

Bodyzone

BEAUTY SALON



The ultimate experience
in holistic body and
beauty treatments

[**comfort zone**]

GUINOT
INSTITUT · PARIS

ST.TROPEZ

bareMinerals[®]
By BARE ESSENTIALS

J
JESSICA

Bodyzone Beauty Salon provides luxury treatments
and pampering therapies,
to relax, rejuvenate and balance
the mind, body and soul.

We also provide
everyday must-haves – manicures, pedicures
and St. Tropez tanning treatments.



Bodyzone

BEAUTY SALON

At Woodbury Park Hotel

BODYZONE PACKAGES

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[comfort zone]

An exclusive Italian product range, using combinations of marine plant derived minerals and essential oils.

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GUINOT

INSTITUT • PARIS

The World renowned French range at the forefront of beauty treatments, with more than 30 years of professional skin care experience.

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The Ultimate Spray Tan

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JESSICA®

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For bookings please contact the Bodyzone reception on **01395 234737**
Bodyzone is situated next to the main reception in the Leisure Centre.

OPEN EVERYDAY

Sun-Wed, Fri10am-6pm
Thur10am-8pm
Sat..... 9am-5pm

Please note certain treatments require advanced booking.

Bodyzone

BEAUTY SALON

PACKAGES*

Bodyzone Taster Package – 1 hr

Back, Neck and Shoulder massage
plus Comfort Zone 30 minute facial

£50

Ultimate Glow – 2 hrs approx

Body scrub, St Tropez spray tan, nail tidy and
paint on fingers and toes

£65

Top to Toe – 3 hrs approx

Back massage, 30 mins Comfort Zone facial,
manicure and pedicure

£110

Luxury Top to Toe – 4 hrs 30 minutes approx

Body massage, 1 hr Comfort Zone facial, luxury manicure
and luxury pedicure

£150

Pre-Holiday – 2 hrs 30 minutes approx

File and polish on fingers and toes, half leg and bikini wax,
eyelash tint and tidy (a patch test is required 24hrs prior to eyelash tint)

£74

Pregnancy Package (for 3months plus only) – 4 hrs approx

Luxury manicure, luxury pedicure, 1 hr Comfort Zone facial

£108

Pre-Wedding Package – 4 hrs 30 minutes approx

Body strategit nutritional body treatment and
absolute pearl facial with manicure and pedicure

£140

Special Occasion and Wedding Make-up – 2 hrs

Using 'Bare Minerals' make-up range

Includes the initial consultation trial and the make-up on the day

£75

***For all packages, booking well in advance is essential**

[comfort zone]

An exclusive Italian product range, using combinations of marine plant derived minerals and essential oils.



All [comfort zone] facials begin with the tranquillity welcome ritual and include a deeply relaxing massage of the face, neck and shoulders.

FACIAL TREATMENTS

Recover Touch Facial - 45 minutes

This treatment, which is rich in anti-oxidants, helps to reduce and repair the damage caused by pollution and the daily elements

£37

Sacred Nature Organic Facial - 45 minutes

A specially formulated organic range that helps to nourish, eliminate impurities and encourages a more youthful, luminous looking skin

£40

Hydramemory - 24hr Deep Hydrating Treatment (for dry/dehydrated skin) - 1 hr

A perfect way to rehydrate tired skin. This treatment improves moisture levels, plumps and re-hydrates.

Ideal for anybody who's skin is in need of a boost

£40

Skin Resonance (for sensitive skin) - 1 hr

A rebalancing facial which protects and gives immediate relief to delicate and sensitive skins, it eliminates impurities, redness and strengthens the skin's natural barrier

£40

Active Pureness Rebalancing (for oily skin) - 1 hr

A deep cleansing treatment for oily skin types. Helps eliminate black heads and impurities to leave the skin feeling fresh and clear

£42

Active Pureness Regenerating - 1 hr

Balances and treats problem skins using fruit acids to exfoliate which will leave the skin looking restored and rejuvenated

£48

Glorious Skin (lifting and firming) - 1 hr

This treatment gives an immediate lifting and tensing effect, working on the muscle contractions that naturally cause the skin to sag and facial muscles to drop. This treatment will give you an on-going lifting and firming treatment. Especially when used in conjunction with a special home care regime

£57

Chrono-reverser Collagen (anti-aging) - 1 hr

An extraordinary treatment to resurface, revitalise and deeply hydrate the skin, whilst stimulating cellular awakening. The micro-circulation effect gives your skin a perfect texture. Plumped lines, a supple moisturised skin and a long lasting natural glow

£53

Absolute Pearl (dull pigmentation prone skin) – 1 hr

This treatment will help to break down the appearance of hyper-pigmentation and age spots. This treatment is great for brightening the skin and improving luminosity. An ideal facial to help lighten any areas of dark pigmentation. This is a great pre wedding facial

£45

Eye Supreme Anti-aging – 30 minutes

A treatment to rejuvenate the eye area. Helping to reduce the appearance of dark circles and expression lines. It also has a cooling and soothing effect

£27

Lip Blooming (to incorporate with a facial only)

This is a treatment for the lips and the lip contour that will help to reduce fine lines. This treatment will plump, replenish and hydrate the lips, giving them a smoother appearance

£11

BODY TREATMENTS

All [Comfort Zone] body treatments include face, neck, shoulder and scalp massage, plus full body exfoliation.

Body Strategist Nutritional Treatment – 1 hr 15 minutes

Anti oxidant treatment that deeply nourishes and reconditions the skin. It improves skin elasticity and tone and leaves your skin feeling silky smooth

£60

D-age Body Firming Anti-aging Treatment – 1 hr 15 minutes

This is a superb anti-ageing treatment that helps to reduce signs of damage and stretch marks. The active ingredients stimulate collagen which firms and tones the skin

£60

Tranquillity Ritual Treatment – 1 hr 15 minutes

This is a unique experience using an exclusive aromatic blend for a complete sense of wellbeing. It improves circulation and tone. Also deeply relaxing for mind and body. Includes mini facial

£60

Body Strategist Cellulite Remodeller – 1 hr

Intense anti-cellulite treatment designed to break down and eliminate fatty deposits. This treatment is very stimulating, increasing blood circulation to the areas being treated and leaving your skin noticeably smoother

£55

Monticelli Mud – 1 hr 15 minutes

This is a luxurious thermal mud treatment that has a draining and detoxifying action. The soft Monticelli Mud is enriched with minerals for restorative and healing results

£60

A renowned French range at the forefront of beauty treatments, with more than 30 years of professional skin care experience. Guinot has a scientific basis for product development, hence all treatments are effective and luxurious.

Hydradermie - 1 hr 15 minutes

A complete electrical facial incorporating specific gels, tailoring to specific skins needs. This treatment deep cleanses, rehydrates and stimulates cellular regeneration, providing an anti-aging effect. Includes a face, neck and shoulder massage. Excellent for all skin types over 15 years of age

£55

Course of 3 - £148.50

Hydradermie Plus - 1 hr 30 minutes

This is considered as the 'Ultimate Facial' - the Hydradermie - plus more!
A 3-step treatment for the eyes, face, neck and décolleté. Incorporating specialised massage, gels, ampoules, masks and creams. Tones, hydrates and helps to prevent wrinkles

£75

Course of 3 - £202

Tres Homme - 1 hr 15 minutes

The Hydradermie facial adapted for the man, using the Guinot Tres Homme skincare range

£55

Hydradermie Life Yeux - 45 minutes

The lift yeux tightens, tones and smoothes the skin around the eyes, widening the eye contour and reducing puffiness and under eye shadows

£50

Course of 3 - £135.00

Hydradermie Lift - 50 minutes

A non surgical lifting facial treatment for mature skin (30+).

This is a 2-part treatment with lymphatic drainage to eliminate toxins plus stimulation to tone the muscles of the face and neck

£55

Course of 10 - £495

Hydradermie Lift Express – 30 minutes

Draining and stimulation finishes with moisturisation as a precursor to the deluxe treatment

£47

Hydradermie Lift Deluxe – 2 hrs 15 minutes

A combination of the Hydradermie Plus and the Hydradermie Lift Express

£98

Aromatic Facial – 1 hr

This treatment uses plant concentrates and essential oils to make the skin radiant. Relaxing facial massage enhanced by pressure point techniques to finish

£47

Liftosome – 1 hr

A specifically developed facial to treat the problems associated with mature skin. Using a high concentration of Vitamin C and proteins, the treatment strengthens elasticity and firmness while stimulating cellular regeneration

£55

Course of 3 – £148

Beaute Neuve – 1 hr

A renewing treatment for all skin types. The Beaute Neuve facial uses fruit acid and Vitamin C to beneficially effect each skin type. Dehydrated skin benefits from locked in moisture, the production of collagen and elastin is stimulated in a more mature skin and sebaceous secretions are normalised, refining the texture of oily skin

£47

Course of 3 – £126

Essential Facial – 45 Minutes

An introductory treatment to the Guinot range. Includes cleanse, exfoliation, massage and mask. For all skin types

£39



HOLISTIC BODY,
AND EXFOLIATION TREATMENTS



Body Polisher – 30 minutes

An exfoliating treatment finished with an application of an appropriate moisturiser

£33

Back Facial – 30 minutes

A deep cleansing treatment for the back.

Includes, cleanse, exfoliation, massage and a mask, finished with a hydrating cream

£32

Indian Head Massage – 30 minutes

A soothing and relaxing treatment to the shoulders, face, neck and scalp.

Balancing the body, relieving pressure and tension

£30

Hot Stone Massage Therapy

A powerful thermodynamic massage using heated balsalt stones, that bestow an intense feeling of phsycological and physical relaxation.

With its natural essences, detoxifying and draining action it leaves the tissuses elasticised and toned.

Full body, face and scalp (includes full body exfoliation) – 1 hr 30 minutes

£75

Full body – 1 hr

£55

Back, neck and shoulders – 30 minutes

£38

Swedish Massage

This is an age old method of restoring life and vitality via relaxation, concentrating on different muscle groups, using a medium pressure.

Improves skin texture and eases tension and stress.

Full body massage – 1 hr

£48

Back, neck and shoulders – 30 minutes

£30

Aromatherapy Massage

This is the use of pure essential oils which can assist in the bodies natural healing process. The oils are distilled from flowers, herbs, roots, barks and resins. Each has its own unique and individual therapeutic property

Full body and scalp – 1 hr 15 minutes

£56

Full body – 1 hr

£50

Back, neck and shoulder – 30 minutes

£35

Hopi Ear Candles – 30 minutes

This is a pleasant and non-invasive treatment of the ears, used to treat a variety of conditions. The ear candles induce a revitalising heat upon the head and ears, which soothes, relieves and relaxes

£30

STRETROPPEZ

The ultimate spray tan.

Indulge yourself with a natural sun kissed tan.

Your body is sprayed with a fine mist leaving you with a golden glow that lasts for days!

Full Body Tan

including face £30



Inner C bath – 20 minutes
(Taken without a therapist present)

Relax and refresh in the effervescent bath.
Choose either tonifying, revitalizing
or relieving bath oils

£20



Waxing – Using the quickest, most hygienic way.

Half leg	£20
Three quarter leg	£24
Full leg	£27
Half leg and bikini	£27
Three quarter leg and bikini	£29
Full leg and bikini	£32
Bikini	£15
Extended bikini	£19
Brazilian	£24
Hollywood	£29
Underarm	£11
Forearm	£15
Lip or chin	£7
Lip and chin	£12
Back	£20
Chest	£20

Eyes

(a patch test is required 24 hours before tinting and extensions)

Eyebrow re-shape	£10
Eyebrow tidy	£8
Eyebrow tint	£9
Eyelash tint	£15
Eyelash and eyebrow tint	£22
Eyebrow tint and tidy	£14
Eyebrow tint, tidy and eyelash tint	£25
Eyelash extensions	£50
Eyelash extensions upkeep (every 2 weeks)	£20





Hands and Feet - includes mini polish to take home (Excluding French)

Luxury Manicure - 75-90 minutes (anti-aging and moisturising) £40

Standard/French Manicure - 45-60 minutes £28

Luxury Pedicure - 75-90 minutes (stimulates and helps reduce puffiness) £40

Standard Pedicure - 45-60 minutes £30

File and Paint (FREE Jessica Polish included - worth £6.25) £20

Geleration

This is a longer-lasting nail polish, not to be confused with acrylic nails. This is a polish that can last up to 3 weeks and is dry instantly after application

Geleration Manicure - 1 hr £38

Soak Off and Full Geleration Manicure £43

Geleration Tidy and Paint £26



bareMinerals®

By BARE ESSENTUALS

So pure you can sleep in it!

100% pure minerals with no additives and no irritants. This make-up is weightless and provides an adjustable, flawless coverage and healthy, natural glow.

Make-up Lesson
including cleanse - 1 hr £40

Wedding Make-up
Includes 1 hr consultation and
Make-up on the day £75

Electrolysis

1-3 minutes	£5
5 minutes	£9
10 minutes	£12
15 minutes	£15
20 minutes	£17

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BEAUTY SALON

AT

Woodbury Park

Hotel & Golf Club

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