



## Purée Cornbread Mix

### Specifications

<b>Item Number</b>	20110
<b>UPC Code</b>	00-893931-001228
<b>Pack</b>	(1) 9.25 lbs. Box
<b>Portion Size</b>	#16 Scoop (21g dry mix)
<b>Portion Per Case</b>	200 #16 Scoops
<b>Net Weight</b>	9.25 lbs. (4,200g)
<b>Gross Weight</b>	10.25 lbs.
<b>Case Dimensions</b>	8" x 8" x 8"
<b>Case Cube</b>	0.3
<b>Palet Ti Hi</b>	25 Ti, 5 Hi (125 cases)
<b>Shelf Life</b>	12 Months



### Ingredients

Enriched Bleached Wheat Flour ([Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Corn Syrup Solids, Oat Fiber, Salt, Soybean Oil, Xanthan Gum, Yeast, Mono and Diglycerides, Malted Barley Flour, Ammonium Sulfate, Leavening [Monocalcium Phosphate], Sorbitan Stearate), Yellow Corn Flour, Sugar, Maltodextrin, Vegetable Oil, Salt, Corn Flavor (Corn Starch, Dextrose, Natural & Artificial Flavor, Corn Oil, Silicon Dioxide), Cornbread Flavor (Natural & Artificial Flavors, Dextrose, Silicon Dioxide, Polysorbate 60), Natural Color (Turmeric). **Contains:** Wheat.



### Recipe, IDDSI Level 4 Purée

**Purée Cornbread** (20 servings #16 scoop)

<b>Rubicon Purée Cornbread Mix</b>	3 cups (420g)
<b>Hot water (170-185°F)</b>	3 ¾ cup
<b>Oil or liquid butter</b>	6T

#### Scoop Preparation

1. Add cornbread mix to mixing bowl and slowly whisk in the water until well blended.
2. Transfer to a serving pan and serve using a #16 scoop. Can be served at room temperature or heated and served warm.

Visit [rubiconfoods.com](http://rubiconfoods.com) for cornbread squares, muffins and baked loaf shaping recipes and training videos.

#### Recipe Nutrition for #16 scoop

Calories 106 · Total Fat 4.5g · Cholesterol 0mg · Sodium 110mg  
Total Carbohydrates 15g · Fiber 1g · Sugars 4g · Protein 2g



## Purée Cornbread Mix

### Nutritionals

Dry Mix Only	100 grams	Dry Mix Only	100 grams
<b>Basic Compoments</b>		<b>Vitamins Continued</b>	
Calories (kcal)	362.39	Biotin (mcg)	0
Calories from Fat (kcal)	38.77	Vitamin C (mg)	0
Calories from Sat Fat (kcal)	4.32	Vitamin D - IU (IU)	0
Protein (g)	7.54	Vitamin D - mcg (mcg)	0
Carbohydrates (g)	79.14	Vitamin E (mg)	0.02
Total Dietary Fiber (g)	3.63	Folate (mcg)	7.61
Total Sugars (g)	21.03	Vitamin K (mcg)	0.05
Added Sugar (g)	11.04	Pantothenic Acid (mg)	0
Monosaccharides (g)	0	<b>Minerals</b>	
Disaccharides (g)	10.78	Calcium (mg)	0.72
Other Carbs (g)	0.02	Chromium (mcg)	0.05
Fat (g)	4.35	Copper (mg)	0
Saturated Fat (g)	0.48	Fluoride (mg)	0
Mono Fat (g)	0.28	Iodine (mcg)	0
Poly Fat (g)	0.58	Iron (mg)	0.15
Trans Fat (g)	0	Magnesium (mg)	2.85
Cholesterol (mg)	0	Manganese (mg)	0
Water (g)	1.61	Molybdenum (mcg)	0
<b>Vitamins</b>		Phosphorus (mg)	9.52
Vitamin A - IU (IU)	33.94	Potassium (mg)	64.41
Vitamin A - RAE (mcg)	1.70	Selenium (mcg)	0.06
Caratenoid (RE)	0	Sodium (mg)	660.01
Retinol (RE)	0	Zinc (mg)	0.06
Beta-Carotene (mcg)	0	<b>Poly Fats</b>	
Vitamin B1 (mg)	0.01	Omega 3 Fatty Acid (g)	0
Vitamin B2 (mg)	0.01	Omega 6 Fatty Acid (g)	0
Vitamin B3 (mg)	0.42	<b>Other Nutrients</b>	
Niacin (mg)	0	Alcohol (g)	0
Vitamin B6 (mg)	0.02	Caffeine (mg)	0
Vitamin B12 (mcg)	0	Choline (mg)	0