

Gently to Sleep – Cookie Policy

This Policy explains how Gently to Sleep uses cookies and similar technologies when you visit our website.

What are cookies?

Cookies are small text files that are placed on your computer, tablet or mobile device when you visit a website. They allow a website to recognise your device and can help the website function properly, remember your preferences and provide information about how the website is used.

Some cookies are placed directly by Gently to Sleep, while others may be placed by third-party services that we use on our website.

How we use cookies

We may use cookies and similar technologies for the following purposes:

Essential cookies

These cookies are necessary for the website to function properly. They may allow you to navigate the website, use forms or access certain features.

These cookies do not normally require your consent because they are necessary for the operation of the website.

Preference cookies

These cookies may remember choices you make when using our website, such as language or other preferences, so that we can provide a more convenient experience.

Analytics cookies

Where used, analytics cookies help us understand how visitors use our website. For example, they may provide information about which pages are visited, how visitors arrive at the website and how long they spend on different pages.

This information helps us understand how our website is being used and improve the experience for visitors.

Marketing and third-party cookies

Where applicable, third-party services may use cookies or similar technologies to provide advertising, social-media features or other services.

We will seek your consent before placing non-essential cookies where consent is required by applicable law.

Managing your cookie preferences

When you first visit our website, you may be presented with a cookie banner or consent tool allowing you to choose which non-essential cookies you wish to accept.

You can change or withdraw your cookie preferences at any time through the cookie settings available on our website.

You can also adjust your browser settings to block or delete cookies. Please note that disabling certain cookies may affect how some parts of the website function.

Third-party services

Some features of our website may be provided by third-party services. These may include website analytics, embedded videos, social-media features, payment services or other online tools.

These third parties may use cookies or similar technologies in accordance with their own privacy policies.

Gently to Sleep does not control the cookies or data-processing practices of third-party websites and services.

Changes to this Cookie Policy

We may update this Cookie Policy from time to time to reflect changes to our website, the technologies we use or applicable legal requirements.

Any updated version will be published on this page with the date of the latest update.

Contact

If you have any questions about our use of cookies or your personal data, please contact Gently to Sleep using the contact details provided on our website.

Gently to Sleep
Monaco

Website: www.gentlytosleep.com

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