

Purée Bread Mix

Specifications

Item Number	30110
UPC Code	00-893931-001648
Pack	(1) 10.3 lb. Box
Portion Size	#16 Scoop (23g dry mix)
Portion Per Case	203 #16 Scoops
Net Weight	10.3 lbs. (4,672g)
Gross Weight	11.5 lbs.
Case Dimensions	8" x 7.75" x 9.75"
Case Cube	0.35
Palet Ti Hi	30 Ti, 5 Hi (150 cases)
Shelf Life	12 Months



Ingredients

Enriched Wheat Flour (enriched with Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Soybean Oil, Salt, Malted Barley Flour.

Contains: Wheat.

Recipe, IDDSI Level 4 Purée

Purée Bread (6 servings #16 scoop)

Rubicon Purée Bread Mix	1 cup (140g)
Oil or liquid butter	2T
Hot water (170-185°F)	1 ¼ cup*

*For softer texture, add ¼ cup water to 6 servings recipe.

1. Place purée bread mix in a bowl.
2. Add oil or liquid butter to the mix.
3. Slowly whisk in the hot water until well blended.
4. Transfer to a serving pan and cover until ready to serve. Serve using a #16 scoop.
5. For a dinner roll presentation, slightly flatten top of scoop and create grooves with the spatula.

Visit rubiconfoods.com for purée shaping recipes and training videos.

Recipe Nutrition for #16 scoop (77g)

Calories 120 • Total Fat 5g • Cholesterol 0mg • Sodium 100mg
Total Carbohydrates 17g • Fiber 1g • Sugars 4g • Protein 2g



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Nutritionals

Dry Mix Only		Dry Mix Only	
100 grams		100 grams	
Basic Compoments		Vitamins Continued	
Calories (kcal)	362.33	Biotin (mcg)	0.07
Calories from Fat (kcal)	28.12	Vitamin C (mg)	0.07
Calories from Sat Fat (kcal)	4.89	Vitamin D - IU (IU)	0
Protein (g)	8.96	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	74.77	Vitamin E (mg)	0.2
Total Dietary Fiber (g)	5.24	Folate (mcg)	19.5
Total Sugars (g)	18.34	Vitamin K (mcg)	0.02
Added Sugar (g)	5.99	Pantothenic Acid (mg)	0.04
Monosaccharides (g)	0	Minerals	
Disaccharides (g)	5.99	Calcium (mg)	40.83
Other Carbs (g)	5.45	Chromium (mcg)	0.03
Fat (g)	3.20	Copper (mg)	0.03
Saturated Fat (g)	0.54	Fluoride (mg)	0
Mono Fat (g)	0.68	Iodine (mcg)	0
Poly Fat (g)	1.75	Iron (mg)	3.79
Trans Fat (g)	0.14	Magnesium (mg)	7.74
Cholesterol (mg)	0	Manganese (mg)	0.24
Water (g)	7.75	Molybdenum (mcg)	0
Vitamins		Phosphorus (mg)	115.21
Vitamin A - IU (IU)	1.74	Potassium (mg)	115.15
Vitamin A - RAE (mcg)	2.19	Selenium (mcg)	2.41
Caratenoid (RE)	0.13	Sodium (mg)	427.09
Retinol (RE)	0	Zinc (mg)	0.21
Beta-Carotene (mcg)	0	Poly Fats	
Vitamin B1 (mg)	0.07	Omega 3 Fatty Acid (g)	0
Vitamin B2 (mg)	0.04	Omega 6 Fatty Acid (g)	0.03
Vitamin B3 (mg)	0.47	Other Nutrients	
Niacin (mg)	0.62	Alcohol (g)	0
Vitamin B6 (mg)	0.01	Caffeine (mg)	0
Vitamin B12 (mcg)	0	Choline (mg)	0.73