

Guiding conscious leaders from surviving and scattered to **sovereign and whole**



Jennifer
ALLY

KEYNOTE SPEAKER · TRAINER · AWARD-WINNING AUTHOR

Sovereignty is the ultimate strategy for life, love and leadership.

Drawing on neuroscience, 20+ years of transformational work, and experience in stand-up comedy, Jennifer Ally Kern makes big ideas practical, relatable, and fun! She challenges what audiences think they know about leadership, intuition, success, and difficult people so they lead with clarity, trust their intuition as data, embody commanding presence, and cultivate healthy relationships.

Signature Talks

Embodied Authority

THE NEUROSCIENCE OF ALIGNED LEADERSHIP

Understand the brain states behind your leadership and how to intentionally operate from higher consciousness for internal coherence and optimized brain function, instead of getting hijacked into reactive patterns under pressure.

The Inner Alignment Advantage

8 ESSENTIAL ELEMENTS FOR A LIFE AND BUSINESS THAT FEEL RIGHT

Inner alignment is the key to success in life, love, and leadership. Discover the little-known foundations that fuel creativity, resourcefulness, and effectiveness to create a life, business, and relationships that feel really good to you.

Your Invisible Edge

THE ANATOMY OF INTUITION

No one teaches us how our intuition works, yet it's essential to effective living, loving, and leadership. Learn the mechanics of intuition so you're empowered to listen to and follow your own inner voice.

Drama-Free Leadership

THE SECRET TRUTH ABOUT REACTIVITY AT WORK AND IN RELATIONSHIPS

Drama is pervasive, rooted in interpersonal wounding and social survival. Discover why reactivity happens and how to cultivate coherence and peace in life and work.

Based on Jennifer's award-winning book The Drama-Free Way.

"[Jennifer] is a great speaker, engaging, personal, likable. The content of her session struck a chord with the audience... The participant reviews were stellar, with everyone giving her 5 stars."

Kinga Parrott, Organizer, Mindfulness@IBM 2022 Summit



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audience testimonial reel and full CreativeMornings talk.

