



## Terms and Conditions

As a client of Gently to Sleep;

- ❖ You agree to disclose any medical condition affecting your child. You must pre-check with your paediatrician/family doctor if your child has any medical condition which could prevent him/her from being safely sleep trained.
- ❖ You agree to follow safe sleeping practices in line with current SIDS recommendations. Details of this are available to download on our website.
- ❖ You accept that the sleep assessment is created for your child only and should not be shared with a third party or recommendations applied to another child.
- ❖ The sleep assessment contains recommended changes to improve your child's sleep. It is your decision whether to implement these changes to your child's sleeping or eating arrangements. A consistent and complete approach will give the greatest improvement in your child's sleep.

## Payment

- ❖ You agree to pay the invoice within 7 days, and prior to the assessment date, or additional fees may be added to the bill.
- ❖ You acknowledge that if the invoice hasn't been paid that the sleep assessment may not be written.
- ❖ In the event of an outstanding invoice, you are liable for interest on the invoice. This is set at the rate of 15% per month. This period will run from the sleep assessment date until the date on which payment in full is received.
- ❖ In the event of outstanding invoices, Gently to Sleep will refer the balance to a debt collection agency. All subsequent costs incurred from the collection agency will be added to the bill and be your full responsibility.
- ❖ Once payment is made and the sleep assessment has been issued, if you then decide to not go ahead with implementing the changes there will be no refund of your payment.
- ❖ Travel charges for home visits are FREE for the first 10Km, with Km above this being charged at 0.5 Euros per Km. This will be added to your bill.

### **Terms and Conditions governing this Website.**

- ❖ Your use of this site constitutes your agreement with these terms.
- ❖ All the information on this website is published in good faith and for general information and educational purpose only and is not intended to be a substitute for professional medical advice, diagnosis or treatment.

### **Other Sites**

- ❖ From our website, you can visit other websites by clicking on links from our website to theirs. Please note that when you leave our site, different terms or privacy policies may apply. Links to other websites do not imply recommendations or endorsements for the websites or the content found on them.

### **Intellectual Property**

- ❖ The reproduction, permanent storage or retransmission of the contents of this site and all flyers, brochures, sleep assessments and emails is prohibited without the prior written consent of Gently to Sleep.

### **User Generated Content**

- ❖ By submitting, posting or displaying any content on the Gently to Sleep Website or social media pages, you automatically grant Gently to Sleep a worldwide, royalty-free, non-exclusive, irrevocable license to use, copy, sublicense, modify, adapt, transmit, distribute, publicly perform or display such materials on our website and in all other forms of media without compensation of any sort to you.
- ❖ Gently to Sleep may remove any content or suspend any user from its website or associated social media sites in its sole discretion

### **Disclaimer and Limitation of Liability**

- ❖ The use of this site is at your own risk. The information and services offered on or through this site and any third-party site are provided without warranties of any kind (either express or implied) to the fullest extent permissible pursuant to applicable law. Gently to Sleep disclaims all warranties, express or implied.

### **Privacy and use of information**

- ❖ We only collect personal information that you voluntarily give us, such as name, address, phone and billing information via email or other direct contact from you. We will not sell or rent this information to anyone. We will not share it with any third party outside of our organisation, other than as necessary to provide your services.
- ❖ We adhere to European GDPR regulations.

- ❖ We may contact you via email in the future to tell you about special offers, new services or changes to this privacy policy.
- ❖ You can do the following at any time by contacting us via the email address given on our website: See what data we have about you, make changes to this data or request that we delete the information.
- ❖ You have the right to opt out of any future contact from us at any time. This may take up to 5 working days for this to be implemented.

#### **Security**

- ❖ All personally identifiable information is kept in a secure environment.
- ❖ You may submit personal information through our website. Please be aware that the possibility exists for this information to be intercepted through electronic means outside our control.

#### **Changes to our Privacy Policy**

- ❖ Changes to this privacy policy will be posted on this website.
- ❖ This policy was last modified on 10 April 2018.