

Purée Bread Scoops & Dinner Rolls

Plain or Flavored



Ingredients	6 servings #16 scoop	12 servings #16 scoop	
Purée Bread Mix Rubicon or Darlington	1 cup (140g)	2 cups (280g)	
Rubicon Purée Bread Flavoring Mix Optional	¹ ∕₄ cup	1/ ₂ cup	
Oil or liquid butter	2T	4T	
Hot water (170-185°F)	11/4 cup	2 ½ cups	

*For softer texture, add $\frac{1}{4}$ cup water to 5 servings recipe.







Apple Spice Cake

Cinnamon Roll

Chocolate Cake

Preparation

- 1. Combine purée bread mix and optional flavoring mix in a bowl.
- 2. Add oil or liquid butter to the mix.
- 3. Slowly whisk in the hot water until well blended.
- 4. Transfer to a serving pan and cover until ready to serve. Serve using a #16 scoop.
- 5. For a dinner roll presentation, slightly flatten top of scoop and create grooves with the spatula.

Notes

- Can be served at room temperature or warmed. If serving warm, heat in 350°F oven covered for 5-7 minutes. For proper texture, do not serve cold.
- · HACCP Suggestions: Up to 4 hours room temperature. Up to 72 hours under refrigeration.

Nutrition Facts	Plain	Pancake Waffle	Cinnamon Roll	Apple Spice	Honey Wheat	Lemon	Chocolate
Serving Size	#16 scoop	#16 scoop	#16 scoop	#16 scoop	#16 scoop	#16 scoop	#16 scoop
Calories	120	130	150	150	150	150	150
Total Fat	5g	6g	6g	6g	5g	6g	6g
Saturated Fat	1g	1g	1g	1g	1g	1g	1g
Trans Fat	0g	0g	0g	0g	0g	0g	0g
Cholesterol	0mg	0mg	0mg	0mg	0mg	0mg	0mg
Sodium	100mg	125mg	115mg	110mg	100mg	100mg	125mg
Total Carbohydrates	17g	20g	24g	24g	24g	24g	24g
Dietary Fiber	1g	1g	1g	1g	1g	1g	1g
Sugars	4g	5g	11g	11g	11g	11g	10g
Protein	2g	3g	2g	2g	2g	2g	2g