



Lesson 3 – Puree Sandwiches, Burgers, Pizza & Tacos

IDDSI Levels 4, 5, 6, 7EC

Lesson Overview

Learn multiple methods for shaping pureed breads using the **Rubicon Puree Bread Mix** to create sandwiches, burgers, tacos, and pizza that resemble traditional menu items while maintaining proper purée texture.

Puree Recipes

- Sandwich bread, burger buns
- Pizza & Tacos
- Bulk Sandwich Production

Shaping Tools Included

- Bread mold (SimplyThick bread mold)

Kitchen Items Needed

- Mixing bowl
- Whisk
- Rubber spatula
- Offset spatula
- #10 scoop
- #16 scoop
- #8 scoop (pizza crust)
- Quarter sheet pan (10 servings) or half sheet pan (20 servings)
- Hotel pan
- Cooking spray
- Thermometer

Key Points

Same Base Bread Recipe

- Rubicon Purée Bread Mix can be used to create sandwich bread, burger buns, pizza crust, tacos, and bulk sandwiches using the same base recipe.



Water Temperature Matters

- Use 170–185°F water when preparing the bread mix.
- Lower temperature = softer bread

Cheese Spread

- Ricotta cheese mixed with **Rubicon Cheese Base Mix** creates a cheddar-style spread.
- Recommended ratio: 1 cup ricotta to $\frac{1}{4}$ cup cheese mix. Can add more mix.
- Ricotta works well because it maintains a safe purée texture at cold, room temperature, or warm temperatures. It also doesn't spread out of the sandwich.

Sandwich Assembly

- Sandwiches can be assembled ahead and reheated, or components can be held separately and assembled on the tray line to ensure proteins remain heated to temperature.
- For larger volumes, sandwiches can be produced using the Sheet Pan Method, yielding 10 sandwiches per quarter sheet pan or 20 per half sheet pan.

Pizza and Taco Shaping

- Pizza crusts and tacos are created by flattening scoops of puree bread mix, then adding pureed fillings and toppings.

Action Items

- Prepare the puree bread base recipe and practice shaping sandwich bread and burger buns using the scoop method.
- Practice shaping pizza crusts and tacos using flattened scoops.
- Try the bulk sandwich method using two sheet pans for higher volume production. Choose the shaping method that works best for your operation.