

BEAP Pain Scale for Dogs

Many signs of chronic pain are non-specific. Make sure to see your vet to rule out other disease as a cause of these signs.

Pain Level	Illustration	Signs (B, E, A, P)
0 No Pain		<input type="checkbox"/> B: Breathing normally <input type="checkbox"/> E: Eyes bright and alert <input type="checkbox"/> A: Walks normally on all four legs; no lameness present <input type="checkbox"/> A: Engages in play and all normal activities
1-2 Mild Pain <i>Speak to your vet during your next appointment</i>		<input type="checkbox"/> B: Breathing normally <input type="checkbox"/> E: Eyes bright and alert <input type="checkbox"/> A: Walks normally; may exhibit very subtle lameness when walking <input type="checkbox"/> A: May show first signs of being just a little more slow to lie down or rise up (subtle!)
3-4 Moderate Pain <i>See your vet to assess pain</i>		<input type="checkbox"/> B: May pant intermittently <input type="checkbox"/> E: Eyes slightly more dull in appearance; can have a slightly furrowed brow <input type="checkbox"/> A: Noticeably slower to lie down or rise up; may exhibit lameness when walking <input type="checkbox"/> A: May be slightly unsettled and more restless; difficulty getting comfortable; shifting weight
5-6 Moderate to Severe Pain <i>CONCERNING! See your vet</i>		<input type="checkbox"/> B: Panting often noted, possibly with an increased breathing effort <input type="checkbox"/> E: Dull eyes, worried look <input type="checkbox"/> A: Very slow to rise up and lie down; hesitation with movement; difficulty on stairs; reluctant to come when called; more obvious lameness <input type="checkbox"/> A: Not eager to interact but may be in tune with surroundings; obvious lameness when walking; may lick painful area
7-8 Severe Pain <i>VERY CONCERNING! See your vet</i>		<input type="checkbox"/> B: Faster breathing rate with more noticeable effort; frequent panting episodes common <input type="checkbox"/> E: Dull eyes, may also have distressed look <input type="checkbox"/> A: Obvious difficulty rising up or lying down; will not bear weight on affected leg; avoids stairs; obvious lameness <input type="checkbox"/> A: Avoids interaction with family or environment; will often "go off" or hide; may frequently lick painful area
9-10 Worst Pain Possible <i>EMERGENCY! See your vet</i>		<input type="checkbox"/> B: Panting; increased breathing rate and effort <input type="checkbox"/> E: Dull eyes; may have panicked look <input type="checkbox"/> A: May refuse to get up; may not be able to (or willing to) take more than a few steps; will not bear weight on painful limb <input type="checkbox"/> A: Difficulty in being distracted from pain, even with gentle touch or soothing voice

Specific behaviors or physical changes I see:

Breathing: _____
 Eyes: _____
 Ambulation: _____
 Activity: _____
 Appetite: _____
 Attitude: _____
 Posture: _____
 Palpation: _____