg)	0
Vitamins		Phosphorus (mg)	7.66
Vitamin A - IU (IU)	3.13	Potassium (mg)	238.23
Vitamin A - RAE (mcg)	0.16	Selenium (mcg)	2.88
Caratenoid (RE)	0.31	Sodium (mg)	60.91
Retinol (RE)	0	Zinc (mg)	0.08
Beta-Carotene (mcg)	1.00	Poly Fats	
Vitamin B1 (mg)	0.04	Omega 3 Fatty Acid (g)	0.01
Vitamin B2 (mg)	0.03	Omega 6 Fatty Acid (g)	0.05
Vitamin B3 (mg)	0.40	Other Nutrients	
Niacin (mg)	0.52	Alcohol (g)	0
Vitamin B6 (mg)	0.01	Caffeine (mg)	0
Vitamin B12 (mcg)	0	Choline (mg)	1.52

Purée Bread Supplement - Honey Wheat

Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
Basic Compoments		Vitamins Continued	
Calories (kcal)	358.39	Biotin (mcg)	0
Calories from Fat (kcal)	56.50	Vitamin C (mg)	0
Calories from Sat Fat (kcal)	9.45	Vitamin D - IU (IU)	0
Protein (g)	30.43	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	54.56	Vitamin E (mg)	0
Total Dietary Fiber (g)	29.93	Folate (mcg)	0
Total Sugars (g)	17.75	Vitamin K (mcg)	0
Added Sugar (g)	14.77	Pantothenic Acid (mg)	0.02
Monosaccharides (g)	0	Minerals	
Disaccharides (g)	14.77	Calcium (mg)	196.10
Other Carbs (g)	0.70	Chromium (mcg)	0.07
Fat (g)	6.56	Copper (mg)	0.01
Saturated Fat (g)	1.05	Fluoride (mg)	0
Mono Fat (g)	1.30	Iodine (mcg)	0
Poly Fat (g)	3.90	Iron (mg)	0.80
Trans Fat (g)	0	Magnesium (mg)	10.87
Cholesterol (mg)	2.04	Manganese (mg)	0.04
Water (g)	3.44	Molybdenum (mcg)	0
Vitamins		Phosphorus (mg)	5.84
Vitamin A - IU (IU)	0.06	Potassium (mg)	238.02
Vitamin A - RAE (mcg)	0	Selenium (mcg)	1.91
Caratenoid (RE)	0.01	Sodium (mg)	108.02
Retinol (RE)	0	Zinc (mg)	0.04
Beta-Carotene (mcg)	0.04	Poly Fats	
Vitamin B1 (mg)	0.01	Omega 3 Fatty Acid (g)	0
Vitamin B2 (mg)	0.01	Omega 6 Fatty Acid (g)	0
Vitamin B3 (mg)	0.04	Other Nutrients	
Niacin (mg)	0.04	Alcohol (g)	0
Vitamin B6 (mg)	0	Caffeine (mg)	0
Vitamin B12 (mcg)	0	Choline (mg)	0