COACHING AND CONSULTING BY RONEE, LLC

TRAINING AND SPEAKING CATALOG



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WELCOME



I've always enjoyed helping people. With the experience I gained in my 20-year HR career, I now am a speaker, trainer, coach, and consultant. I get to combine the enjoyment of helping people with my love of psychology and business.

I help individuals, leaders, managers, and companies by leveraging my extensive experience and education which leads to increased engagement, commitment, productivity, and profits.

> Rone Anderson Speaker, Trainer, Coach & Consultant

> > CHIEF INSPIRATION OFFICER

PARTIAL CUSTOMER LIST



Wisconsin Bankers ASSOCIATION















WHAT TO EXPECT



Hire Ronee to build customized keynote programs and trainings to support your remote, in-person, or hybrid teams

CREATING SOLUTIONS THAT TRANSFORM

When hiring Ronee as a speaker or training facilitator, she will work with you to ensure the program is customized to your unique needs.

To learn more details about the training, please contact Ronee at the information below.

If you don't see what you are looking for, please inquire to see if your needs can be met.

Ronee@consultingbyronee.com 515-971-6478







Ronee draws on her 20 years of HR experience to meet your needs and to find solutions to your problems.



CREATING A COMPASSIONATE AND CARING COMPANY CULTURE

Peter Drucker said, "Culture Eats Strategy for Breakfast". How is your culture affecting your strategy?

- A Case Study review on the importance of company culture.
- What are low convergence and high convergence cultures and why you need to know.
- How to hire for cultural fit.
- What action steps do you need to take to have a healthy culture that supports your strategy.

CREATING GROWTH AND ABUNDANCE MINDSET

Those with a growth mindset found setbacks motivating. They're informative. They're a wake-up call.

- Carol Dweck

- Learn the difference between a Growth and a Fixed Mindset.
- Learn how to develop a Growth Mindset to achieve more with less stress.
- Learn how to use brain science to rewire your brain for growth and abundance.





EMOTIONAL INTELLIGENCE-PROSPERITY FOR ALL

According to research, Emotional Intelligence (EQ), the ability to identify and manage one's own emotions, as well as the emotions of others, is twice as important as IQ.

- Learn about EQ case studies that demonstrate the importance of EQ in the workplace.
- Learn how to develop EQ skills for the betterment of the participants' careers and the organization.
- Learn about the five elements of Emotional intelligence and how to use them for growth.

CREATING TEAMS THAT SUCCEED

Creating successful and effective teams everyone want to join!

- The #1 characteristic high-performing teams have in common.
- How to set up teams to reach their full potential.
- The importance of cognitive diversity on a team.





LEADERSHIP STARTS WITH L.O.V.E

Become the leader no one wants to leave!

- Learn the skills needed to be a prosperous and loved leader.
- Learn how to lead with L.O.V.E and why it's necessary today!
- Learn the dos and don'ts of building trust with your employees

NO ONE COMMUNICATES AROUND HERE!

Being an effective communicator can dramatically increase your success and the success of your company.

- Learn what poor communication is costing you and the organization.
- Learn how to be a good listener for life!
- Learn why communication is often an inside job and how to make changes.





EMPLOYEE RETENTION FOR THE GREATER RESIGNATION OF 2022

We all know the great resignation is upon us but what specifically can you, as a strategic leader, do to retain your top talent?

- Learn how to attract, retain your top talent, and engage your workforce in 2022 and beyond.
- What employees want from leadership and managers.
- Learn how to conduct a stay interview that builds rapport and increases loyalty.
- Develop a Plan to retain your top talent.

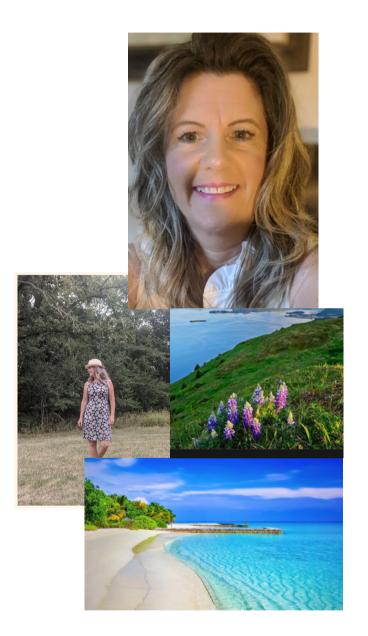
GRATITUDE - IT REWIRES YOUR BRAIN AND CHANGES YOUR PAST, PRESENT, AND FUTURE FOR THE BETTER!

Creating a culture of Gratitude is a no-cost/low-cost way to create benefits for everyone including the bottom line!

- Learn the 7 Scientifically Proven benefits of gratitude.
- Learn how to create a work culture of gratitude.
- Learn the ROI of gratitude in the workplace.
- Learn how to rewire your brain with gratitude.



LEARN ABOUT RONEE ANDERSEN



Ronee Andersen founded Coaching and Consulting by Ronee in May of 2019. Her business focuses on helping others reach their full potential by leveraging leadership, a growth mindset, emotional intelligence, communication, team building, and company culture. She is a speaker, trainer, coach, and consultant.

Before starting her own business, Ronee worked in Human Resources for 20+ years overseeing the HR function for 11 years. She has experience working in small and large companies, including family-owned businesses, publicly traded companies, and city and county governments. She has been a member of the leadership and executive teams.

Ronee has her Senior Professional in Human Resources (SPHR) certification, an MBA with an emphasis in Human Resources, and is a certified coach through Coach Training Alliance. She also has an Advanced Certificate in Strategic HR from Cornell University and a Certificate in Organizational Analysis from Stanford University. Additionally, she has a certificate in Talent Optimization through Predictive Index.

She volunteers with the Iowa Chapter of the International Coaching Federation (ICF) as the Marketing Director. She also volunteers with Women in Bio.

When not working, Ronee enjoys spending time with her husband Paul on their 7 acres. Between them, they have four grown sons, two daughters-in-law, and one grandson. Part of their time is spent visiting their sons and families currently living in Wyoming, California, Georgia, and Eastern Iowa.

Ronee loves vacationing near the water. She enjoys reading, wine, and a good laugh with family and friends!

TESTIMONIALS

SVP, HUMAN RESOURCES - AIMEE KERN, SHRM-SCP

I wanted to extend a sincere thanks to you. I have had many people tell me they really enjoyed your content and appreciate all of the opportunities for personal reflection and tips/resources."

KATIE HENTGES, DIRECTOR OF OPERATIONS

"I was blown away by your presentation today! So many things I'm going to do differently! That was incredibly helpful information. Thanks so much, Ronee" *Katie Hentges, Director of Operations*

PETE BUSCHMANN, DELAWARE COUNTY SUPERVISOR

"I attended one of Ronee's seminars and enjoyed her presentation very much. The content was practical and thought-provoking and her delivery was engaging and fun. I would highly recommend Ronee to anyone hoping to breathe new life into their organization!

MEESHA DOGAN, PH.D., Co-Founder & CEO, Cardio Diagnostics

"Ronee, you have such a great way of presenting information!"



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