



Honey Wheat Flavoring

Specifications

Item Number	20003
UPC Code	00-893931-001310
Pack	(1) 4.75 lb. Box
Portion Size	#16 Scoop (9g dry mix)
Portion Per Case	239 #16 Scoops
Net Weight	4.75 lbs. (2,155g)
Gross Weight	5.75 lbs.
Case Dimensions	7" x 7" x 7"
Case Cube	0.2
Palet Ti Hi	30 Ti, 5 Hi (150 cases)
Shelf Life	12 Months



Ingredients

Sugar, Honey Flavor (Sugars, Honey, Propylene Glycol, Natural & Artificial Flavor, Malic Acid, Citric Acid, Tartaric Acid, Tannic Acid), Silicon Dioxide, Soybean Oil, Caramel Color Maltodextrin, Annatto. **Contains:** No Allergens.



Recipe, IDDSI Level 4 Purée

Purée Bread, Honey Wheat (5 servings #16 scoop)

Rubicon Purée Bread Mix	1 cup (140g)
Honey Wheat Flavoring	¼ cup
Oil or liquid butter	2T
Hot water (170-185°F)	1 ¼ cup

1. Combine purée bread mix and honey wheat flavoring in a bowl.
2. Add the oil or liquid butter to the mix.
3. Slowly whisk in the hot water until well blended.
4. Transfer to a serving pan and cover until ready to serve. Serve using a #16 scoop.
5. For a dinner roll presentation, slightly flatten top of scoop and create grooves with the spatula.

Visit rubiconfoods.com for purée shaping recipes and training videos.

Recipe Nutrition for #16 scoop

Calories 171 • Total Fat 5g • Cholesterol 11mg • Sodium 151mg
Total Carbohydrates 30g • Fiber 1g • Sugars 14g • Protein 2g



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Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
Basic Compoments		Vitamins Continued	
Calories (kcal)	379.25	Biotin (mcg)	0
Calories from Fat (kcal)	4.83	Vitamin C (mg)	0
Calories from Sat Fat (kcal)	0.72	Vitamin D - IU (IU)	0
Protein (g)	0.02	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	96.69	Vitamin E (mg)	0
Total Dietary Fiber (g)	0.02	Folate (mcg)	0
Total Sugars (g)	95.28	Vitamin K (mcg)	0
Added Sugar (g)	93.89	Pantothenic Acid (mg)	0
Monosaccharides (g)	0	Minerals	
Disaccharides (g)	93.89	Calcium (mg)	4.53
Other Carbs (g)	0.17	Chromium (mcg)	0.47
Fat (g)	0.56	Copper (mg)	0.01
Saturated Fat (g)	0.08	Fluoride (mg)	0
Mono Fat (g)	0.12	Iodine (mcg)	0
Poly Fat (g)	0.36	Iron (mg)	0.13
Trans Fat (g)	0	Magnesium (mg)	0
Cholesterol (mg)	0	Manganese (mg)	0
Water (g)	0.70	Molybdenum (mcg)	0
Vitamins		Phosphorus (mg)	0.03
Vitamin A - IU (IU)	0	Potassium (mg)	13.97
Vitamin A - RAE (mcg)	0	Selenium (mcg)	0.56
Caratenoid (RE)	0	Sodium (mg)	1.94
Retinol (RE)	0	Zinc (mg)	0.01
Beta-Carotene (mcg)	0	Poly Fats	
Vitamin B1 (mg)	0	Omega 3 Fatty Acid (g)	0
Vitamin B2 (mg)	0.02	Omega 6 Fatty Acid (g)	0
Vitamin B3 (mg)	0	Other Nutrients	
Niacin (mg)	0	Alcohol (g)	0
Vitamin B6 (mg)	0	Caffeine (mg)	0
Vitamin B12 (mcg)	0	Choline (mg)	0