



## Purée Corn Mix

### Specifications

<b>Item Number</b>	20413
<b>UPC Code</b>	00-893931-001563
<b>Pack</b>	(1) 12 lb. Box
<b>Portion Size</b>	#8 Scoop (27g dry mix)
<b>Portion Per Case</b>	302 #16 Scoops
<b>Net Weight</b>	12 lbs. (1,361g)
<b>Gross Weight</b>	13 lbs.
<b>Case Dimensions</b>	8" x 8" x 8"
<b>Case Cube</b>	0.2
<b>Palet Ti Hi</b>	25 Ti, 5 Hi (125 cases)
<b>Shelf Life</b>	12 Months



### Ingredients

Corn (Yellow & White Enriched Niacin, Iron [Reduced], Thiamine Mononitrate, Riboflavin), Modified Food Starch (Corn), Corn Treated with Hydrate Lime, Sugar, Maltodextrin, Egg Whites, Vegetable Oil, Corn Flavor (Corn Starch, Dextrose, Natural & Artificial Flavor), Butter Flavor (Sunflower Oil, Natural Flavor), Natural Color (Turmeric). **Contains:** Eggs



### Recipe, IDDSI Level 4 Purée

**Purée Corn** (10 servings 4 oz. #8 scoop)

<b>Rubicon Purée Corn Mix</b>	1 ¾ cups
<b>Tap water</b>	5 cups

1. Pour water into a stovetop pan and slowly whisk in the corn mix until combined.
2. On medium heat, slowly bring the corn mixture to 170-185°F while whisking.
3. Transfer to steam table pan and hold on serving line at a minimum of 135°F.
4. Serve using a #8 scoop.

Visit [rubiconfoods.com](http://rubiconfoods.com) for shaped corncob recipe and training videos.

#### Recipe Nutrition for #8 scoop

Calories 90 · Total Fat 0g · Cholesterol 0mg · Sodium 90mg  
Total Carbohydrates 17g · Fiber 0g · Sugars 4g · Protein 3g



## Purée Corn Mix

### Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
<b>Basic Compoments</b>		<b>Vitamins Continued</b>	
Calories (kcal)	336.69	Biotin (mcg)	1.20
Calories from Fat (kcal)	26.49	Vitamin C (mg)	0
Calories from Sat Fat (kcal)	3.49	Vitamin D - IU (IU)	0
Protein (g)	9.59	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	67.25	Vitamin E (mg)	0.04
Total Dietary Fiber (g)	1.75	Folate (mcg)	77.72
Total Sugars (g)	14.19	Vitamin K (mcg)	0
Added Sugar (g)	12.39	Pantothenic Acid (mg)	0.15
Monosaccharides (g)	0.27	<b>Minerals</b>	
Disaccharides (g)	12.70	Calcium (mg)	11.42
Other Carbs (g)	27.20	Chromium (mcg)	0.06
Fat (g)	3.04	Copper (mg)	0.04
Saturated Fat (g)	0.39	Fluoride (mg)	0
Mono Fat (g)	0.83	Iodine (mcg)	0
Poly Fat (g)	1.51	Iron (mg)	1.68
Trans Fat (g)	0	Magnesium (mg)	19.00
Cholesterol (mg)	0	Manganese (mg)	0.06
Water (g)	5.36	Molybdenum (mcg)	0
<b>Vitamins</b>		Phosphorus (mg)	45.09
Vitamin A - IU (IU)	39.50	Potassium (mg)	142.12
Vitamin A - RAE (mcg)	1.97	Selenium (mcg)	13.91
Caratenoid (RE)	3.95	Sodium (mg)	484.93
Retinol (RE)	0	Zinc (mg)	0.25
Beta-Carotene (mcg)	17.84	<b>Poly Fats</b>	
Vitamin B1 (mg)	0.20	Omega 3 Fatty Acid (g)	0.01
Vitamin B2 (mg)	0.34	Omega 6 Fatty Acid (g)	0.29
Vitamin B3 (mg)	1.88	<b>Other Nutrients</b>	
Niacin (mg)	3.45	Alcohol (g)	0
Vitamin B6 (mg)	0.07	Caffeine (mg)	0
Vitamin B12 (mcg)	0.01	Choline (mg)	3.81