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## **GentleLase (hair removal laser) Instruction Sheet**

The GentleLase device is used for permanent hair reduction. It produces an intense but gentle burst of light that fragments and removes the targeted lesion (the hair follicle growth cells) without harming the surrounding tissue.

### **BEFORE TREATMENT**

A scheduled consult is required to evaluate skin and hair type to ensure the best outcome.

No tanning or self-tanners at least six weeks before treatment. Sunscreen with and SPF 30 or above is recommended before and after treatment.

Stop blood thinners one week before treatment (aspirin, ibuprofen, Aleve, fish oil, Vitamin E oil capsules, etc). Tylenol may be taken.

Stop medications that may produce a photosensitivity of the skin 72 hrs before treatment, review all medications with the provider during the consultation.

DO NOT tweeze, wax, or have electrolysis 6 wks before treatment.

PLEASE shave or trim hair to  $\frac{1}{4}$  of an inch in length 1 to 2 days before treatment. Long hair will attract heat and may cause skin damage.

Skin must be clean and dry before treatment. Remove all lotions, perfumes, makeup, deodorant, ect before arriving for your treatment.

### **AFTER TREATMENT**

Red discoloration and swelling may appear and is common after treatment, and may last an hour or longer.

Use 30 SPF or above is strongly recommended.

Avoid scrubbing or any trauma to the treated area.

Topical medications may be resumed when redness or irritation decreases.