

CHOOSE YOUR OWN COACHING ADVENTURE!

The Leading with Confidence Coaching Program provides a personalized and timely approach to leadership coaching and development. Each month, program participants bring their most current challenges to the discussion and leave with the insights and practical tools they need to lead with confidence.

PROGRAM DETAILS

Target participants

- Any leader at any level

Time investment

- Monthly coaching session
- 30 - 60 minutes per session
- 3, 6 or 12-month commitment

Program features

- Customized sessions based on current need
- DiSC profile and coaching session
- Unlimited access to entire Upstream HR Strategies library of leadership training throughout the duration of the program
- Unlimited ad-hoc coaching between sessions
- Detailed notes & resources for each session
- Designed to be practical, memorable ... and a little bit BOLD!

PROGRAM OBJECTIVES

Program participants will ...

- Receive **personal** and timely coaching on their most current leadership challenges
- Experience a safe and **supportive** coaching environment
- Receive clear and **caring** feedback
- Enjoy the **flexibility** of creating a customized leadership coaching agenda
- Build a **library** of practical leadership tools grounded in a combination of modern theory and proven practice
- Have the opportunity to **practice**, pivot and adjust new leadership skills in real-time, with real scenarios