



ADHI BOJYA

POPPED MILLET POWDER



The best millet powder is "ADHI BOJYA" hand-made popped millet powder, which aids in simple digestion. The millet powder provide numerous health advantages.

Prepared using a traditional technique. The nine millets and unpolished rice are used to make the homemade popped millet powder.





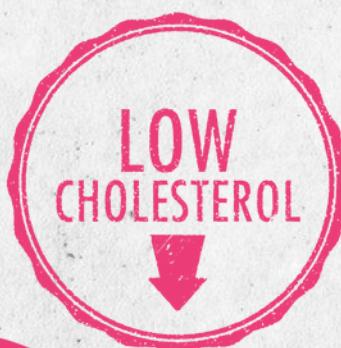
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Second
Breakfast

All you need to do
to prepare your breakfast
combine 3 table spoons of
The "ADHI BOJYA"
popped millet powder
with 300ml of buttermilk
or
2 tea spoons of millet powder with hot
milk.



Why only ADHI BOJYA ?





Ingredients:

**Finger millet, Pearl Miller,
Sorghum,
Foxtail millet, Little Millet,
Browntop Millet, Proso Millet,
Kodo Millet, Barnyard Millet,
Brown Rice &
Natural Palm jaggery.**



BENEFITS

Strengthens Immunity.
Helps in weight loss.
Diabetic Friendly.
Anti-Ageing.
Strengthens Bones & Teeth.
Helps in reducing blood cholesterol.
Good for Digestion.
Reduces Constipation.
Rich in Antioxidants.
Maintains Hormonal imbalance



{Good for PCOD, PCOS, Thyroid}.
Relives Stress, anxiety and depression.
Rich in vitamins, minerals and micro nutrients.
Beats Fatigue.
Improves Heart health.
Treats respiratory conditions, like asthma.
Aids healthy pregnancy.



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We have two variants in
Adhi Bojya
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1. Adhi Bojya:

A powdered form of popped millet that is flavourless, taste-improving, and high in protein, vitamins A and B

2. Adhi Bojya +:

A sweet-tasting, rich in vitamins and minerals, powdered version of popped millet that is fueled with palm jaggery.





Nutritional values:

| Nutritional Value | ADHI BOJYA | ADHI BOJYA + |
|--------------------------|-------------------|---------------------|
| Energy | 384 Kcal | 403Kcal |
| Fat | 3.21 grams | 5.64 grams |
| Carbohydrate | 76.01 grams | 80.61 grams |
| Dietary fibre | 4.57 grams | 4.57 grams |
| Protein | 10.53 grams | 7.63 grams |
| Calcium | 110.9 mg | 319.48 mg |
| Iron | 6.9 mg | 46.36 mg |
| Phosphorous | 269.75 mg | 213.42 mg |
| sodium | NA | 252.67 mg |
| magnesium | NA | 126.37 mg |
| potassium | NA | 422.29 mg |
| Zinc | NA | 2.228 mg |
| selenium | NA | 1.381 mg |
| VitaminC | NA | 43.33 mg |
| vitamin A | 5.8 mg | NA |
| Vitamin B1 | 0.54 mg | NA |
| Vitamin B2 | 0.16 mg | NA |
| Vitamin B3 | 2.6 mg | NA |

PRICE STRUCTURE



Adhi Bojya : Rs 707 / 500 gms
Adhi Bojya(+) : Rs 950 / 500 gms

Adhi Bojya :Butter Milk
Adhi Bojya(+):Milk

**Note: Northern states are subject to
shipping costs.**



FOR MORE DETAILS:

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