



MEDIA KIT

Speaker BIO for Promotional Materials

Jennifer ALLY has a BBA in International Business and a Master of Science in Psychology. She established her business, Intrinsic SOULutions, in 2009 where she helps entrepreneurs, leaders, healers and creatives have a bigger positive impact with less stress and struggle, more ease and flow. Jennifer is also a keynote speaker and master trainer, having presented for renown organizations such as the Mayo Clinic, IBM, WeightWatchers, the American Business Women's Association, to name a few.

Jennifer ALLY is the national award-winning author of *The Drama-Free Way: Authentic Thriving in a Chaotic World*. She is the creator of the *Lead in Alignment* system and the *Epic Akashic* training program, and in 2018 she founded *THRIVE Fiesta* Events. She is further is specialized as an Akashic Records Master practitioner and healer, is a Certified Neuro-Transformational Coach, and is a Licensed Neuro-Linguistic Programming (NLP) Practitioner.

Jennifer ALLY is passionate about human evolution, authentic connection, spiritual awakening, and manifesting the "new earth" in our lifetime. She lives in West Palm Beach, Florida and enjoys performing standup comedy, traveling, dancing, athletics, cooking, time with friends, or lounging about doing absolutely nothing.

Jennifer ALLY

Approved IMAGES for Public Use



Jennifer ALLY





Other Featured MEDIA and Press

Jennifer's creation (teaser): [THRIVesta: A Gala for the Soul](#)

Jennifer's Keynote Speech at THRIVesta: A Gala for the Soul

[The Women's Business Bridge](#)

Lyfe Choyces Podcast: [Consciousness is Key](#)

Grimm Gals Podcast: [Love and Consciousness](#)

Confidential Conversations Podcast: [SOUL Sister](#)

Inspire Life Podcast: [The Drama-Free Way](#)

Potential Speaking Topics

- Beyond Empowerment: Women's Awakening and Activation
- The Anatomy of Intuition
- Essentials of Inner Alignment: Meet the Model
- Higher Consciousness and the Brain
- Aligned Entrepreneurship and Creating Flow
- The Manifestation Equation
- Introduction to the Akashic Records
- Authentic Life Path and Purpose
- The Little-Known Truth about Drama
- The 3 Core Human Wounds and Mental-Emotional Wellbeing



Speaker INTRODUCTION to Read at Events

Jennifer Ally Kern has a BBA in International Business, and a Masters in Psychology. She is a thought-leader and the national award-winning author of *The Drama-Free Way: Authentic Thriving in a Chaotic World*. As a keynote speaker and master trainer, Jennifer has spoken in a number of prestigious organizations.

Since 2009, Jennifer has been helping people from all walks of life access their best, most authentic selves. Currently, she helps conscious entrepreneurs, leaders, healers, and creatives make a bigger positive impact while *enjoying* the journey, with less stress and struggle, more ease and flow.

Jennifer takes a combined spiritual and scientific approach, helping them cultivate inner alignment and access their own higher consciousness to guide their choices and inform their actions toward superior outcomes, in ways that feel most organic and natural to them.

Jennifer is an Inner Alignment Coach and certified Akashic Records Master practitioner, healer and mentor. She is the creator of the *Inner Alignment Model*, the *Lead in Alignment* system, the *Epic Akashic* training program, and in 2018 she pioneered *THRIVE Fiesta* Events.

Originally from Minneapolis, Jennifer currently lives in West Palm Beach, Florida. She is a polyglot—speaking four languages— and when she’s not busy enjoying her work, Jennifer loves: dancing, performing standup comedy, traveling, biking, kickboxing, driving sexy cars, watching football and lounging about doing absolutely nothing.



Contact & Social

Website: www.JenniferALLY.com

IG: @thesexyguru

Facebook: <https://www.facebook.com/JenniferALLYKern/>

LinkedIn: <https://www.linkedin.com/in/jenniferkernms/>

YouTube: www.youtube.com/@jenniferally8612