



# Lauran Stanis

Musical Theatre Dance

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## EDUCATION

2022: Master of Fine Arts in Dance: Montclair State University, Montclair, NJ

Thesis: *Isolation: A Dansical Film of Storytelling and Collaborative Exploration*

Thesis Dance Film: [Isolation, a dansical film](#)

2019: Master of Arts in Dance Education: University of Northern Colorado, Greeley, CO

Thesis: ["To Get a Job in a Broadway Chorus, Go into Your Dance:"](#) Education for Careers in Musical Theatre Dance

2004: Bachelors of Fine Arts in Musical Theatre with a Minor in Dance: Millikin University, Decatur, IL

## PROFESSIONAL THEATRE EXPERIENCE

### Director-Choreographer

2025 *Rock of Ages (upcoming)*

2012 *The Marvelous Wonderettes*

2011 *Annie Get Your Gun*

Ft. Peck Summer Theatre

Festival 56

Festival 56

### Choreographer

2025 *Wizard of Oz (Upcoming)*

2025 *Jersey Boys*

2024 *Beauty & the Beast*

2024 *Beautiful*

2023 *White Christmas*

2023 *White Christmas*

2023 *The Prom*

2023 *A Chorus Line*

2023 *Escape to Margaritaville*

2022 *A Christmas Carol*

2022 *Happy Days*

2022 *Singin' In the Rain*

2021 *Dames at Sea*

2021 *Shout! The Mod Musical*

2019 *Singin' In the Rain*

2018 *Holly Jolly Christmas*

Chandler Center for the Arts

The Phoenix Theatre Company

Chandler Center for the Arts

The Phoenix Theatre Company

Arizona Broadway Theatre

Fort Peck Summer Theatre

The Phoenix Theatre Company

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The Phoenix Theatre Company

Fort Peck Summer Theatre

Arizona Broadway Theatre

Circa '21

The Palace Theatre

2013	<i>Annie Get Your Gun</i>	The Palms Theatre
2012	<i>Burt &amp; Me</i>	Broadway Palm Dinner Theatre
2011	<i>Carousel</i>	Festival 56
2011	<i>Nunsense</i>	Festival 56
2011	<i>Kiss Me, Kate</i>	Festival 56
2010	<i>Dames at Sea</i>	Festival 56
2008	<i>Holly Jolly Christmas</i>	Broadway Palm Dinner Theatre
2007	<i>West Side Story</i>	The Barn Theatre
2007	<i>Les Misérables</i>	The Barn Theatre
2007	<i>Shenandoah – Starring Robert Newman</i>	The Barn Theatre
2007	<i>The Rocky Horror Picture Show – Starring Fee Waybill</i>	The Barn Theatre
2007	<i>RENT</i>	The Barn Theatre
2005	<i>Pirates of Penzance</i>	Festival 56
2005	<i>Anything Goes</i>	Festival 56

**Performer:**

2024	<i>Beauty &amp; the Beast</i>	Ensemble*	Arizona Broadway Theatre
2024	<i>Cabaret</i>	Texas, Kost u/s	The Phoenix Theatre Co.
2024	<i>Beauty &amp; the Beast</i>	Babette, Enchantress	Show Tune Productions
2018	<i>Singin' In the Rain</i>	Ensemble*	Show Tune Productions
2017	<i>The Music Man</i>	Ethel Toffelmeyer*	Show Tune Productions
2013	<i>White Christmas</i>	Ensemble	The Phoenix Theatre Co.
2009	<i>The Producers</i>	Ensemble	Show Palace Dinner Thr
2008	<i>The Sounds of Christmas</i>	Carol Burnett	Broadway Palm Dinner Thr
2008	<i>Swing!</i>	West Coast/Harlem Nocturne	Prather Entertainment Group
2008	<i>42<sup>nd</sup> Street</i>	Anytime Annie	Broadway Palm Dinner Thr
2007	<i>Holly Jolly Christmas</i>	Featured Dancer	Broadway Palm Dinner Thr
2007	<i>A Chorus Line</i>	Judy Turner	Broadway Palm Dinner Thr
2007	<i>Romeo &amp; Juliet</i>	Lady Capulet	Festival 56
2007	<i>Chicago</i>	Mona*	Festival 56
2007	<i>Thoroughly Modern Millie</i>	Miss Flannery/Rita*	Little Theatre on the Square
2007	<i>The Spirit of Reindeer</i>	Blitzen	Festival 56
2007	<i>Little Women</i>	Jo	Festival 56
2006	<i>Funny Girl</i>	Bubbles*	Broadway Palm Dinner Thr
2006	<i>Oklahoma!</i>	Gertie*	Festival 56
2005	<i>42<sup>nd</sup> Street</i>	Lorraine*	Little Theatre on the Square
2005	<i>Swing!</i>	West Coast/Harlem Nocturne	Little Theatre on the Square
2005	<i>Beauty &amp; the Beast</i>	Enchantress*	Little Theatre on the Square
2005	<i>Joseph &amp; The Amazing...</i>	Ensemble*	Little Theatre on the Square
2005	<i>Fiddler on the Roof</i>	Ensemble*	Little Theatre on the Square
2004	<i>Midsummer Night's Dream</i>	Cobweb	Festival 56

\*denotes Dance Captain

## Industrial/Corporate Event

2022	Arizona Humane Society: <i>Compassion with Fashion</i>	With Phoenix Theatre Company, I choreographed a tap dance performance as part of the opening ceremony of their yearly fundraising event with an <i>Alice in Wonderland</i> theme.
2019	Phoenix Art Museum: <i>HOT!</i>	Featured dancer in a Free Art Family Weekend performance.
2015	PLMA: <i>Oh, What a PLMA Day!</i>	With The Palms Theatre, I choreographed a musical theatre number as part of their opening event of their yearly conference with a western/barn-raising theme.
2014	<i>Everything Grows!</i>	With Phoenix Theatre Company, I performed as a tap dancer in a parody honoring then Mayor Greg Stanton and his support of the arts in Phoenix.

## Theatre for Youth

2007	<i>Snow White</i>	Evil Queen	Broadway Palm Dinner Thr
2007	<i>Babes in Toyland</i>	Gonzorgo	Broadway Pam Dinner Thr
2006	<i>The Nutcracker</i>	Marie	Broadway Palm Dinner Thr
2006	<i>Princess and the Pea</i>	Princess Buffy	Little Theatre on the Square
2005	<i>Sleeping Beauty</i>	Periwinkle	Little Theatre on the Square
2005	<i>Jack and the Beanstalk</i>	Tap Dancing Cow	Little Theatre on the Square
2004-05	<i>The Garden of Riki Tiki Tavi</i>	Riki Tiki Tavi	Little Theatre on the Square
2004-05	<i>School House Rock Live!</i>	Dori	Little Theatre on the Square
2004	<i>Accidental Friends</i>	Hilda	Little Theatre on the Square

## Youth/Educational Theatre

2024	<i>Mean Girls (Upcoming)</i> Metro Tech High School	Director-Choreographer	Ages: 14-18
2024	<i>Catch Me If You Can (Upcoming)</i> Desert Stages	Choreographer	Ages: 14-19
2023	<i>Anything Goes</i> Mesa Community College	Choreographer	Ages: 17-26
2023	<i>Mean Girls</i> Arizona Broadway Theatre	Choreographer	Ages: 15-19
2023	<i>Zombie Prom</i> Metro Tech High School	Choreographer	Ages: 14-18
2022	<i>Frozen Jr.</i> Arizona Broadway Theatre	Choreographer	Ages: 10-15
2020	<i>The Addams Family</i> Metro Tech High School	Director-Choreographer	Ages:14-18
2019	<i>Singin' In the Rain</i> Childsplay Theatre Co.	Choreographer	Ages: 9-13
2019	<i>Sweet Charity</i> Metro Tech High School	Choreographer	Ages: 14-18
2018	<i>You're A Good Man Charlie Brown</i>	Director-Choreographer	Ages: 14-18

2017	Metro Tech High School <i>High School Musical</i>	Choreographer	Ages: 14-18
2017	Metro Tech High School <i>Grease</i>	Choreographer	Ages: 14-18
2016	Metro Tech High School <i>67 Cinderella's</i>	Choreographer	Ages: 8-18
2015	East Valley Children's Theatre <i>9 to 5</i>	Choreographer	Ages: 18-40
2015	Mesa Community College <i>AristoCats Kids</i>	Director-Choreographer	Ages: 10-14
2015	Mesa Arts Academy <i>Moon Prince</i>	Choreographer	Ages: 8-18
2014	East Valley Children's Theatre <i>Wonderland</i>	Choreographer	Ages: 8-18
2014	East Valley Children's Theatre <i>Aladdin Kids</i>	Director-Choreographer	Ages: 10-14
2014	Mesa Arts Academy <i>Cap O'Rushes</i>	Choreographer	Ages: 8-18
2014	East Valley Children's Theatre <i>The Producers</i>	Choreographer	Ages: 15-19
2013	GreasePaint Youth Theatre <i>The Secret Garden</i>	Choreographer	Ages: 8-19
2013	East Valley Children's Theatre <i>Sleeping Beauty Kids</i>	Choreographer	Ages: 10-14
2013	Mesa Arts Academy <i>The Bluebird Prince</i>	Choreographer	Ages: 8-19
2011	East Valley Children's Theatre <i>Annie</i>	Choreographer	Ages: 5-18
2005	Pennsylvania Youth Theatre <i>Once on this Island</i>	Assistant Director-Choreographer	Ages: 5-18
	Little Theatre on the Square		

## **HONORS & AWARDS**

2024: Bill Evans Excellence in Teaching: Arizona Dance Education Organization  
2024: AriZoni Nomination for Best Choreography: *Catch Me if You Can*  
2024: AriZoni Nomination for Best Choreography: *Anything Goes*  
2021: Governor's Arts Award in Arts Education, Nominee  
2021: Broadway World Nomination: Best Choreography: *Shout! The Mod Musical*  
2020: Arizona Dance Educator of the Year: Arizona Dance Education Organization  
2018: Teacher of the Year: Phoenix Union High School District  
2015: AriZoni Nomination for Best Choreography: *9 to 5*  
2014: AriZoni Nomination for Best Choreography: *Wonderland*  
2013: AriZoni Nomination for Best Choreography: *The BlueBird Prince*

## **TEACHING EXPERIENCE**

### **Collegiate Positions:**

2021	Montclair State University, Montclair, NJ	Dept of Theatre & Dance	Adjunct Faculty
2019	Paradise Valley Community College, Phx, AZ	Dept of Theatre & Dance	Adjunct Faculty
2015, 2023	Mesa Community College, Mesa, AZ	Dept of Music	Adjunct Faculty

### **Additional Teaching Experience**

2015 - Present	Metro Tech High School Phoenix, AZ	9 <sup>th</sup> -12 <sup>th</sup> grade dance: technique, composition, improvisation, dance film, critical response.
2023	Theater Works Peoria, AZ	Teen and adult tap and jazz master classes for audition preparation.
2022 - Present	Ballet Theatre of Phoenix Phoenix, AZ	Teen musical theatre technique and choreography. Open adult Theatre Jazz classes.
2013 - Present	The Phoenix Theatre Company, Phoenix, AZ	Summer of Dance: youth, pre-professional, professional dance training in Jazz, Tap, and Musical Theatre dance technique.
2012 - 2019	Childsplay Theatre Company, Tempe, AZ	Academy instructor, curriculum writer: Musical Theatre, Choreography, Dance: Ages 5-18.
2012 - 2015	Mesa Arts Academy, Mesa, AZ	Director of Arts & Special Events, K-8 Dance Instructor.
2010 - 2012	Pennsylvania Youth Theatre Bethlehem, PA	Mosaic Junior Dance Company Director, Dance Teacher: Jazz, Tap, Musical Theatre: Ages 10-18.
2004-2006	Little Theatre on The Square Sullivan, IL	Jazz, Tap, Musical Theatre technique courses.

## **EDUCATIONAL SERVICE**

### **Leadership**

2019-Present: Phoenix Union High School District: PLC Leader of Dance Teachers. Responsible for leading curriculum design, assessment creation and data analysis.

2018-Present: Teaching & Learning Framework. Team member on the creation, design, and implementation of the common instructional model for the entire district.

2019-Present: Metro Tech High School, Instructional Leader. Responsible for managing the budget, facilitate scheduling/programming, and leading the visual/performing arts department.

2018-Present: Metro Tech High School: Graduation Committee. Facilitate and host yearly graduations, mentor student speakers and emcee the event.

2021-Present: PXU: Canvas Design Team. Member of the committee that designed and created the Canvas design for online classroom curriculum and digital content.

2022: PXU: District Dance Festival: Creation, organization, staffing, and execution of a district wide festival for 250 high school dancers

### **Mentoring & Advising**

2015-present: Academic Advisor to 18-22 high school students a year from freshman year to graduation.

2021: Grand Canyon University- hosted a student teacher in my high school dance program.

2020: Heroic Journey- Served as an Adult Ally of a middle school student in completion of her heroic journey

2022: Arizona State University- hosted a student teacher in my high school dance program. Mentored their pedagogical growth.

### **PROFESSIONAL MEMBERSHIPS**

2008-present: Actor's Equity Association: Union for professional stage managers and performers.

2015-present: Arizona Dance Education Organization. Board Secretary (2019-2024), Recognition Committee.

2021-present: Musical Theatre Education Alliance. Dance subcommittee organizer and Secretary.

### **Conference Presentations**

2021: AzDEO, Dance Teacher Professional Development Day. Dance Film vs Filmed Dance.

2021: AzDEO, Dance Teacher Professional Development Day. Technology For Online Teaching.

2021: Phoenix Union High School District. Student Engagement in Virtual Spaces.

### **Conference Attendance**

2021, 2020, 2023: National Dance Education Organization Annual Conference

2021, 2020, 2019, 2018: Arizona Dance Education Organization Professional Development Day

2021, 2020, 2018, 2017, 2016: Arizona Dance Education Organization Dance Teacher Retreat

### **Certifications**

2022: Progressing Ballet Technique: Level 1

2022: Progressing Contemporary Technique: Level 1

### **Professional Development**

2020: National Board Certified Teacher Pre-Candidacy- AZ K-12 Education

2020: Professional Learning Community Summit- Solution Tree

2019: Starting a Movement, Building Culture from the Inside Out- Solution Tree

2015: Cognitive Coaching- Arizona Department of Education

2014: Kagan Cooperative Learning & Brain Based Learning Strategies

### **Adjudication**

2021, 2022, 2024: AzDEO State High School Dance Festival, Technique Adjudication  
2018, 2019, 2021, 2022: AzDEO, Dance Educator Awards  
2018, 2019, 2020, 2021, 2022, 2024: AzDEO: Student Essay Awards  
2020: NDEO, Student Choreography Awards  
2008-2012: *I Love Dance* Competition

## **REFERENCES**

Chelsea Anderson: The Phoenix Theatre Company, Associate Artistic Director

C.Anderson@phoenixtheatre.com

Seth Reines: Showtune Productions, Artistic Director

Seth@showtuneproductions.org

Kurtis Overby: Arizona Broadway Theatre, Associate Artistic Director

kurtis@azbroadway.org