

RECLAIM YOUR TIME!

The Fair Play™ method was created to make the invisible work of running a home more visible and help women reclaim their time. This eye-opening workshop leverages Eve Rodsky's NYT best-selling book and a physical deck of cards to put everything at home on the table and divide household tasks up more evenly. Because when you're weighed down at home, it's hard to show up as your best professional self in the workplace.

WORKSHOP DETAILS

Target audience

- Anyone feeling overwhelmed with the demands of work & life
- Caregivers of children, parents, family members, and/or pets

Time investment

- 1-2 hour workshop
- Optional small group follow-up
- Optional 1:1 coaching

Workshop format

- Live classroom
- Virtual classroom

Workshop features

- Optional deck of cards
- Interactive exercises
- Designed to be practical, interactive, memorable ... and a little bit BOLD!

LEARNING OBJECTIVES

With four easy-to-follow rules, a list of 100 household tasks and a simple card game, Fair Play helps you prioritize what's important to your family and assign clear ownership for every household chore

Workshop participants will ...

- Build a new vocabulary that will change the way you think and talk about your domestic life
- Re-balance your to-do lists
- Reclaim your time
- Utilize newfound "Unicorn Space" to pursue your passions!

OFFERED IN
PARTNERSHIP WITH
CAREER OUTFITTERS

