

**MARK GERARD KOWALL, M.D., M.B.A.**  
***Curriculum Vitae***

**EDUCATION**

<b>Postgraduate</b>	University of California, Irvine Graduate School of Business MBA, 2001-2003
<b>Medical School</b>	Northwestern University Chicago, Illinois M.D., 1983-1987
<b>Undergraduate</b>	California State University, Northridge B.A., Biology 1979-1983

**POSTGRADUATE TRAINING**

<b>Fellowship</b>	The Orthopedic Specialty Hospital (Knee and Shoulder) Salt Lake City, Utah 1992-1993
<b>Chief Resident</b>	Department of Orthopedic Surgery Northwestern University Chicago, Illinois 1992
<b>Residency</b>	Department of Orthopedic Surgery Northwestern University Chicago, Illinois 1988-1992
<b>Internship</b>	Department of General Surgery Northwestern University Chicago, Illinois 1987-1988

## **AWARDS AND HONORS**

<b>Business School</b>	Dean's Scholar Award Beta Gamma Sigma Honor Society
<b>Residency</b>	Alpha Omega Alpha AOA Honor Medical Society Resident of the Year - Lutheran General Hospital, 1990 Basic Science Anatomy Award, 1990
<b>Undergraduate</b>	Graduated summa cum laude California State University, Northridge Phi Kappa Phi National Honor Society Blue Key National Honor Society Golden Key National Honor Society American Heart Association Student Research Fellowship

## **PROFESSIONAL SOCIETY MEMBERSHIPS**

American Academy of Orthopedic Surgeons  
California Orthopedic Association  
Arthroscopy Association of North America (past member)  
San Luis Obispo County Medical Society (Board of Directors, 2005/2006)  
Bear Cub Sports Medicine Society

## **HOSPITAL APPOINTMENTS (Twin Cities Community Hospital)**

Chief of Surgery, 2024  
Chief of Orthopedic Surgery, 2014 to 2020  
Chief of Staff, 2008, 2009  
Vice-Chief of Staff, 2007  
Chief of Surgery, 2005, 2006  
Secretary/Treasurer 1996-97; Vice-chief of staff 1997-98  
CME Committee, 1996 (Chairman), 1995  
Ethics Committee, 1995 (Chairman), 1994

## **SURGERY CENTER APPOINTMENTS (Templeton Surgery Center)**

Board of Directors 2011 to 2017  
Secretary 2011 to 2017

### **COMMUNITY POSITIONS**

Board of Regents, Mission College Preparatory, San Luis Obispo 2023-present  
UCLA Parent's Council 2021-2022  
Physician Mentoring Program, French Hospital 2022-present  
Medical Director, Arthritis Foundation Walk, 2008-2012  
School Board President, St. Rose School 2012 to 2018  
Team Physician, Paso Robles High School 1995-2020  
Team Physician, Templeton High School 1995-2020  
Team Physician, Mission College Preparatory 2015-2020

### **LICENSURE**

American Board of Orthopedic Surgery - Board Certified  
Medical Board of California  
National Board of Medical Examiners

### **BUSINESS CONSULTING**

THINK Surgical, Inc. New product evaluation  
Health IQ – Competitive research for healthcare companies  
InterWest Partners – New product and market analysis  
JP Morgan Partners – New product and market analysis

### **PUBLICATIONS / PRESENTATIONS**

**Kowall, M.**, "Musculoskeletal Exam Topics" California Correctional Healthcare Services August 24, 2023

**Kowall, M.**, Pickleball Physio Podcast "When Should I Get Surgery" July 2023

**Kowall, M.**, "Common Orthopedic Injuries" CTF Soledad State Prison August 24, 2023

**Kowall M.**, "Common Orthopedic Injuries Avenal State Prison July 6, 2023

**Kowall M.**, "Common Orthopedic Injuries" California Men's Colony April 17, 2023

**Kowall, M.**, "Pickleball Injuries" Gym One, Cambria April 17/2023

**Kowall, M.**, "Pickleball Injuries" Paso Robles Pickleball Club Nov 2, 2022

**Kowall, M.**, "Life Savers Club" Paso Robles High School January 19, 2021

**Kowall, M.**, "ACL Injuries" San Luis Sports Therapy, April 25, 2019

**Kowall, M.**, "Football Safety Clinic for Parents and Athletes" August 22, 2016

**Kowall, M.**, "Preseason Coaches Clinic" Twin Cities Hospital August 25, 2015

**Kowall, M.**, "Knee Pain" Cambria Physical Therapy November 14, 2013

**Kowall, M.**, "Shoulder Pain / Treatment" Cambria Physical Therapy  
June 8, 2010

**Kowall, M.**, "Osteoarthritis and Treatment Options: Kennedy Club Fitness  
November 15, 2008

**Kowall, M.**, "Osteoarthritis and Treatment Options", Twin Cities Community  
Hospital, Templeton, CA, November 2004 and monthly thru 2006

**Kowall, M.**, "Common Shoulder Problems", San Luis Obispo Physical Therapy  
Research Group, Atascadero, CA, November 2004

**Kowall, M.**, "Shoulder Impingement Syndrome and Management of Rotator  
Cuff Tears", Tri-Counties Physical Therapy Research Group,  
Santa Maria, CA, March 1999.

**Kowall, M.**, Kolk G., Nuber G., Cassisi, J., Stern, S.: "Patellar Taping in the  
Treatment of Patellofemoral Pain; A Prospective Randomized Study".  
Presented at the American Orthopedic Society for Sports Medicine Specialty  
Day Meeting, San Francisco, CA, February 1993. *AMJ Sports Medicine*,  
24:61-66, 1996.

**Kowall, M.**, "Posterior Cruciate Ligament Injuries", Grand Rounds, Twin Cities  
Community Hospital, Templeton, CA. February 1995.

**Kowall, M.**, Paulos, L.: "Use of Protective Devices" Rehabilitation of the  
Injured Knee, 2nd edition, Mosby 1995.

**Kowall, M.**, Nuber, G., Hendrix, R., Schafer, M.: "Shoulder Arthrography:  
Operative Correlation with Emphasis on Partial-Thickness Rotator Cuff Tears".  
Presented at the AAOS Annual Meeting, San Francisco, CA, February 1993.

**Kowall, M.**, Beck, C., Paulos, L.: "Athrobrosis: Acute Versus Chronic ACL  
Reconstruction". Presented at the LINVATEC Arthroscopy Conference,  
Scottsdale, AZ, January 1994.

Ripa, D., **Kowall, M.**, Meyer, P., Rusin, J.: "Series of Ninety-Two Traumatic  
Cervical Spine Injuries Stabilized with Anterior ASIF Plate Fusion Technique".  
*Spine* 16 (3 Suppl) S46-55, 1991.

Eugene, J., Lyons, K., Ott, R., Gelezunas, V., **Kowall, M.**: "Regional  
Myocardial Perfusion of Cardioplegic Solutions". *Annals of Thoracic Surgery*  
43:522-526, 1987.