

### CoTIC: Collaborative Teaching in the Inclusive Classroom

/2021-1-BG01-KA220-SCH-000031633/

# TEACHING SCIENCE

**WORKSHEETS** 





#### **TOPICS:**

- 1 LIVING AND NON-LIVING BEINGS
- 2 PLANTS
- 3 THE CYCLE OF LIFE
- 4A-WATER-1
- 4B-WATER-2
- 5 SIMPLE EXPERIMENTS
- 6 FAMILY
- 7 TRAFFIC SIGNS
- 8-MAPS
- 9 HUMAN BODY
- 10 FIRST AID
- 11 DOMESTIC AND WILD ANIMALS
- 12 FOREST
- 13 NATURE
- 14 SUBSTANCES AND MATERIALS
- 15 SOUND
- 16 MOVEMENT
- 17 SEASONS
- 18 ME AND MY CLASSMATES
- 19 RULES OF GOOD BEHAVIOUR
- 20-SETTLEMENTS

21 – PROFESSIONS

- 22 MEANS OF TRANSPORT
- 23 LANDMARKS OF MY COUNTRY AND CITY /LATVIA/
- 24 NATURAL DISASTERS
- 25 PROTECTIBG THE NATURE
- **26 PROTECTING MYSELF FROM ACCIDENTS**
- 27 LIVING HEALTHY



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2<sup>ND</sup> grade

#### **TOPIC: LIVING AND NON-LIVING BEINGS**

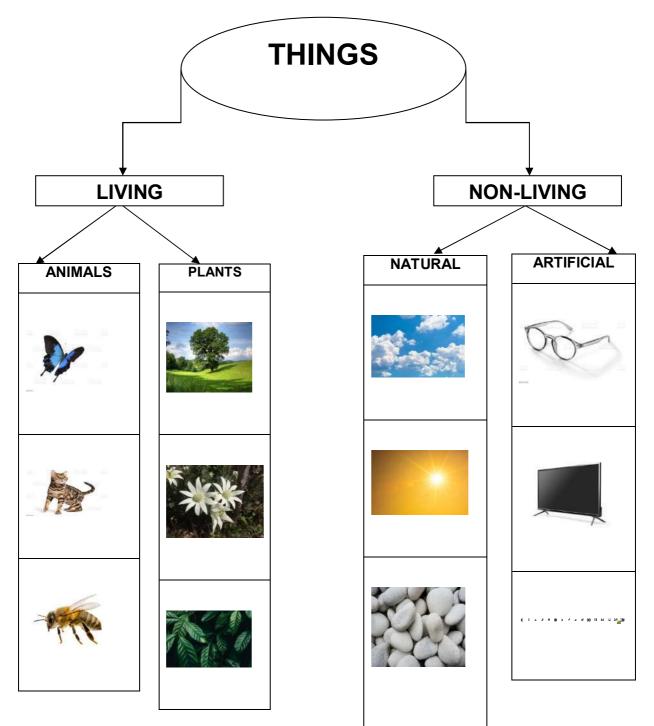
**1/ Aim of the lesson:** to learn the difference between living and non-living-beings





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#### 2/ Key words





CIRCLE THE LIVING THINGS ONLY.









EXERCISE 2: Wand

LOOK AT THE PICTURE AND WRITE THE REPRESENTED ELEMENTS INTO THE TABLES BELOW.



LIVING THINGS	NON-LIVING THINGS	

EXERCISE 3:

#### COMPLETE THE TABLE.

	NAME	LIVING	NON-LIVING
e			

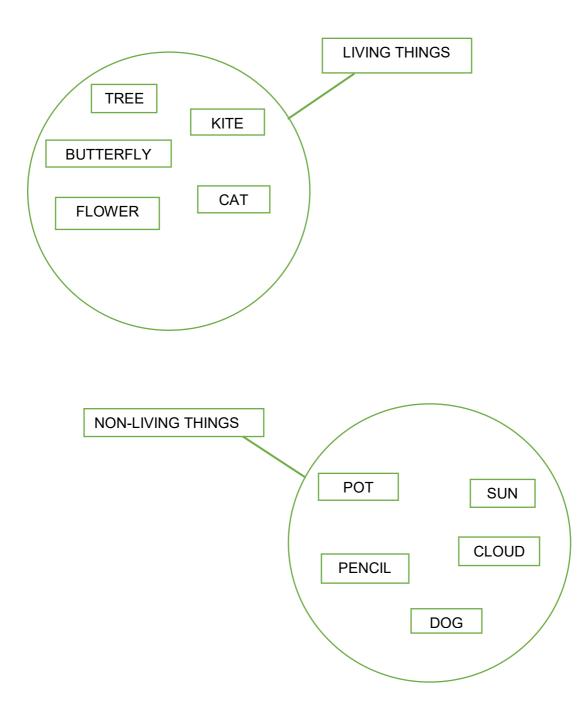
## EXERCISE 4:

#### COMPLETE THE TABLE.

	PLANTS	ANIMALS
æ,		
E.		



FIND AND DELETE THE ODD ONE OUT.





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#### **TOPIC: PLANTS**

1/ Aim of the lesson: to learn plants and their main features.

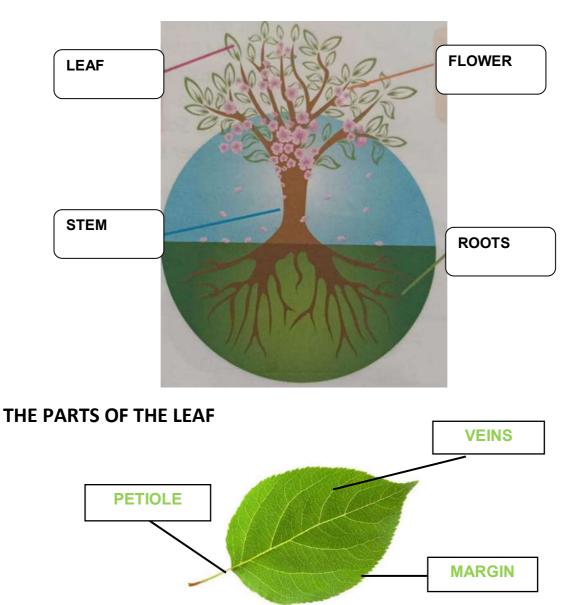




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#### 2/ Key words

#### THE PARTS OF THE PLANTS

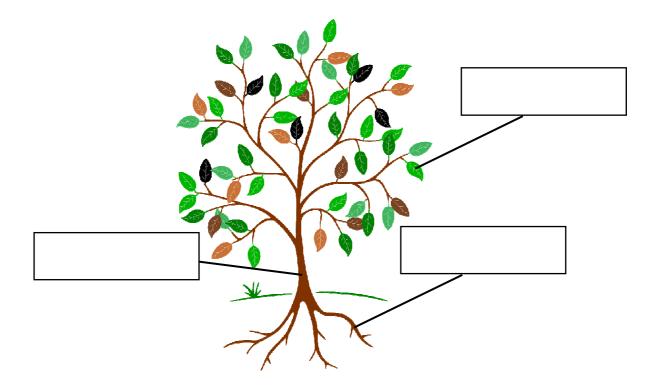


#### **USE OF PLANTS**

We can use plants to get food from (carrots); for health (ginger); for producing cloths (linen).

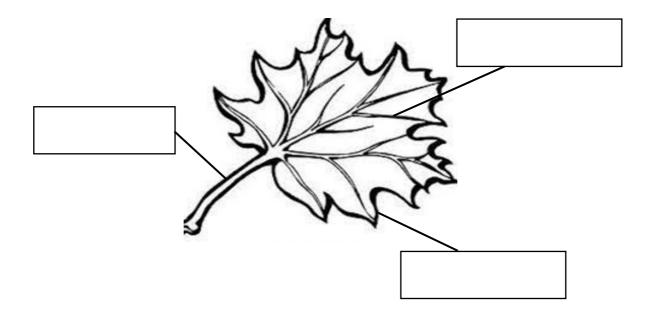
EXERCISE 1: 💇 and

LOOK AND WRITE THE NAMES OF THE PARTS OF THE TREE.



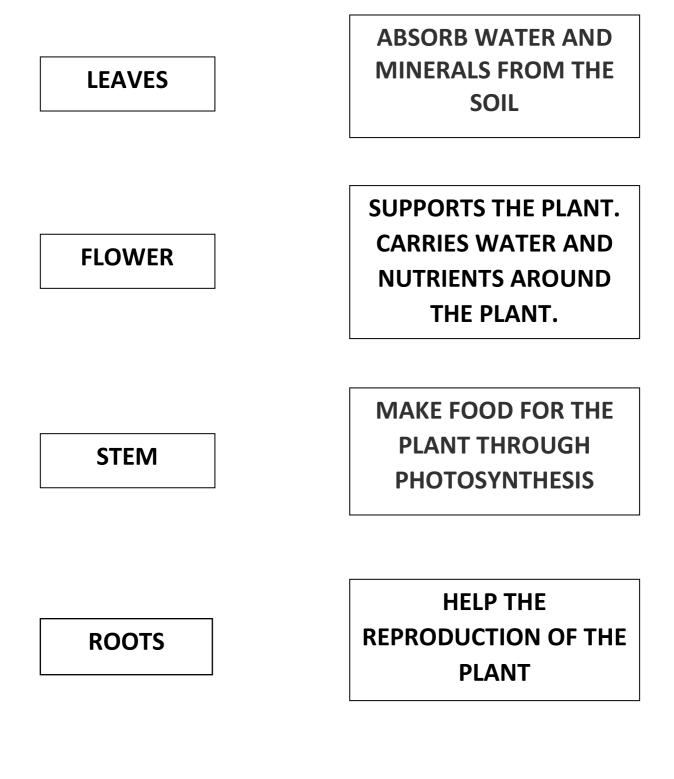
EXERCISE 2: One and

LOOK AND WRITE THE NAMES OF THE PARTS OF THE LEAF.





READ AND LINK THE PARTS OF THE PLANT WITH THEIR CHARACTERISTICS.





#### THINK AND MARK THE CORRECT ANSWER.

	FLOWER
	LEAF
A A A	ROOTS
	LEAF



and Comme

LOOK AT THE PICTURES. THINK AND CIRCLE WITH GREEN PLANTS USED FOR FOOD; WITH RED PLANTS USED FOR MEDICINES AND WITH BLUE PLANTS USED FOR PRODUCING CLOTHS.

















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#### TOPIC: THE CYCLE OF LIFE

1/ Aim of the lesson to know the life cycle of living beings.

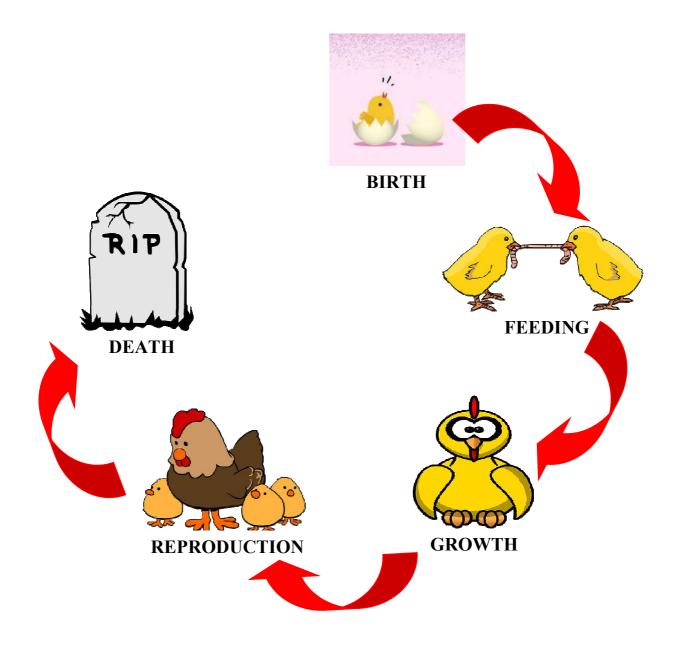




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## THE LIFE CYCLE

#### EVERY LIVING BEING GOES THROUGH DIFFERENT STAGES IN ITS LIFE

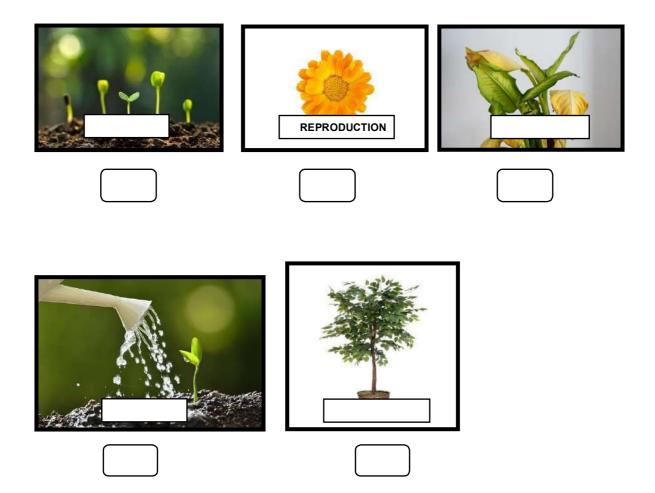




### REORDER THE PICTURES WITH NUMBERS FROM 1 TO 5 TO

#### **REBUILD THE LIFE CYCLE OF THE PLANT**

## BIRTH 2. FEEDING (WITH SUN AND WATER) GROWTH 4. REPRODUCTION 5. DEATH





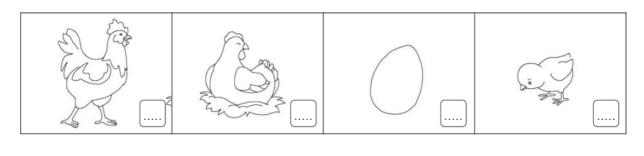
COMPLETE THE CLOZE - TEST BY INSERTING THE MISSING WORDS.

life - reproduce - human being - grow - non-living are born - living being

The plants and animals (including the) are
, that is they follow
the, they feed
themselves, they
(that is they have children) and finally they die.
Everything that does not follow the life cycle, instead, belongs to
the world of the elements

## EXERCISE 3: MARK THE DRAWINGS FROM 1 TO 4 IN THE CORRECT ORDER.

#### WRITE A SHORT SENTENCE TO DESCRIBE EACH PICTURE.



 1.

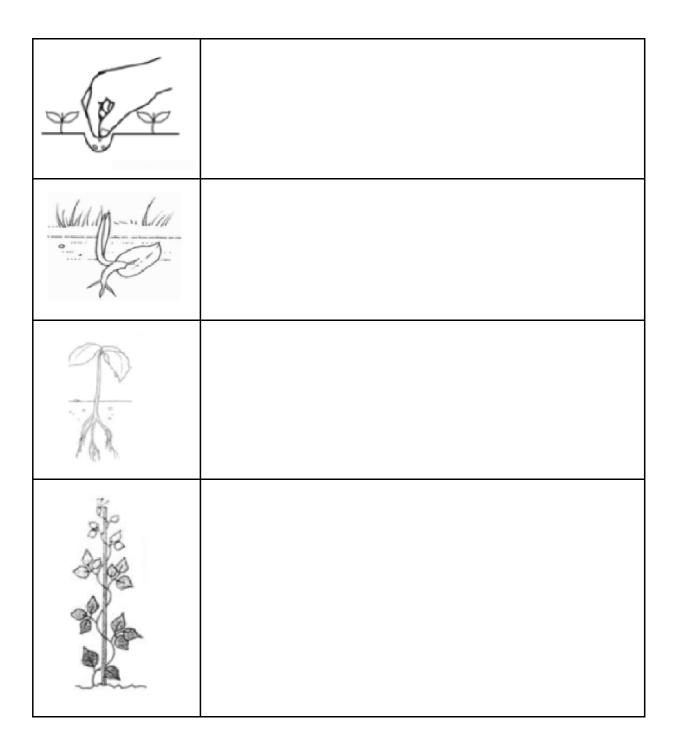
 2.

 3.

 4.

EXERCISE 4: (), and (), and ()

THE LIFE CYCLE OF THE BEAN PLANT. CUT THE PHRASES AND GLUE EACH ONE NEAR THE CORRECT PICTURE.



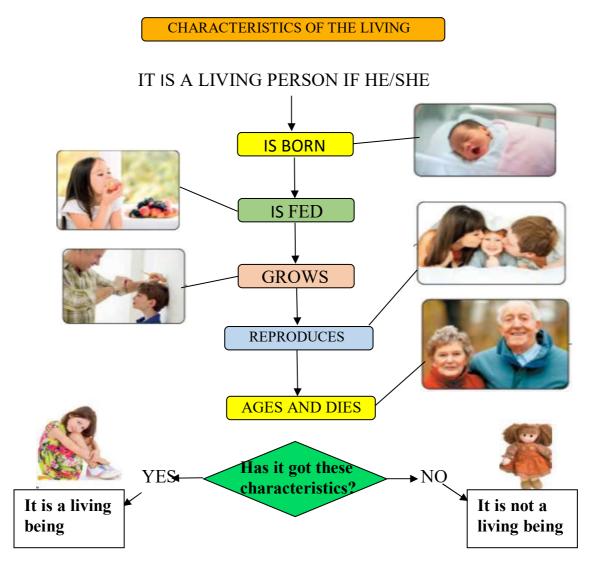
A A A A A A A A A A A A A A A A A A A	

THE PLANT FLOWERS.	A SMALL PLANT GROWS FROM THE SEED.
AFTER A FEW DAYS THE SEED SPROUTS.	THE SEED IS BURIED.
THE FRUITS CONTAIN THE SEEDS FROM WHICH NEW PLANTS WILL GROW.	FLOWERS TURN INTO FRUITS.
THE PLANT WITHERS AND DIES	*



**READ THE CONCEPT MAP CAREFULLY.** 

THEN WRITE A SHORT TEXT TO SUMMARIZE ALL THE INFORMATION.



••••••	 •••••	•••••••	•••••



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### **TOPIC: WATER**

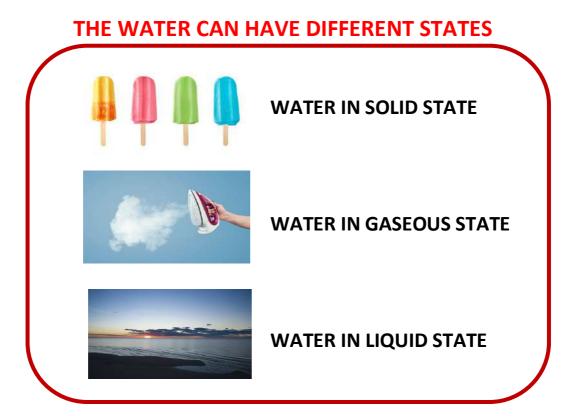
**1/ Aim of the lesson:** to learn water and its properties; to distinguish the states of matter and to learn the water cycle.



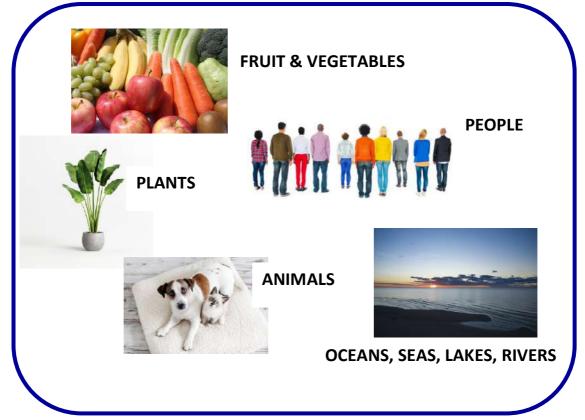


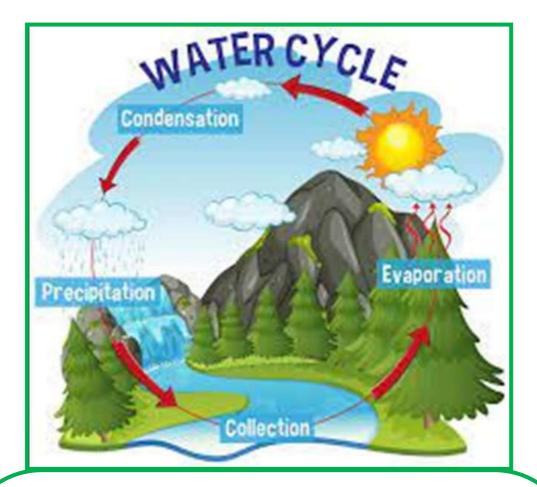
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#### 2/ Key words



**ELEMENTS CONTAINING WATER** 





There are four main stages in the water cycle. They are **evaporation**, **condensation**, **precipitation** and **collection**. Let's look at each of these stages.

**Evaporation:** This is when warmth from the sun lets water from oceans, lakes, streams, ice and soils to rise into the air and turn into water vapour (gas). Water vapour droplets join together to make clouds.

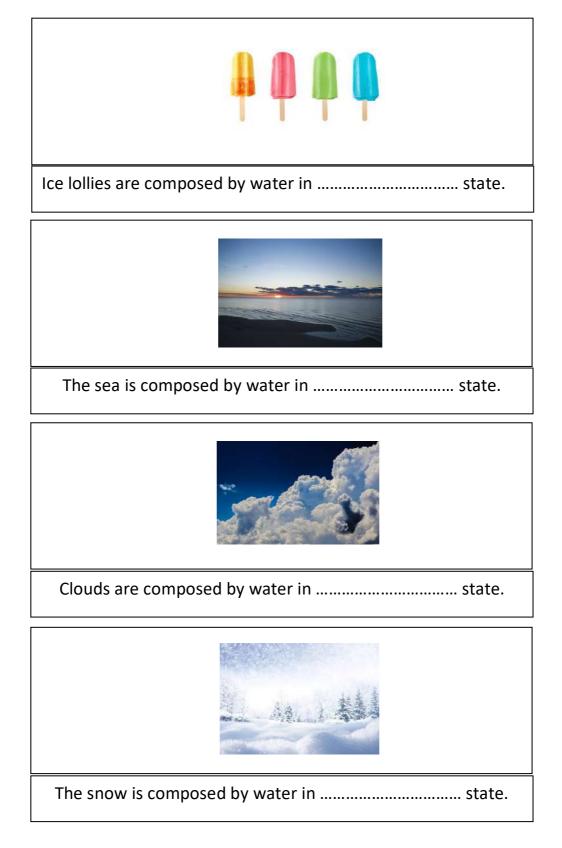
**Condensation:** This is when water vapour in the air cools down and turns back into liquid water.

**Precipitation:** This is when water (in the form of rain, snow, hail or sleet) falls from clouds in the sky.

**Collection:** This is when water that falls from the clouds as rain, snow, hail or sleet, collects in the oceans, rivers, lakes, streams.



## LOOK AT THE PICTURES AND COMPLETE THE SENTENCES: SOLID, LIQUID OR GASEOUS STATE?



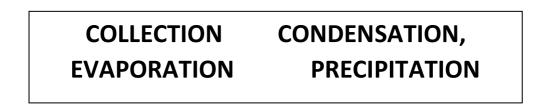


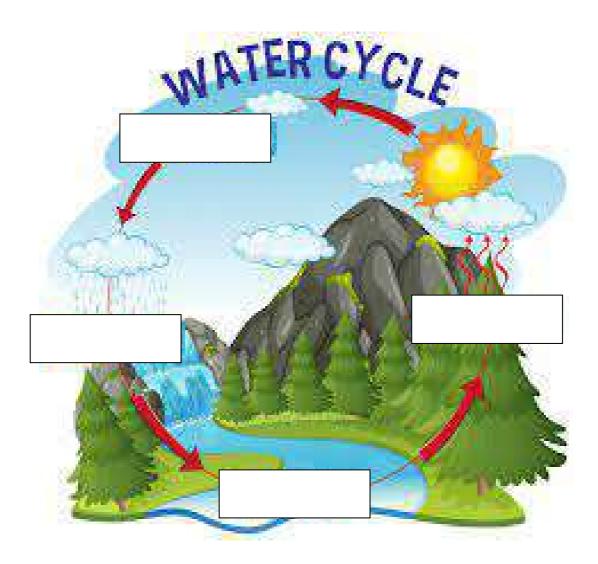
LOOK AT THE PICTURES. CIRCLE THE ELEMENTS THAT CONTAIN WATER. WRITE THEIR NAMES IN THE RESPECTIVE COLUMN.





LOOK AT THE PICTURE, THINK AND FILL THE NAMES OF THE PROCESSES IN THE WATER CYCLE.







### LOOK AT THE PICTURES AND MARK THE CORRECT ANSWER:

WE USE WATER FOR...



DRINKING WATER

SINGING SONGS





CUTTING PLANTS

WATERING PLANTS





READ, THINK AND MARK THE ACTIVITIES YOU DO TO CONSERVE THE WATER.

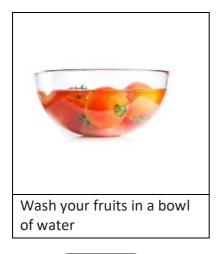


Turn off tap only while brushing teeth

















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#### **TOPIC: WATER**

**1/ Aim of the lesson** – to introduce students to water concepts and encourage understanding of the water cycle's importance for living things and the environment.

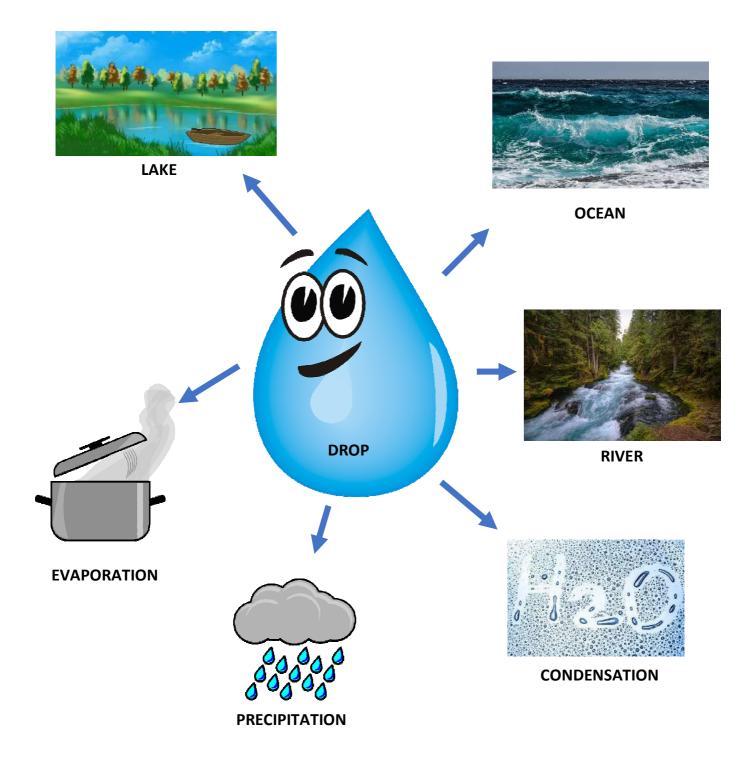




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#### 2/ Key words

## WATER; CYCLE; SOLID (ICE); LIQUID (WATER); GAS (STEAM).



## EXERCISE 1: 💿 and

LOOK AT THE PICTURES AND LINK WITH THE WORDS.



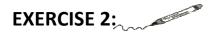




RIVER

LAKE

OCEAN



#### COMPLETE THE TABLE, WRITE THE STATE OF WATER.

STATE OF WATER	EXAMPLE	PICTURE
	ICE	
	WATER	
	WATER VAPOR / STEAM	





### C. S. D LOOK AT THE PICTURES. READ THE INSTRUCTIONS AND MATCH THEM.

2

- 1. Don't leave the tap turned on.
- 2. Fix broken taps.
- 3. Keep the ocean clean.
- 4. Take a shower instead of a bath.



READ THE SENTENCES AND COMPLETE THEM WITH THE CORRECT WORD RELATED TO USE OF WATER.

### HUMAN BEINGS; DRINK; SKIN; LIVE; PLANTS

1. We need water to \_\_\_\_\_\_.

2. We should \_\_\_\_\_ water every day.

3. Water is good for our \_\_\_\_\_.

4. \_\_\_\_\_ need water to live.

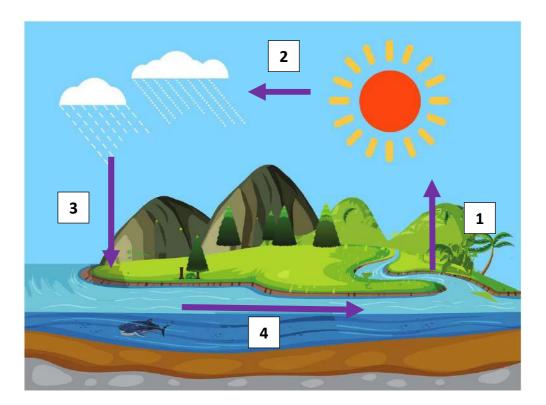
5. We use water for drinking, cooking, washing and to

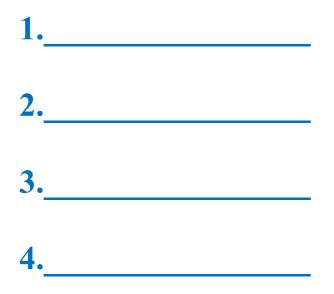
watering the \_\_\_\_\_.



LOOK AT THE PICTURE AND WRITE THE CORRECT WORD RELATED TO WATER CYCLE.

## CONDENSATION; PRECIPITATION; COLLETION; EVAPORATION









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### **TOPIC: SIMPLE EXPERIMENTS**

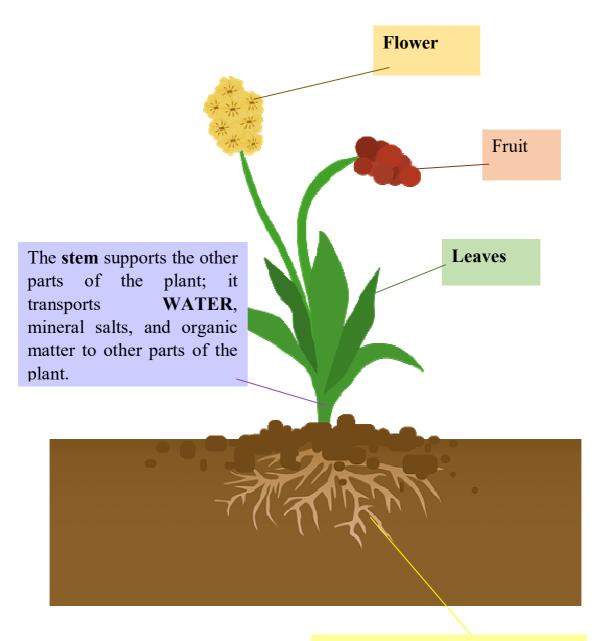
**1/ Aim of the lesson** – Students to see how plants suck up water and how it reaches all parts of the plant, especially the petals.





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### 2/ Key words



The **root** supports and holds the plant to the ground; it absorbs **WATER** and mineral salts.



### READ CAREFULLY AND OBSERVE THE EXPERIMENT THAT FOLLOWS.

### **Rainbow Rose**

### Materials:

Quantity	Material
2	glasses
1	10 drops of red dye
1	10 drops of blue dye
1	White rose
1	X-acto knife

### How to do it /step by step/:

- 1 Pour same water in both glasses;
- 2 Add 10 drops of red dye in one of the glasses;







3 - Add 10 drops of blue dye in the other glass;

4 – Split the rose stem lengthwise using X-acto knife

5 - Put half of the stem in the first glass and the other half

in the second glass;

6 - Wait a few hours.

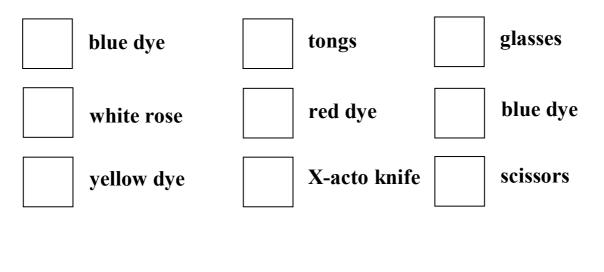
EXERCISE 2: WHAT IS GOING TO HAPPEN WITH THE ROSE? DRAW WHAT YOU THINK.







### MARK THE MATERIALS NEEDED TO CARRY OUT THE EXPERIMENT.





### READ THE SENTENCES, THINK AND ORDER THEM FROM 1 TO 5, FOLLOWING THE SEQUENCE OF STEPS IN THE EXPERIMENT.

Split the rose stem lengthwise.



Wait a few hours.

Pour some water in the glasses.



Add the dyes in the water.



Place the stem halves in the glasses.



EXERCISE 5:

AFTER A FEW HOURS, THE ROSE LOOKS LIKE THIS.



5.1. and  $\bigvee$ 

# GO BACK TO EX.2, LOOK AT YOUR DRAWING AND MARK THE ANSWER.

### Does your drawing match the result?



5.2. and

LET'S CONCLUDE! READ THE SENTENCES AND FILL THE GAPS WITH THE FOLLOWING WORDS:

hours	water	white rose

After a few \_\_\_\_\_ we can observe that the \_\_\_\_\_ has changed its color.

So, with this experience I can conclude that the plant absorbs the \_\_\_\_\_\_ and it reaches all parts of the plant.



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2<sup>ND</sup> grade

**TOPIC: FAMILY** 

**1/ Aim of the lesson** – To understand and recognize the nearest persons of the family. To recognize the family relationships. Identify the family pets.



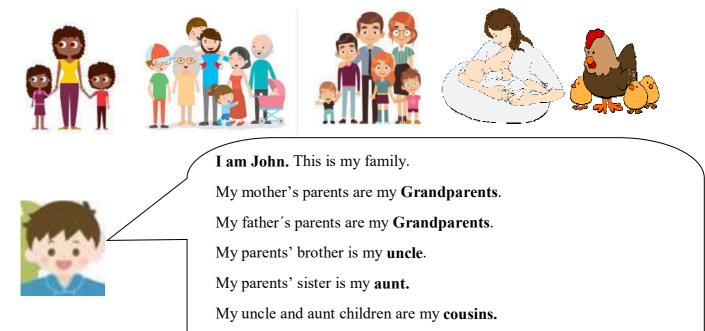


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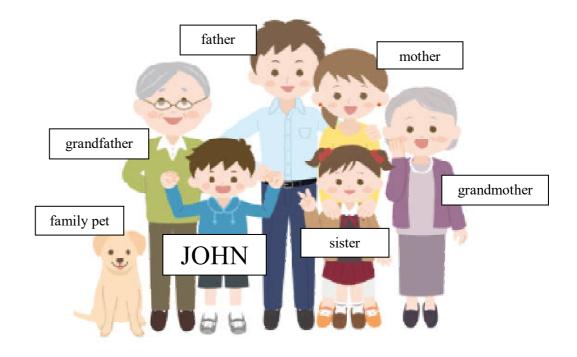
### 2/ Key words

### Family

There are many kinds of families. Animals have a family too. And all are important.



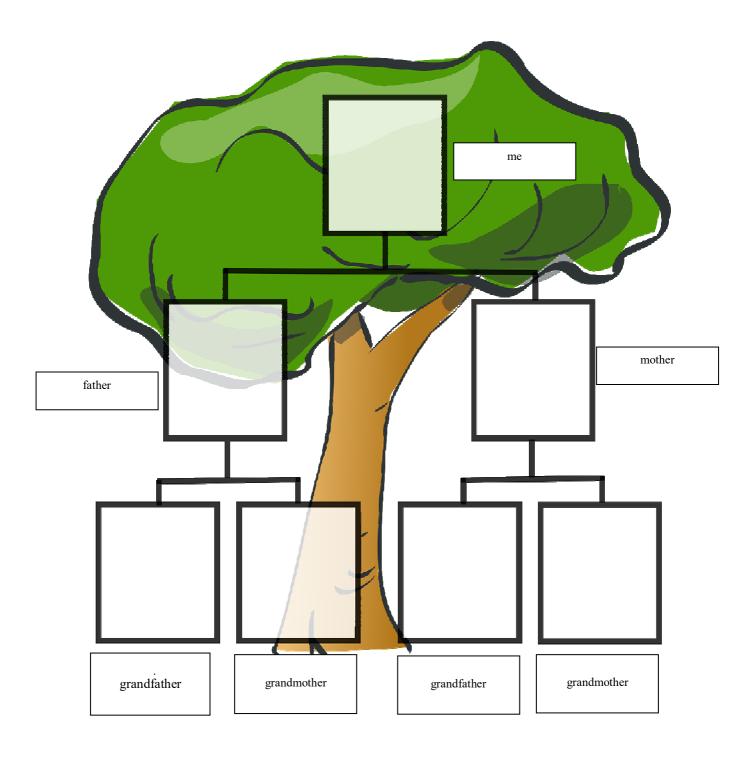
My family pet is a **dog**.





### DRAW THE NEAREST FAMILY MEMBERS.

Let's construct your life story.





## READ THE SENTENCES AND COMPLETE THE GAPS WITH INFORMATION ABOUT YOUR FAMILY

My name is \_\_\_\_\_\_.

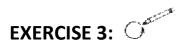
There are \_\_\_\_\_ persons in my family.

I am \_\_\_\_\_ years old.

My mother's name is \_\_\_\_\_.

My father's name is \_\_\_\_\_.

I have \_\_\_\_\_\_ sisters and \_\_\_\_\_ brothers.

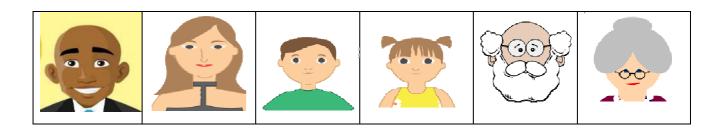


### CIRCLE THE RIGHT WORD.

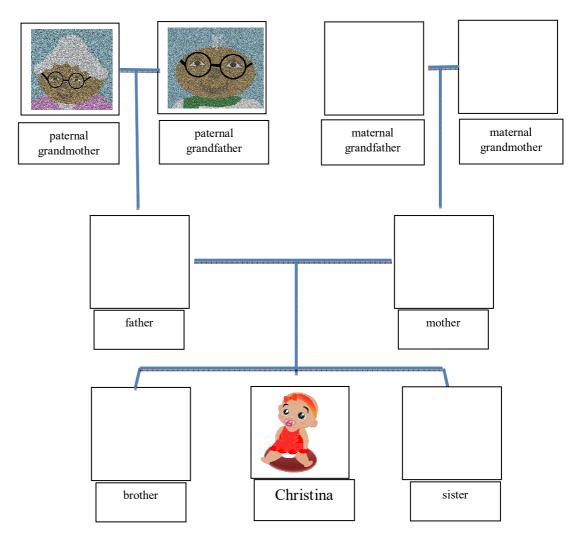
	mother	sister	father
	grandfather	uncle	mother
	grandmother	sister	brother
	grandmother	grandfather	sister
	mother	father	grandfather
<b>e</b>	father	grandfather	grandmother



LOOK AT CHRISTINA'S FAMILY TREE. CUT THE FAMILY IMAGES AND GLUE IN THE RIGHT PLACES.

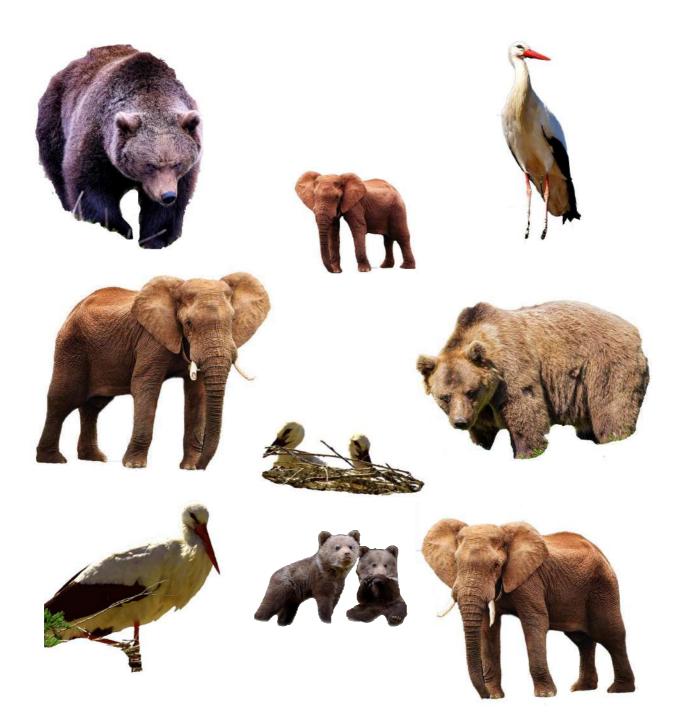


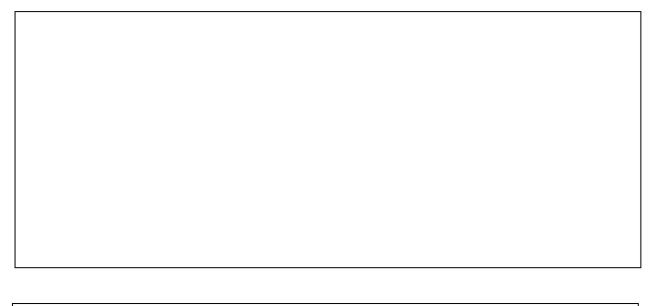
### Christina's Family tree





CUT THE IMAGES AND STICK THEM IN THE SQUARES SO THEY FORM A FAMILY.







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**TEACHING SCIENCE** 

2<sup>ND</sup> grade

### **TOPIC: TRAFFIC SIGNS**

**1/ Aim of the lesson** – Recognize the importance of road signs for road prevention. Know road safety rules.





### 2/ Key words

Traffic Signs				
Red circle	Blue circle	<b>Red Hexagon</b>		
prohibition signs	<b>Obligation signs</b>	Stop Sign		
		STOP		

Red triangle		Blue square	
Danger signs		Information signs	
		TAXIS	

Traffic Light Signs

Traffic lights for carsTraffic lights for pedestrianImage: Construction of the second second

 
 Yellow – carefull
 Red - Stop
 White or green – Cross/Walk
 EXERCISE 1:

### LINK THE TRAFIC SIGN TO ITS MEANING.



### CIRCLE THE RIGHT IMAGE TO COMPLETE THE SENTENCE.

We must cross the road only at the:



## EXERCISE 3:

### LABEL THE TRAFFIC LIGHT CORRECTLY. USE THE KEY WORDS.

Be careful	Go	Stop and wait	Go	Stop and wait
			×	



## READ THE SENTENCES AND COLOUR THE TRAFFIC LIGHTS CORRECTLY.

The car can pass.	Be careful. It will be red.	The car must stop. Pedestrian can pass.

## EXERCISE 5: Com

### CIRCLE THE RIGHT CHOICE TO COMPLETE THE SENTENCE.

The girl can / can't

cross the street,

because the traffic light is green / red

for pedestrians.





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TEACHING SCIENCE 2<sup>ND</sup> grade

### **TOPIC: MAPS**

**1/ The aim** – to learn map symbols, to learn how to gain basic information from a map.





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### 2/ Key words

River	
City	Brno
Capital city	Praha o
Border	A line which shows where countries meet, an outline of each country. It is usually a red dotted line on paper map.
Pond/Lake	
Mountains	

EXERCISE 1: DRAW A RIVER WITH A BLUE CRAYON.





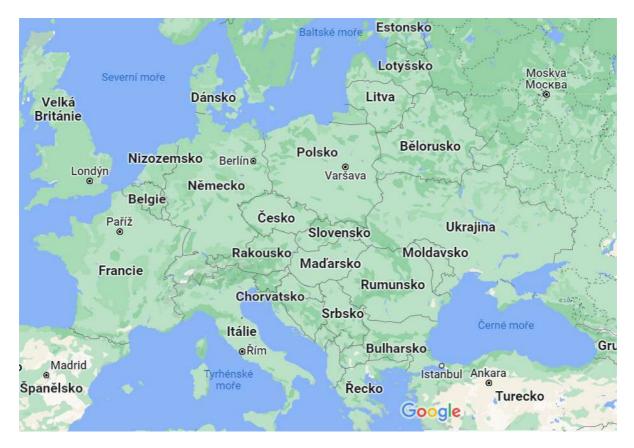


EXERCISE 3:

DRAW THE BORDER OF THE CZECH REPUBLIC WITH A RED CRAYON.



## EXERCISE 4: \_\_\_\_\_\_ UNDERLINE THE NAMES OF THE SEAS WITH A BLUE CRAYON.





## FIND AND CIRCLE MOUNTAINS (CALLED ALPY OR KARPATY) IN BROWN.



**Bonus Quest:** 

What color are the water bodies marked on the map?



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TEACHING SCIENCE 2<sup>ND</sup> grade

### **TOPIC: HUMAN BODY**

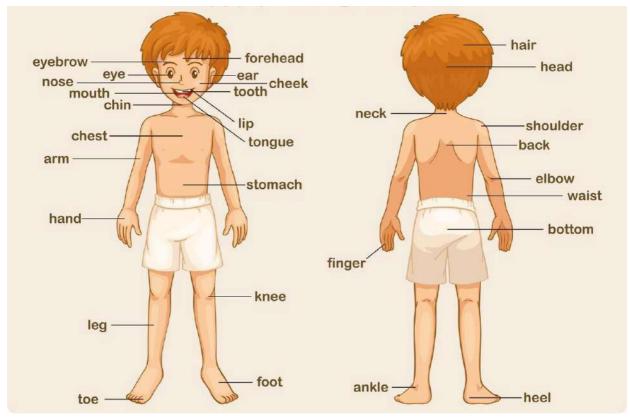
1/ The aim – to learn parts of the human body.





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### 2/ Key words



#### **HUMAN BODY**

### EXERCISE 1: \_\_\_\_\_

Underline words of human body parts.

	neck	knee	glove	e sho	bulder	chest	
sock	bottle	2	wrist		elbow	heel	tea
	television	ches	st a	ankle	meter	fingers	

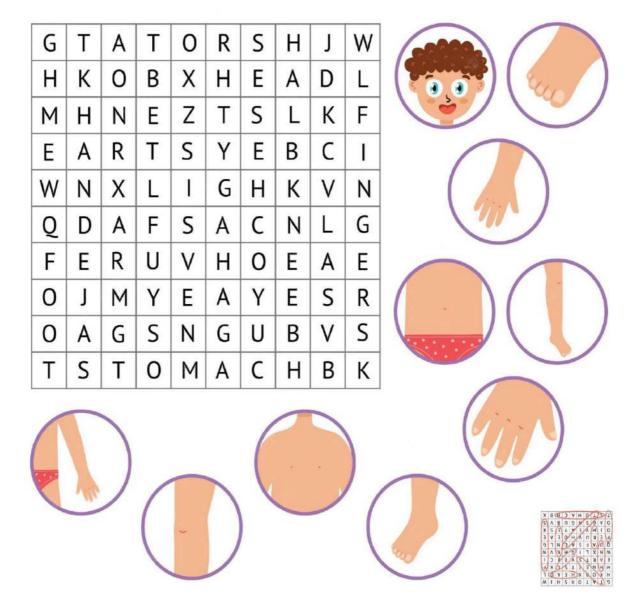
EXERCISE 2: , and and

Lie down on a large piece of wrapping paper and ask a friend to trace the outline of your body. Cut out the cards with parts of the human body and match them. Work with encyclopedia. Can you draw the face?

neck	leg	upper limb	head	a shoulder
chest	waist	stomach	elbow	bottom
fingers	knee	foot	heel	ankle

EXERCISE 3: and

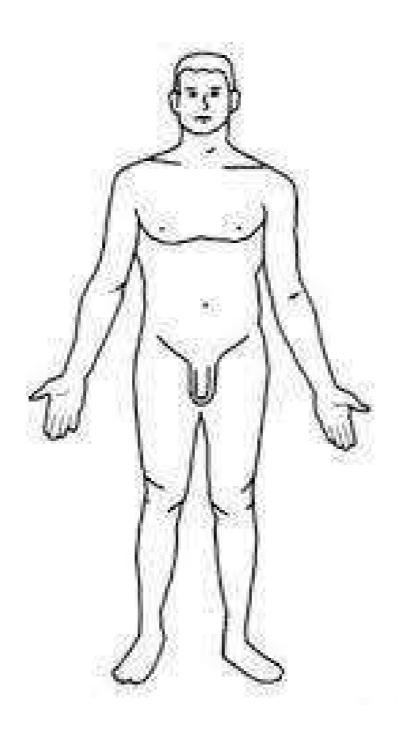
## FIND THE NAMES OF THE BODY PARTS IN THE WORD SEARCH AND MATCH THEM WITH THE PICTURES.



### Word Search Puzzle



COLOUR THE HEAD RED, THE KNEE BLACK, LEG BLUE, WRISTS YELLOW, THE NECK GREEN, THE SHOULDER PURPLE, THE STOMACH ORANGE.





### PLAY A GAME. DESCRIBE A PART OF HUMAN BODY TO A FRIEND. TAKE TURNS TRYING TO DESCRIBE AND GUESS AS MANY BODY PARTS AS YOU CAN THINK OF.

Example: It is a part of the foot. We have one on each foot. It is big. It's in the back. (a heel)



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### **TEACHING SCIENCE**

2<sup>ND</sup> grade

### **TOPIC: FIRST AID**

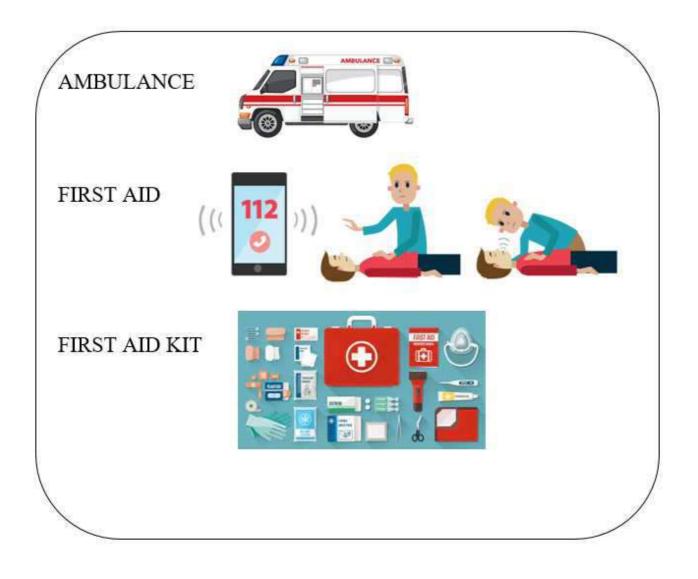
**1/ Aim of the lesson** – to know the ambulance number; to distinguish situations when we need to call an ambulance; to recognize objects from the first aid kit and its usage





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## 2/ Key words



EXERCISE 1:

FILL IN THE MISSING WORDS.

AID AMBULANC	CE ADULT	112
WHEN YOU WITNESS	AN INJURY	7.
1. SEEK AN	·	
2. HE/SHE WILL PROV	IDE FIRST	·
3. CALL AN		IF NECESSARY.
4. EMERGENCY TELEI	PHONE NUN	MBER IS

## EXERCISE 2: 💇 and 🗸

# DECIDE WHEN YOU NEED TO CALL AN AMBULANCE. TICK $\checkmark$ IF YES (CALL), CROSS X IF NO.

1.	BRUISE ON A HAND.	X
2.	INJURED PERSON IS NOT BREATHING.	
3.	STRONG BLEEDING FROM A LARGE WOUND.	
4.	ABRASIVE KNEE.	
5.	SMALL FINGER CUT BY KNIFE.	

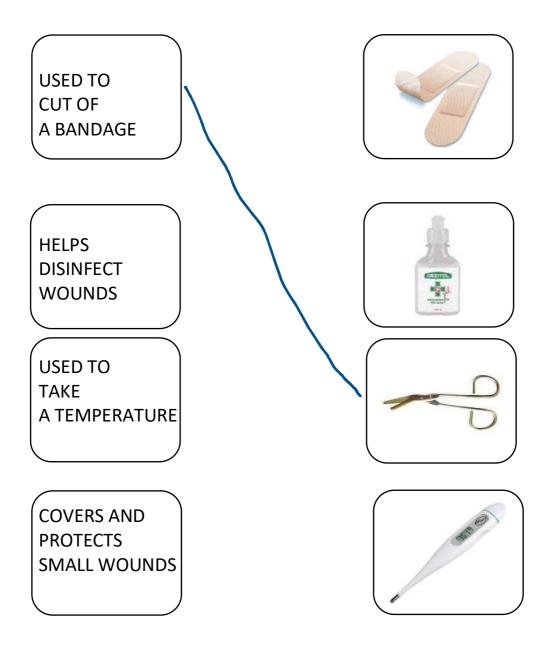


### CIRCLE WHAT BELONGS IN THE FIRST AID KIT.





#### **READ AND MATCH WITH PICTURES.**





FIND A WAY TO THE HOSPITAL. SAY WHAT YOU HAVE COLLECTED ON THE WAY.





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#### **TOPIC: WILD AND DOMESTIC ANIMALS**

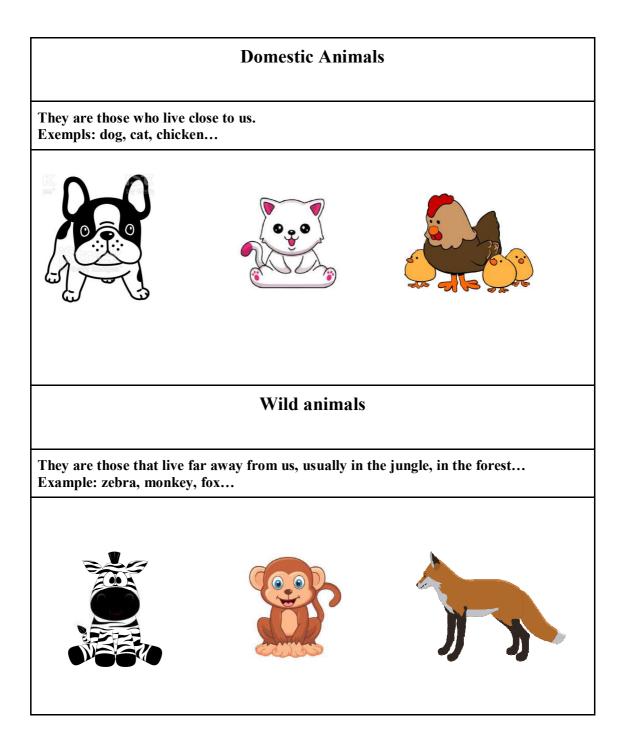
**1/ Aim of the lesson** – students should distinguish domestic animals from wild animals.





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#### 2/ Key words



# EXERCISE 1: Second and LINK ACCORDING TO THE EXAMPLE.







Domestic animals



Wild animals











#### LINK EACH ANIMAL TO THE PLACE WHERE IT LIVES.















EXERCISE 3:  $\square$  , and <

#### READ, COMPLETE AND DRAW.

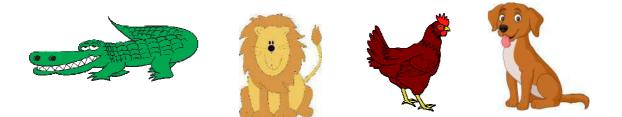
My favorite domestic animals is: \_\_\_\_\_

Draw your favorite domestic animal.



## READ THE SENTENCES. CUT OUT THE ANIMAL PICTURES AND PASTE THEM IN THE APPROPRIATE PLACE.

sentences	Animal pictures
It is a domestic animal and is man's best friend.	
It is a wild animal and it is the king of the jungle.	
It is a domestic animal that gives us eggs.	
It's a wild animal that crawls.	





#### READ, THINK AND MARK WITH " $\checkmark$ " THE TRUE SENTENCES.

a) Domestic animals are those that...

live alone.
live close to people.
live far away from people.

#### b) Select one of the places where domestic animals live:

jungle
farm
forest

#### c) The wild animals are those that...

are grown and fed by people.	
live together with people.	
do not live with people.	



### **CoTIC: Collaborative Teaching in the Inclusive Classroom**

/2021-1-BG01-KA220-SCH-000031633/

#### **TEACHING SCIENCE**

2<sup>ND</sup> grade

#### **TOPIC:** FOREST – CONIFEROUS AND BROADLEAVED TREES

**1/ The aim** – learn the parts of a tree and to distinguish between coniferous and deciduous trees.





Co-funded by the Erasmus+ Programme of the European Union 2/ Key words:



Forest

coniferous tree

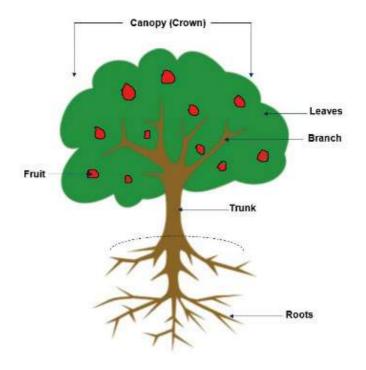




deciduous tree



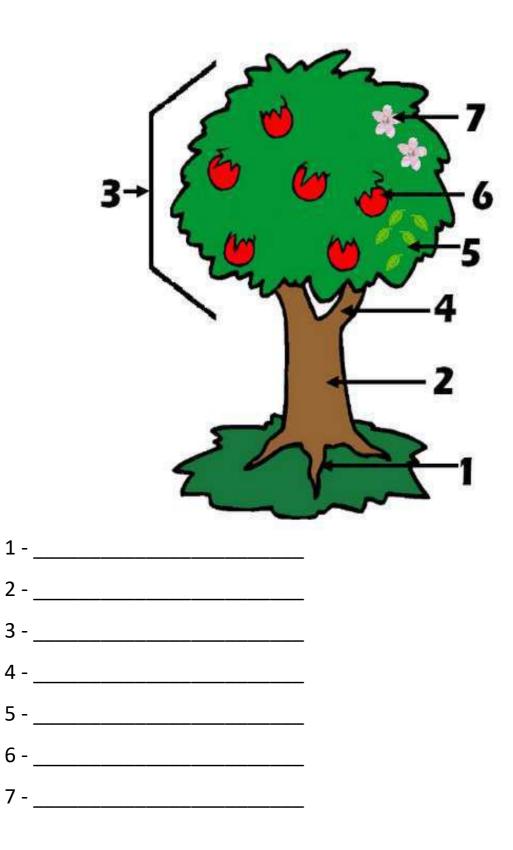
mixed forest



parts of the tree

EXERCISE 1:

WHAT DOES THE DECIDUOUS TREE HAVE? LOOK AT THE PICTURE AND WRITE THE NAMES OF THE TREE PARTS.





## A CONIFEROUS TREE HAS NEEDLES INSTEAD OF LEAVES. FIND THE CONIFEROUS STOMATA AND CIRCLE THEM.















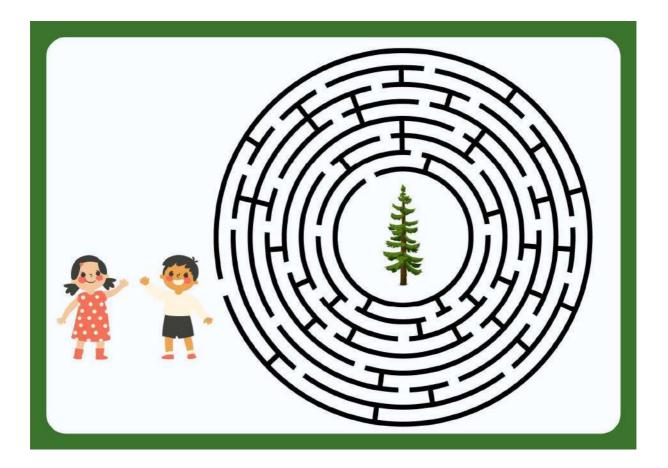
LOOK AT THE PICTURE AND CIRCLE  $\underline{\text{YES}}$  OR  $\underline{\text{NO}}$  ACCORDING TO THE TRUTH.





There is a tree with leaves on the right.	Yes	No
There is a tree with leaves on the left.	Yes	No
Both trees have needles.	Yes	No
Both trees have a trunk.	Yes	No

## 



EXERCISE 5: And And

#### THERE ARE THREE TYPES OF FOREST. DECIDUOUS, CONIFEROUS AND MIXED. CUT OUT THE NAMES AND MATCH THEM TO THE **CORRECT PICTURE.**

deciduous forest coniferous forest mixed forest









## **CoTIC: Collaborative Teaching in the Inclusive Classroom**

/2021-1-BG01-KA220-SCH-000031633/

#### **TEACHING SCIENCE**

### 2<sup>ND</sup> grade

#### **TOPIC: MAKING OBSERVATIONS IN NATURE**

#### 1/ Aim of the lesson:

Foster curiosity, develop observation skills, build vocabulary, learn about nature: panorama, animals, day and night, Earth, Moon and Sun.





2/ Key words

ANIMALS; DAY - SUN; NIGHT – MOON; HABITAT (the natural home or environment of an animal, plant, or other organism); LAND; WATER; STARS; RAINBOW; EARTH

3/ Box with definitions

Nature is everything around us, from the big sky and beautiful landscape to tiny creatures. The Earth rotates around itc axis, which makes the days and nights to follow each other. The Sun is a star that gives us light and warmth. The Moon is Earth's satellite and goes around our planet. EXERCISE 1: One and

LINK THE IMAGES OF THE ANIMALS TO THE PLACE THEY LIVE.











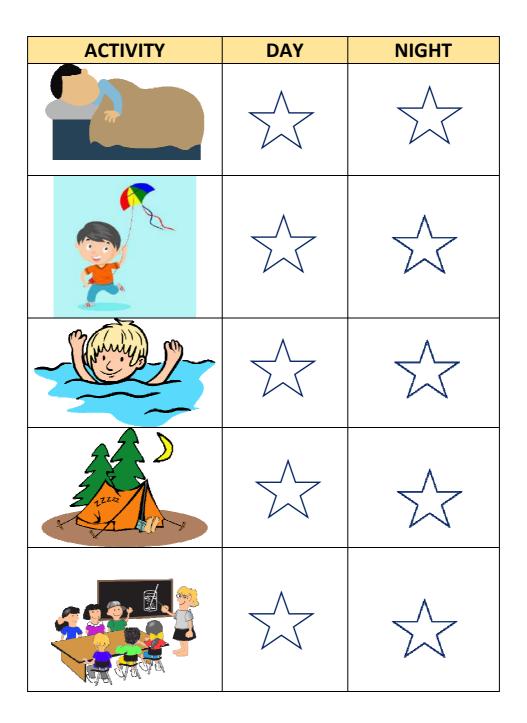






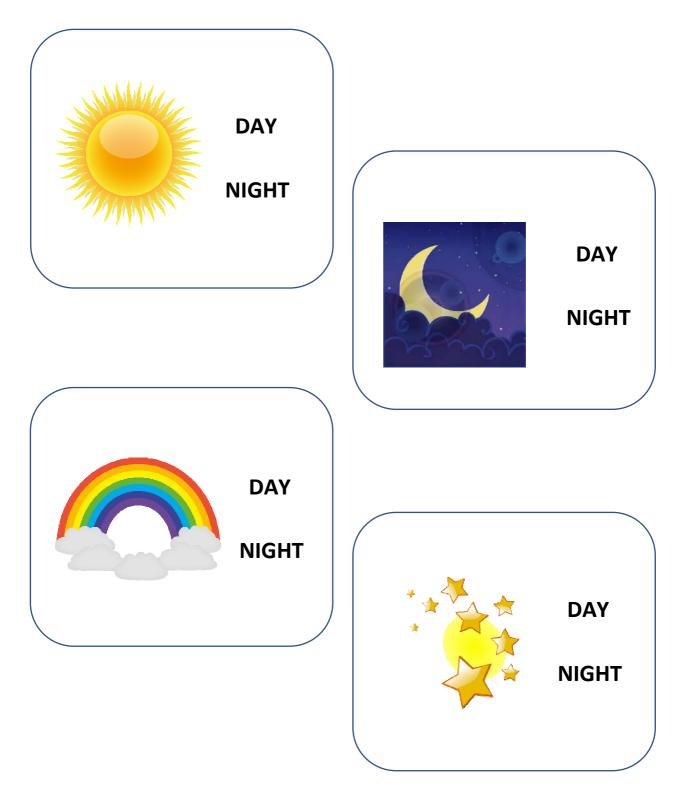


#### LOOK AT THE PICTURE. COLOUR THE RESPECTIVE STAR TO SHOW IF THE ACTIVITY USUALLY HAPPENS DURING THE DAY OR AT NIGHT.



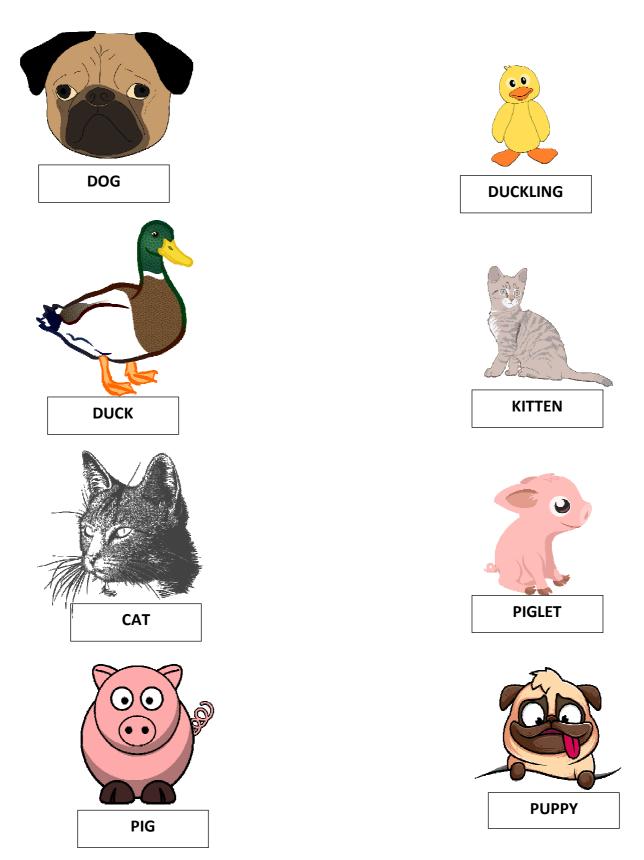


LOOK AT THE PICTURE, THINK ABOUT WHEN YOU CAN SEE IT AND CIRCLE THE CORRECT ANSWER.



## EXERCISE 4:

MATCH THE ANIMALS WITH THEIR LITTLE ONES.





LOOK AT THE PICTURE. READ THE SENTENCES AND FILL THE GAPS WITH THE CORRECT WORD.



## MORNING; EVENING; SUN; MOON; NOON

1. Every \_\_\_\_\_\_, the sun rises in the east.

- 2. At \_\_\_\_\_, the sun is high in the sky.
- 3. In the \_\_\_\_\_, the sun sets in the west.

4. At night, we cannot see the \_\_\_\_\_\_.

5. We see the \_\_\_\_\_ instead



## **CoTIC: Collaborative Teaching in the Inclusive Classroom**

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**TEACHING SCIENCE** 

2<sup>ND</sup> grade

### **TOPIC: SUBSTANCES AND MATERIALS**

**1/ Aim of the lesson:** To introduce students to different substances and materials, teaching new vocabulary.





WOOD; METAL; GLASS; PLASTIC; SOFT; HARD; TRANSPARENT; TRANSLUCENT; OPAQUE; MAGNETIC; NONMAGNETIC

3/ Box with definitions

Substances and materials are things we can touch and see around us. They can be different shape, size, color, and texture.



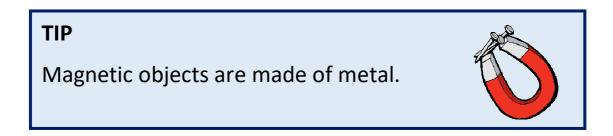
LOOK AT THE OBJECT, THINK AND SELECT THE CORRECT MATERIAL.

OBJECT	WOOD	PLASTIC	GLASS	METAL



LOOK AT THE OBJECT, THINK AND CIRCLE THE CORRECT ANSWER.





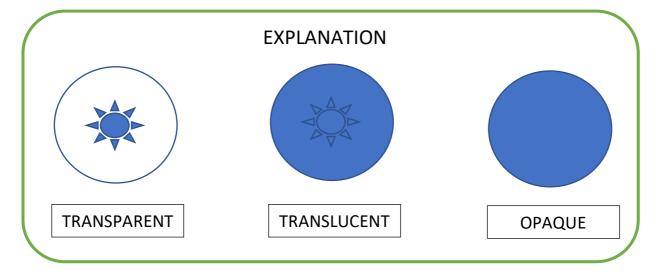


LOOK AT THE OBJECTS, IDENTIFY AND COLOUR THE RESPECTIVE STAR.

OBJECTS	MAGNETIC	NONMAGNETIC
	$\sum_{i=1}^{n}$	$\sim$
	$\sum_{i=1}^{i}$	$\sum_{i=1}^{n}$
	$\sum_{i=1}^{n}$	$\sum_{i=1}^{n}$
<b>CIBI</b>		$\sum_{i=1}^{n}$
	$\sum_{i=1}^{N}$	$\sum_{i=1}^{N}$
	$\sum_{i=1}^{n}$	$\sum_{i=1}^{n}$



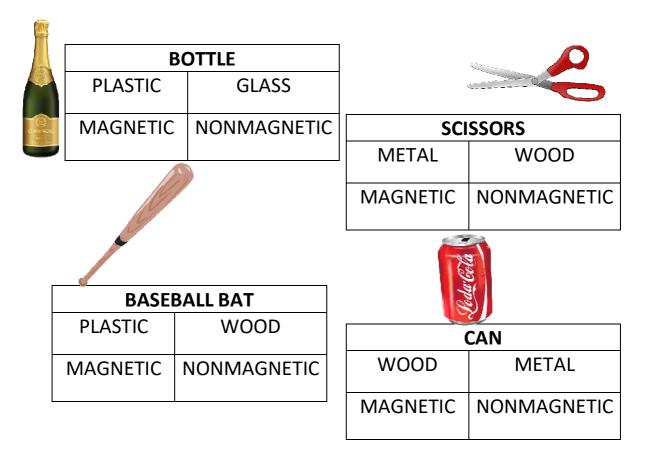
LOOK AT THE OBJECT, THINK AND SELECT THE CORRECT OPTION.



OBJECT	TRANSPARENT	TRANSLUCENT	OPAQUE
$\overline{\mathcal{O}}$			



LOOK AT THE OBJECT, THINK ABOUT THE MATERIAL AND COLOUR TWO OPTIONS.





## **CoTIC: Collaborative Teaching in the Inclusive Classroom**

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**TEACHING SCIENCE** 

2<sup>ND</sup> grade

## **TOPIC: SOUND**

**1/ Aim of the lesson** - to introduce the concept of sound, how it's produced, travels, and heard. Teach different types of sounds and provide examples through engaging exercises.





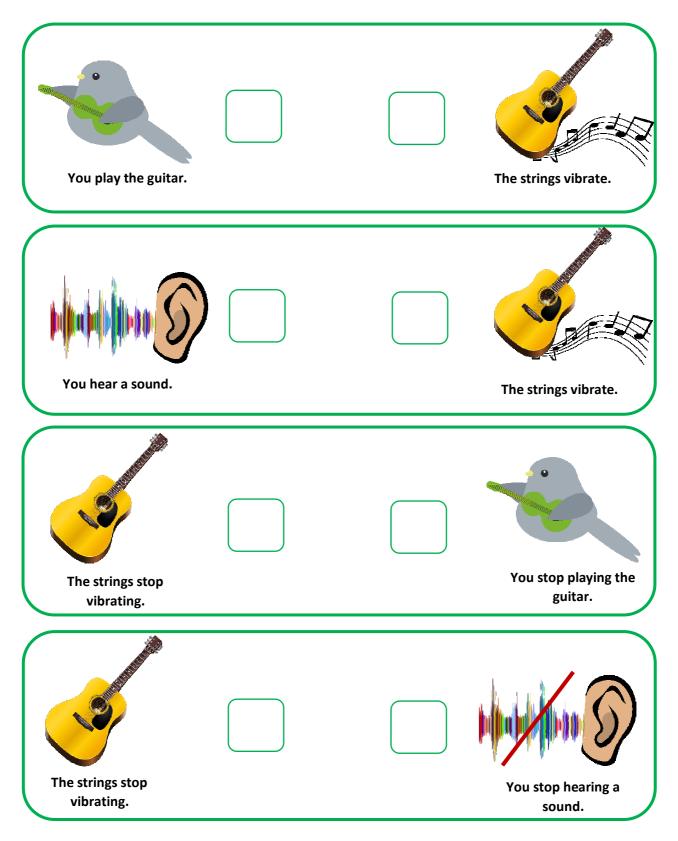
## Sound; Energy; Waves; Loud/Soft; High/Low; Musical instruments; Animal sound; Environmental sounds.

3/ Box with definitions

Sound is a type of energy that we can hear with our ears. It is created when something vibrates or moves back and forth quickly. Sound travels through the air in waves and can be loud or soft, high or low

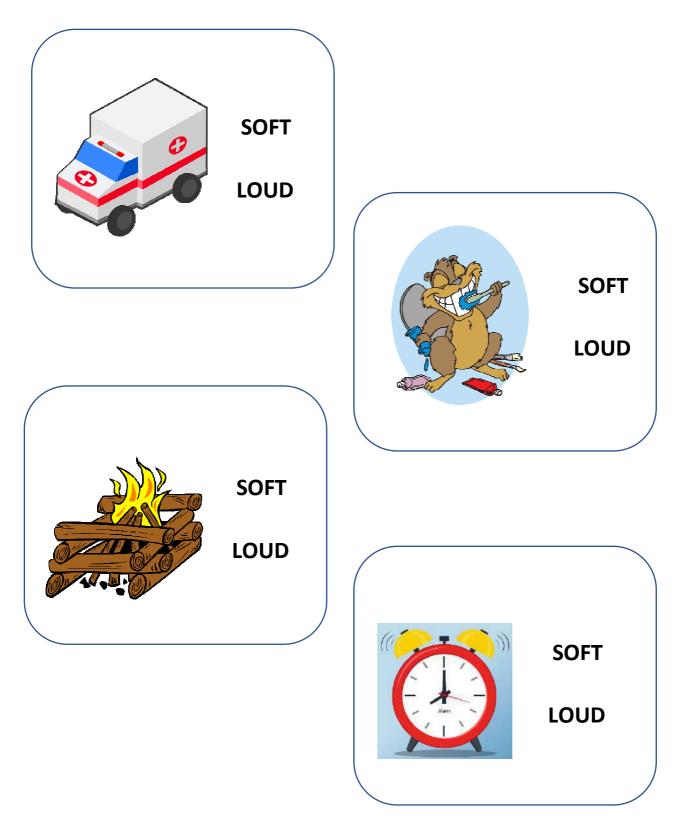


LOOK AT THE PICTURES, THINK AND WRITE THE NUMBERS 1 OR 2 IN THE BOXES: 1 – FOR WHAT GOES FIRST, AND 2 – FOR WHAT GOES SECOND.





LOOK AT THE OBJECT, THINK ABOUT THE SOUND IT MAKES AND CIRCLE THE CORRECT ANSWER.



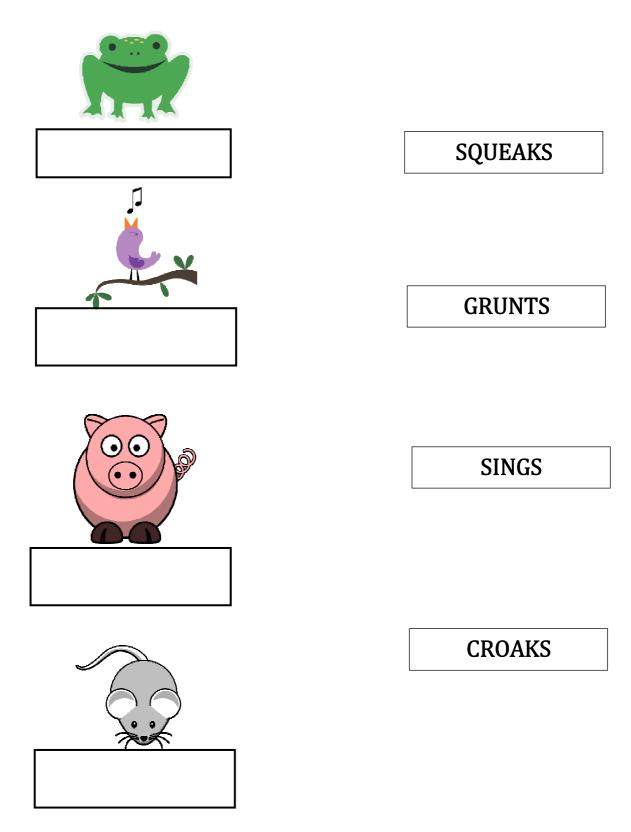


## LOOK AT THE PICTURE, IDENTIFY THE SOUND AND COLOUR THE RESPECTIVE STAR.

PICTURES	MUSICAL	ANIMAL	ENVIRONMENT
		$\sum$	$\sim$
		$\sum_{i=1}^{n}$	$\sum_{i=1}^{n}$
	X	$\sum_{i=1}^{n}$	X
	$\sum_{i=1}^{i}$	$\sum_{i=1}^{n}$	$\mathcal{M}$
	$\sum_{i=1}^{n}$	$\sum_{i=1}^{n}$	$\sum$
	$\sum_{i=1}^{n}$	$\sim$	$\sum_{i=1}^{n}$



LOOK AT THE IMAGE, THINK, WRITE THE NAME OF THE ANIMAL AND LINK IT TO THE SOUND IT PRODUCES.





LOOK AT THE IMAGES, THINK AND CIRCLE THE OBJECTS THAT MAKE SOUND.















# **CoTIC: Collaborative Teaching in the Inclusive Classroom**

/2021-1-BG01-KA220-SCH-000031633/

**TEACHING SCIENCE** 

2<sup>ND</sup> grade

# **TOPIC: MOVEMENT**

# 1/ Aim of the lesson:

To instruct on the fundamentals of movement, including topics such as speed, direction, and the movements of air.





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# SPEED; FAST; SLOW; WIND; DIRECTION; AIR; NORTH; SOUTH; EAST; WEST;FLYING; SWIMMING; GROUND; WATER; WALKING.

# 3/ Box with definitions

Movement is when something changes its position. It can be fast or slow, go up or down, left, or right, or even in circles. Air can also move and make things like leaves or hair move too. We can move our bodies by running, jumping, dancing, and more!

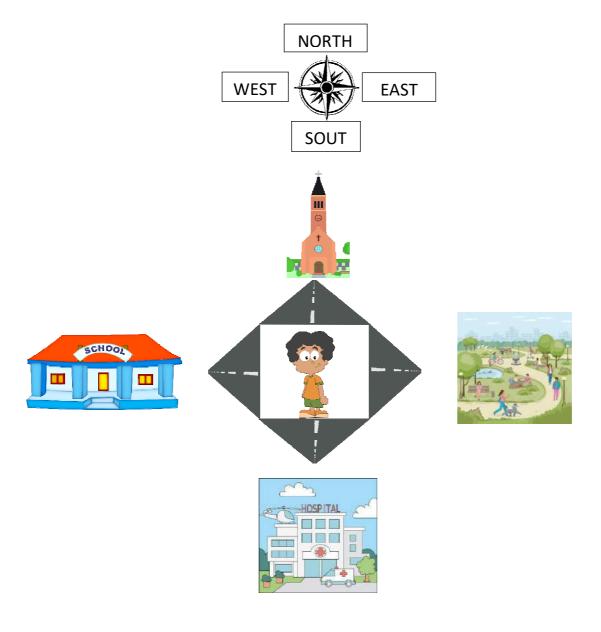


# LOOK AT THE ANIMAL, THINK AND SELECT THE CORRECT ANSWER: IF THEY ARE FAST OR SLOW.

ANIMAL	FAST	SLOW



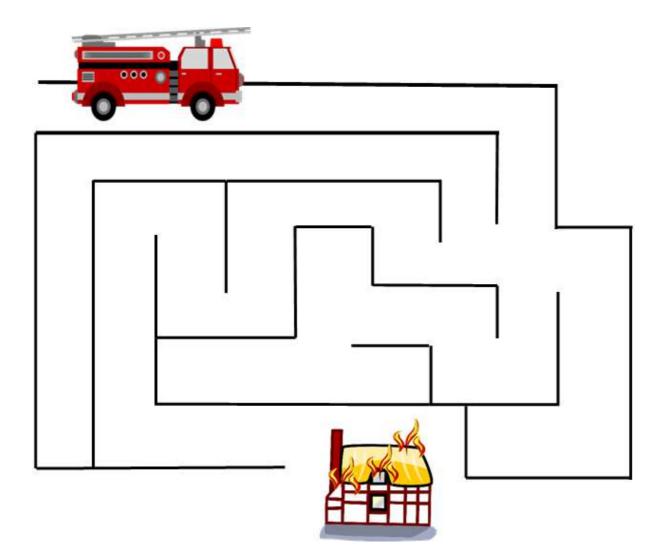
#### LOOK, THINK AND WRITE THE ANSWER.



- **1.** To go to the CHURCH the boy needs to walk to the \_\_\_\_\_\_.
- **2.** To go to the PARK the boy needs to walk to the \_\_\_\_\_\_.
- **3.** To go to the HOSPITAL the boy needs to walk to the \_\_\_\_\_\_.
- **4.** To go to the SCHOOL the boy needs to walk to the \_\_\_\_\_\_.



LOOK, THINK AND FIND THE WAY FOR THE FIRETRUCK.





# LOOK AT THE PICTURES, THINK AND COLOUR THE CORRECT STAR.

OBJECT/ANIMAL	AIR/FLYING	GROUND/WALKING	WATER/SWIMMING
	$\sum$	$\sum$	$\sim$
	$\sum_{i=1}^{n}$		
		$\sim$	$\sim$
	$\sum$		
	$\sum$	$\sim$	$\sum_{i=1}^{n}$



READ, THINK AND CIRCLE THE CORRECT ANSWER (TRUE OR FALSE).

1. Air can be seen.	TRUE	FALSE
2. Wind is moving air.	TRUE	FALSE

3. Wind can move the leaves of the trees.



4. Big waves occur because of strong wind.

FALSE

**5.** Clothe dry faster when there is wind warm/hot.







# **CoTIC: Collaborative Teaching in the Inclusive Classroom**

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**TEACHING SCIENCE** 

2<sup>ND</sup> grade

# **TOPIC: SEASONS**

**1/ Aim of the lesson** – to learn about seasons and changes in the nature





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# 2/ Key words





LOOK AT THE PICTURE, LINK IT WITH THE NAME OF THE SEASON AND COLOUR FOLLOWING THE INSTRUCTIONS.

Colour the name of

this season in green.



Colour the name of

this season in blue.



Colour the name of

this season in red.



Colour the name of this season in yellow.



r S

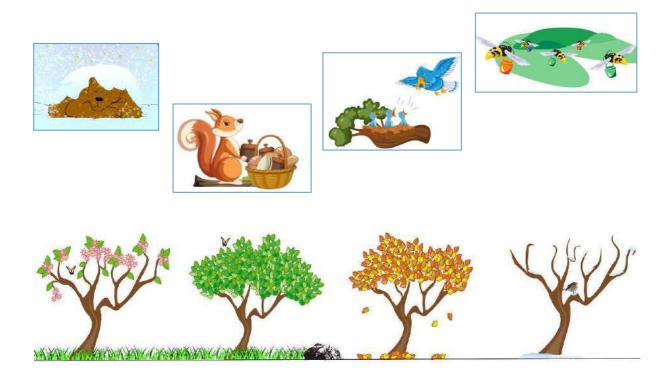
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LOOK AT THE PICTURES AND LINK THE CHANGES IN THE TREES WITH WHAT ANIMALS DO IN EACH SEASON.





CUT THE PICTURES. THINK HOW THEY ARE RELATED TO THE SEASONS AND STICK THEM INTO THE CORRECT FIELD.



SPRING	SUMMER
AUTUMN	WINTER



#### **READ THE SENTENCES AND PUT A TICK IF THEY ARE TRUE.**

1. In autumn there are often fogs.	
2. In winter the days are short.	
3. Birds return from the south in late summer.	
4. February is the first month of spring.	
5. There are four seasons in our country.	
6. In spring, the leaves of the trees turn yellow and fall off.	



READ THE SENTENCES. THINK AND FILL THE GAPS WITH THE NAME OF THE CORRECT SEASON.





# **CoTIC: Collaborative Teaching in the Inclusive Classroom**

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**TEACHING SCIENCE** 

2<sup>ND</sup> grade

#### WORKSHEET

#### **TOPIC: ME AND MY CLASSMATES**

**1/ Aim of the lesson** - tell about one's classmates using a model; familiarize with different character traits to express one's attitude.





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#### WHO CAN BE YOUR CLASSMATES? CIRCLE.

DOG, DRESS, JOHN, EXERCISE BOOK, SHOVEL, CANDLE,

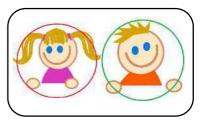
ANNE, CATHERINE, PETER, BOOT, MARC, ROSE, HEAD,

ANDIE.



CIRCLE THE GIRLS' NAMES IN RED AND THE BOYS' NAMES IN GREEN.

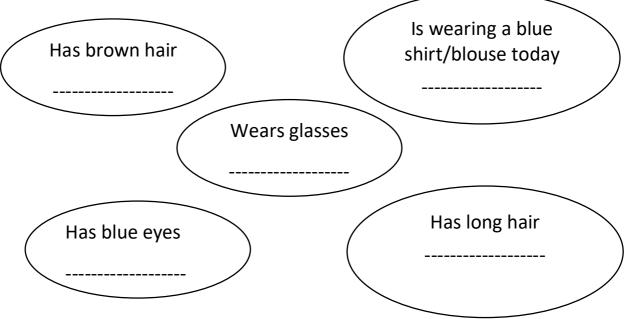
AMELIA WILLIAM EMMA PETER ELISABETH JAMES DIANA OLIVIA LUCAS SOPHIA OLIVER ROSE







WRITE THE NAME OF A CLASSMATE WHO MATCHES THE DESCRIPTION. It is possible that none of your classmates matches the description; in this case, write "-".





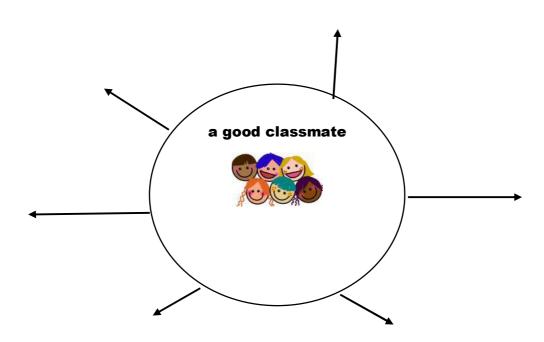


#### WHAT IS A GOOD CLASSMATE? ADD YOUR OWN ADJECTIVES.

# Adjectives:

Friendly, stingy, careless, cheerful, tidy, diligent, angry, sloppy,

generous, helpful, understanding, responsive, nasty, funny.





**READ AND COLOUR.** 

THEN WRITE A DESCRIPTION OF ONE OF YOUR CLASSMATES. READ THE DESCRIPTION TO YOUR CLASS WITHOUT MENTIONING THE NAME OF THE PERSON DESCRIBED. LET YOUR CLASS GUESS WHO IS THE PERSON DESCRIBED.

This is Bill. He is my classmate. Bill's

hair is brown. The boy's eyes are

green. Bill likes to wear blue socks.

Today he is wearing black shorts.

Bill's shirt is red with black stripes.







# **CoTIC: Collaborative Teaching in the Inclusive Classroom**

#### /2021-1-BG01-KA220-SCH-000031633/

**TEACHING SCIENCE** 

2<sup>ND</sup> grade

#### **TOPIC: RULES IN SOCIETY**

**1/ Aim of the lesson** – to learn the rules of good behaviour – at home, at school, in the society; to learn and use the "magic words".





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EXERCISE 1: 💇 ,

, .... and 🗲

LOOK AT THE PICTURE AND TELL WHAT THESE KIDS ARE DOING.



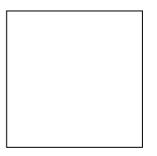




# HOW DO YOU HELP AT HOME? WHAT ARE YOUR CHORES? /List three/



YOUR PARENTS FEEL WHEN YOU HELP AT HOME.





LOOK AT THE PICTURES AND CIRCLE THOSE THAT SHOW THE APPROPRIATE BEHAVIOUR IN THE SOCIETY.







IN TWO OF THE PICTURES CHILDREN DON'T BEHAVE APPROPRATELY. THINK AND WRITE HOW SHOULD THE KIDS BEHAIVE?



READ THE SENTENCES, THINK AND MARK IF YOU THINK THEY SHOW GOOD MANNERS.

I don't interrupt other people when they are talking.
I laugh if one of my classmates makes a mistake.
My room is always messy if Mom doesn't tidy it up.
I often help my little brother.
I always respect my friends' opinion.

I don't always say hello to the neighbours.

I relinquish my seat to the old people in the bus.

When Mom and I go shopping, I help her carry the bags.

At the school cafeteria, I always go to the front of the line.

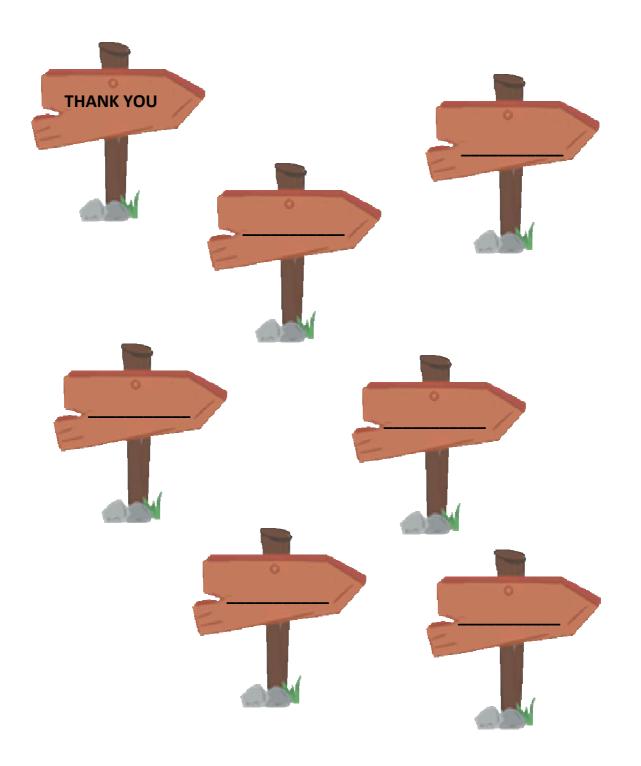


SECOND GRADE STUDENTS HAVE WRITTEN A FEW RULES FOR BEHAVIOR AT SCHOOL, BUT HAVE LEFT OUT A FEW WORDS. HELP THEM AND FILL IN THE BLANKS.

	attentively, workplace, help,
	following, on time, respect
To I	istenin class and not disturb others.
Tot	treat our classmates withand consideration.
- То   	play together bythe rules.
То.	and support each other.
To a	always arrive at school
To l	keep our



"A GOOD WORD COSTS NOTHING, BUT MEANS A LOT" PEOPLE SAY. HOW MANY "MAGIC" WORDS DO YOU KNOW? THINK AND WRITE AT LEAST THREE MORE.







# **CoTIC: Collaborative Teaching in the Inclusive Classroom**

#### /2021-1-BG01-KA220-SCH-000031633/

**TEACHING SCIENCE** 

2<sup>ND</sup> grade

# **TOPIC: SETTLEMENTS**

**1/ Aim of the lesson** – to learn the differences between cities and villages and the people's way of life.





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# 2/ Key words

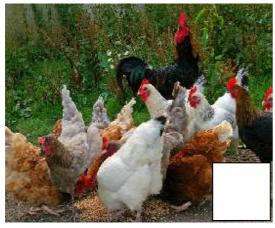


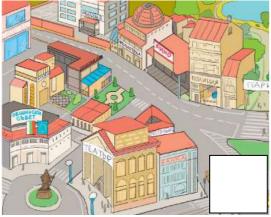
EXERCISE 1: Stand and

LOOK AT THE PICTURES AND WRITE IN THE SQUARE 1-FOR CITY, OR 2-FOR VILLAGE.



















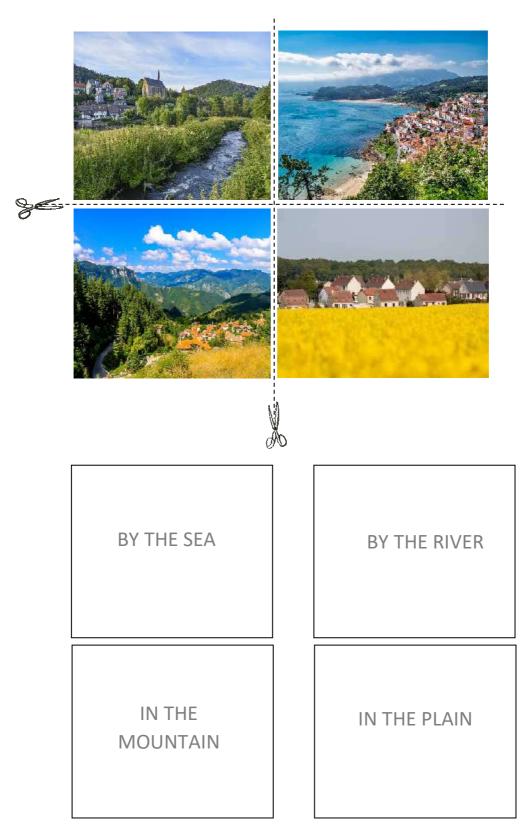
# READ THE WORDS, THINK AND WRITE THEM IN THE CORRECT COLUMN: ARE THEY RELATED TO A CITY OR A VILLAGE?

high buildings; houses with courtyards; wide streets; many public buildings; fields and orchards; large parks; many vehicles; domestic animals; farm houses; traffic jams; pollution; growing fruit and vegetables; fresh air

VILLAGE	CITY
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.



#### CUT THE PICTURES AND STICK THEM IN THE CORRECT FIELD.





LOOK AT THE PICTURES, THINK ABOUT THEM AND COLOUR THE STARS: GREEN - FOR PROFESSIONS MAINLY RELATED TO THE VILLAGE; ORANGE - FOR PROFESSIONS MAINLY RELATED TO THE CITY.





#### READ THE SENTENCES AND PUT A TICK IF THEY ARE TRUE.

- 1. In our village people live in skyscrapers.
- 2. Every morning in the capital city there are traffic jams.
- **3.** Everywhere in the city there are lots of cows and goats.
- 4. In the villages it is quiet and peaceful.
- 5. In the city there are more schools than in the village.
- 6. The air in big cities is always fresh.
- 7. Both in the city and in the village children love to play.
- 8. Many people who live in villages work in nearby cities.



# **CoTIC: Collaborative Teaching in the Inclusive Classroom**

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**TEACHING SCIENCE** 

2<sup>ND</sup> grade

#### **TOPIC: PEOPLE'S PROFESSIONS**

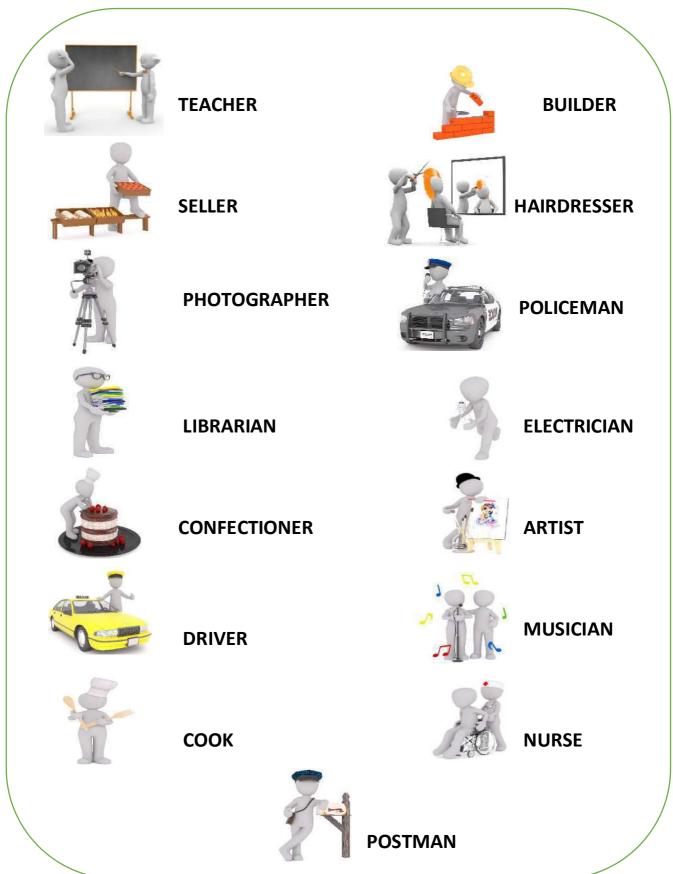
**1/ Aim of the lesson** – to recognize different professions, name the duties and tools of representatives of different professions, write the names of professions correctly.





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# 2/ Key words





PHOTOGRAPHER

SELLER

DRIVER

CONFECTIONER

LIBRARIAN

TEACHER







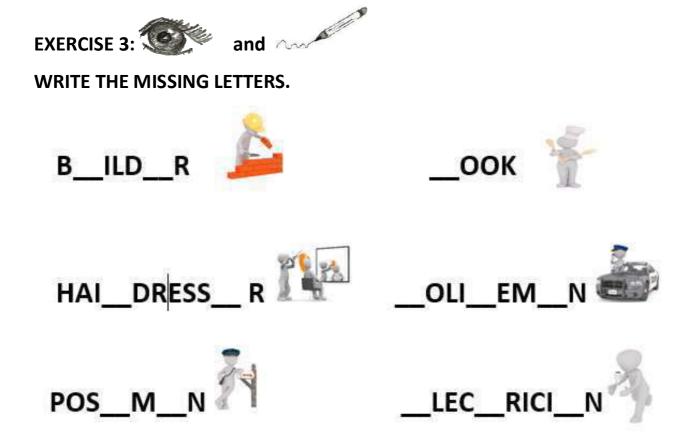




# EXERCISE 2: Contraction and Contraction

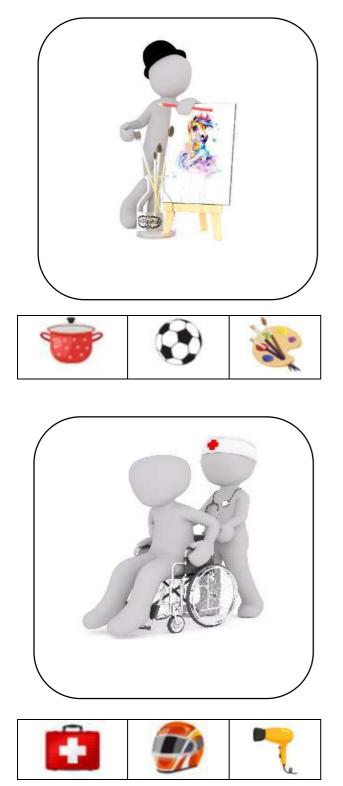
FIND AND COLOUR PROFESSIONS (policeman, teacher, cook, builder, hairdresser, musician, electrician, artist).

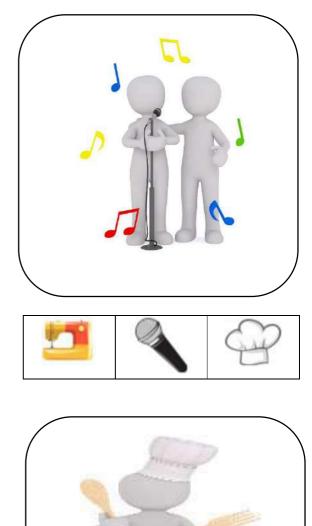
Α	K	Τ	Ε	A	С	Η	Ε	R	J	S	L	R
Ρ	0	L		С	Ε	Μ	Α	Ν	L	0	Ν	Α
Α	Α	Ρ	Κ	С	0	0	Κ	R	S	D	0	R
R	L	Μ	U	S		С	I	Α	Ν	Ν	Μ	Т
I	В	U		L	D	Ε	R	Ε	S	Α	J	I
S	Η	Α		R	D	R	Ε	S	S	Ε	R	S
Τ	Ε	L	Ε	С	Τ	R		С		Α	Ν	Т



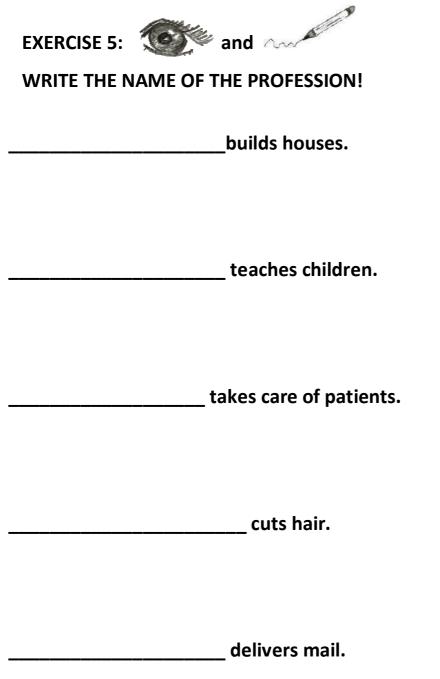


CHOOSE THE NECESSARY TOOL FOR EACH PROFESSION AND LINK.





















### **CoTIC: Collaborative Teaching in the Inclusive Classroom**

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#### **TEACHING SCIENCE**

### 2<sup>ND</sup> grade

#### **TOPIC: MEANS OF TRANSPORT**

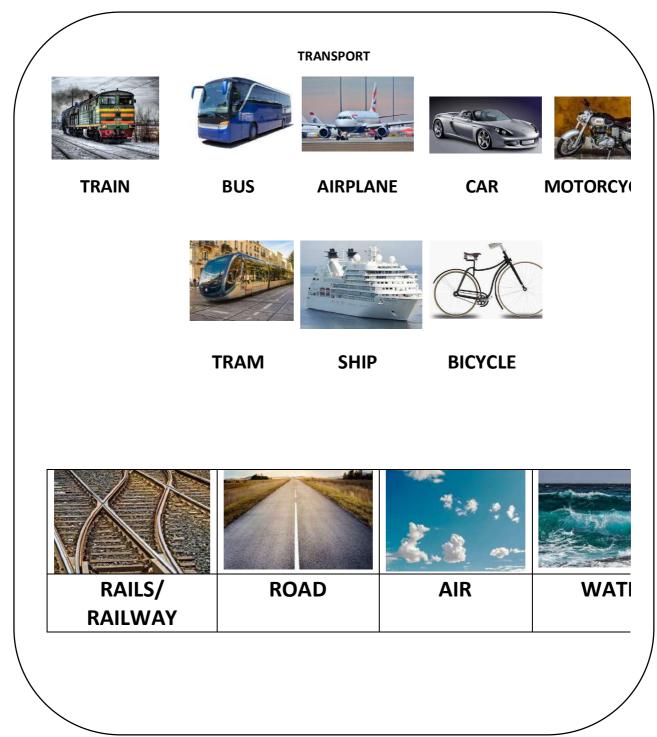
**1/ Aim of the lesson** – Name the means of transport, group them; know the rules to be followed in public transport.





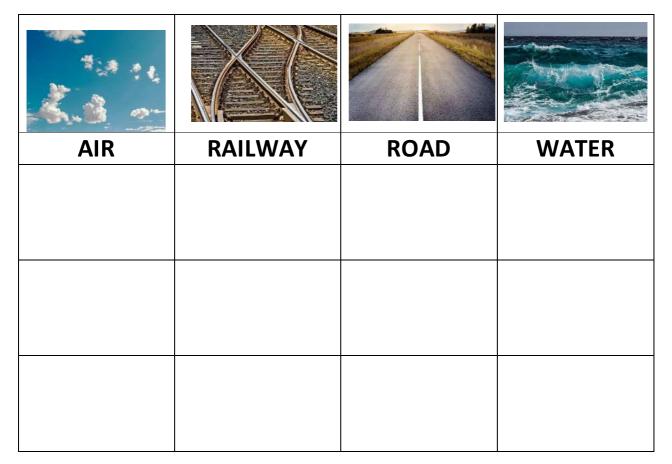
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## EXERCISE 1: And and

## GROUP THE MEANS OF TRANSPORT. CUT THEM AND GLUE INTO THE TABLE.

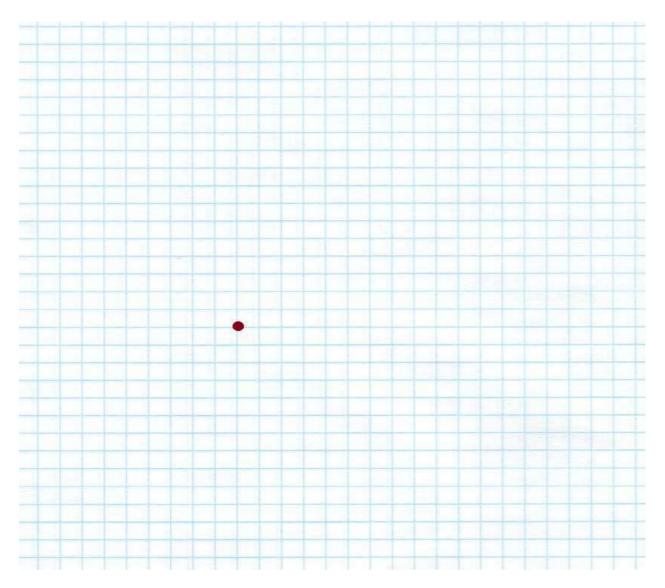






### FOLLOW THE ARROWS AND DRAW! WHAT DID YOU DRAW? EXPLAIN! WHY AND WHERE DO PEOPLE USUALLY USE THIS MEANS OF TRANSPORT?

1)	1	->	1	2	1	¥	1	~	2		1	*	1	1	1	
2)	1		3	1	1	~	1	~	1	*	1	1	1	1	1	
3)	2		9		3	ł	1	/	2	ł	1	/	10	-	3	~
4)	1	1	2	~	1	1	2	~	7		1	1	2		2	1
5)	2		3	t	3		3	Ŧ	2		2	Ŧ	2		3	ŧ





READ THE SENTENCES AND LINK THEM TO THE RESPECTIVE IMAGE.

It has four wheels and can carry up to five people.

It runs on rails.

It is the fastest means of transport.

It carries cargo and passengers by water.

It has two wheels, you can also drive it.





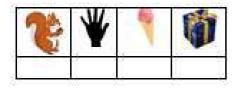


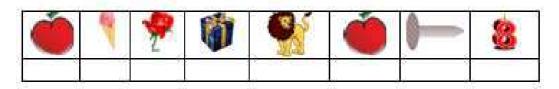


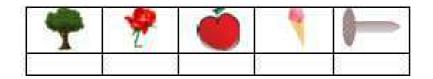




### DECODE THE NAME OF THE MEANS OF TRANSPORT!

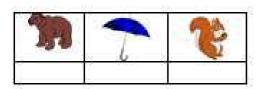








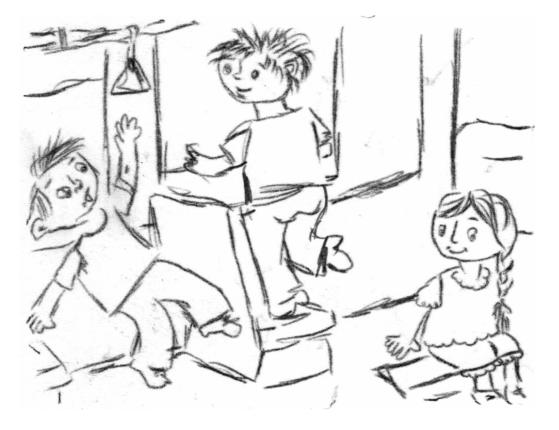
30	(a)		<b>%</b>	8
		[ii		





USE **RED** COLOUR TO COLOUR THE SENTENCES WHAT MUST NOT BE DONE IN PUBLIC TRANSPORT, THEN COLOUR IN GREEN WHAT CAN BE DONE! LOOK AT THE PICTURE BELOW AND COLOUR THE THINGS THAT <u>SHOULD</u> BE DONE ON A BUS.

- Climb with your feet on the seat.
- When the bus is not moving, walk in it.
- Disturb the driver.
- Fasten your seatbelt in the car.
- Listen to loud music on the train.
- ✤ Leave trash.





### **CoTIC: Collaborative Teaching in the Inclusive Classroom**

#### /2021-1-BG01-KA220-SCH-000031633/

**TEACHING SCIENCE** 

2<sup>ND</sup> grade

#### TOPIC: THE LANDMARKS OF MY COUNTRY AND CITY

**1/ Aim of the lesson:** learn to find and show your region/county and city on the map. Learn to describe the symbols of your county or city, as well as the most notable places, and tell about your hometown.





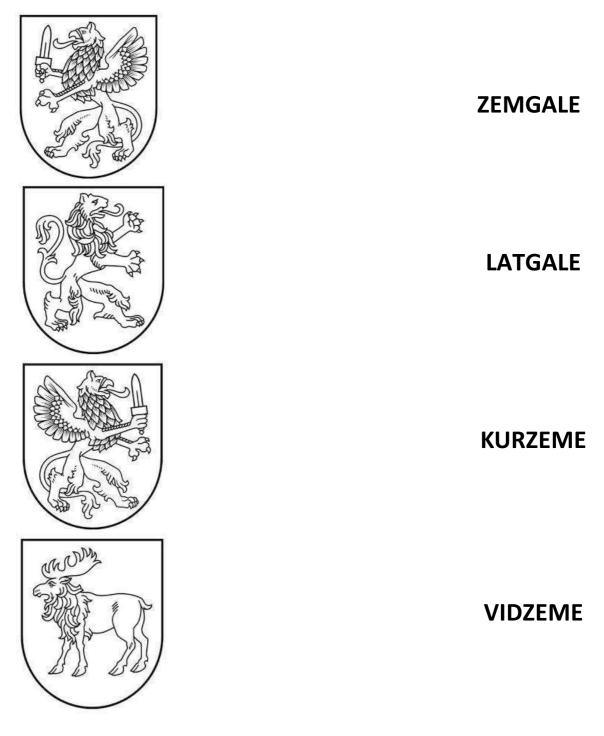
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#### 2/Key words



and Or EXERCISE 1: 5

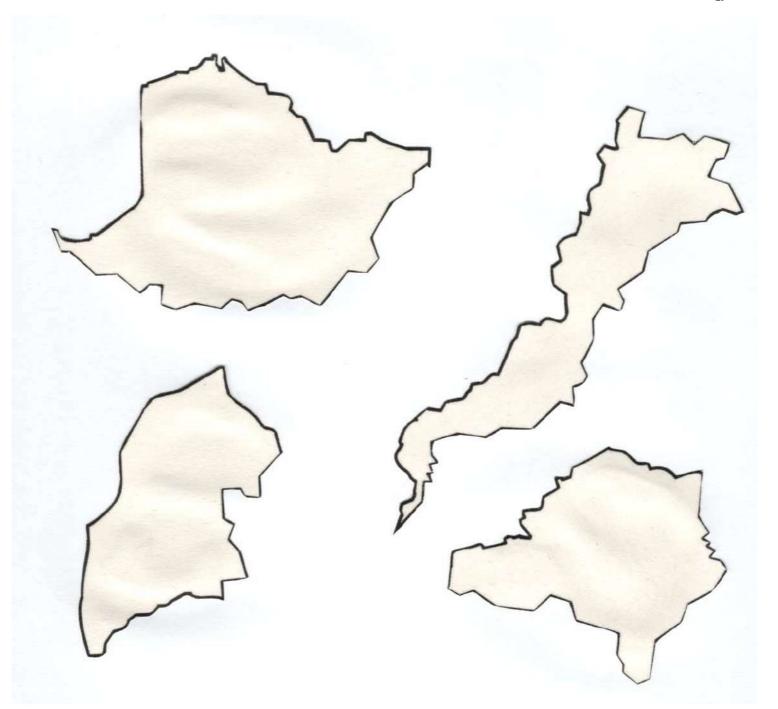
LINK THE COAT OF ARMS WITH THE NAME OF THE RESPECTIVE REGION. COLOUR IT ACCORDINGLY!





CUT THE PEACES AND GLUE THEM ON A SEPARATE SHEET OF PAPER TO MAKE THE SHAPE OF LATVIA.







#### LOOK AT THE MAP OF LATVIA AND FINISH THE SENTENCES.



\_\_\_\_\_/ \_\_\_\_\_/

- There are \_\_\_\_\_ (how many?) historical regions in Latvia.
- The names of these regions are the following: \_\_\_\_\_\_

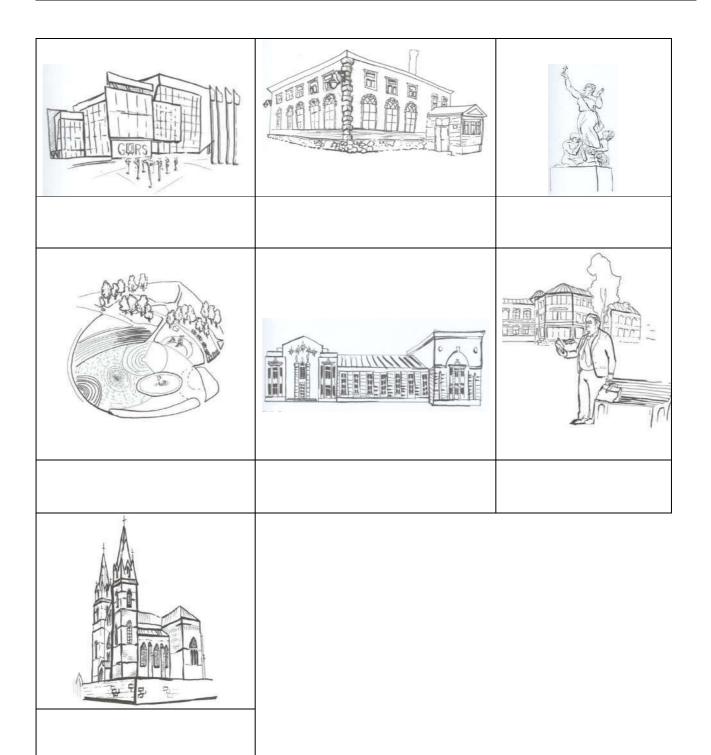
My native region is \_\_\_\_\_\_.

Riga, the capital city of Latvia, is located in \_\_\_\_\_\_.



### WRITE WHAT OBJECTS YOU SEE BELOW.

Church	Monument	Concert	Park	House of	Museum	Synagogue
		hall		Culture		

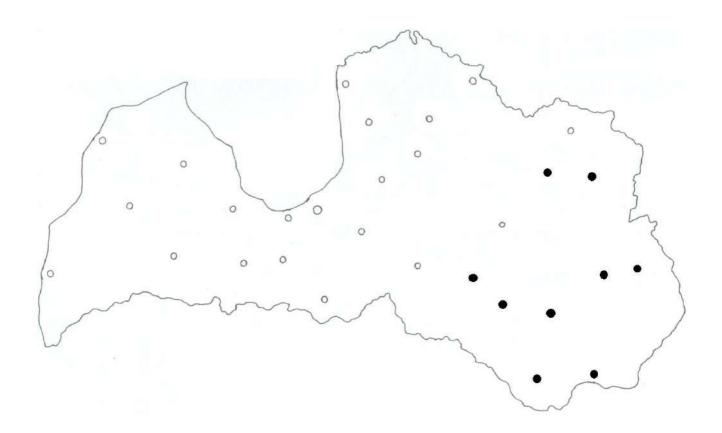


Images by: "Ieskats Rēzeknes vēsturē" izglītojoši krāsojamā grāmata bērniem



WRITE THE NAMES OF THE CITIES IN THE MAP. LATER COLOUR THE MAP.

Daugavpils, Rēzekne, Jēkabpils, Līvāni, Preiļi, Ludza, Aglona, Gulbene, Balvi







### **CoTIC: Collaborative Teaching in the Inclusive Classroom**

#### /2021-1-BG01-KA220-SCH-000031633/

### **TEACHING SCIENCE**

### 2<sup>ND</sup> grade

### **TOPIC: NATURAL DISASTERS**

**1/ Aim of the lesson** – to learn what natural disasters are and what pupils need to do in case of a natural disaster.



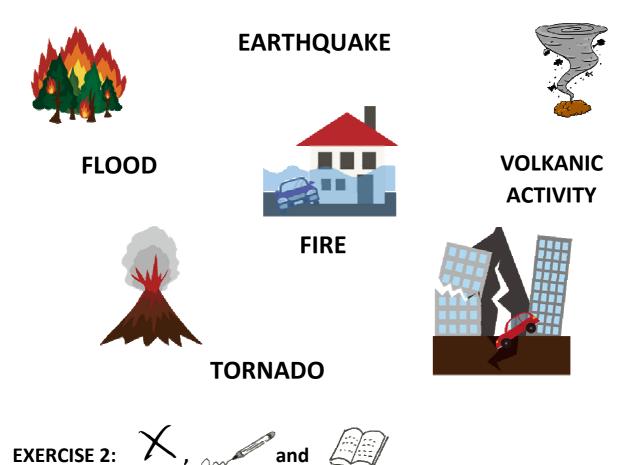


Co-funded by the Erasmus+ Programme of the European Union 2/ Key words



EXERCISE 1: 💇 and

LOOK AT THE PICTURE AND LINK WITH THE NAME OF THE NATURAL DISASTER.

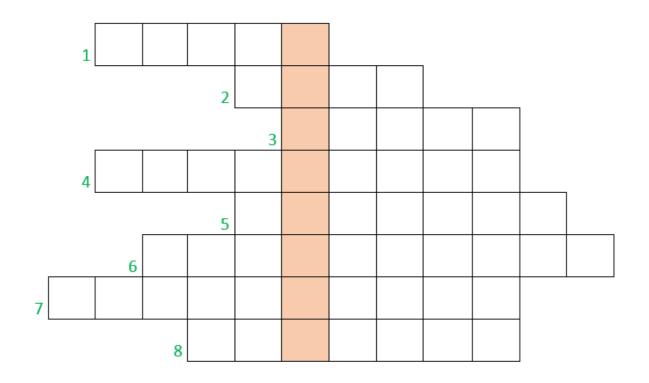


CROSS OUT ALL THE LETTERS **F**, THEN WRITE DOWN THE REST AND READ THE SENTENCE ABOUT WHAT NATURAL DISASTER IS.

FNFFFAFTUFFFFRFAFFLDFIFFSFAFFFSTFFEFRFISFFCAFUFFSFEDFBYFF AFNFFEFXFTRFFEMFENAFFFTFURFAFLAFCFFTFFIVFITFFFYF



**READ. THINK AND FILL THE CROSSWORD.** 



- 1. We should get to the highest possible place in case of....
- 2. We should leave the building immediately in case of ...
- 3. Strong elemental wind accompanied by rain or snow....
- 4. A mass of snow, ice, and rocks falling rapidly down a mountainside.
- 5. Giant waves caused by earthquakes or volcanic eruptions under the sea.
- 6. We should stand under the door frame in case of...
- 7. In case of storm ..... is the most dangerous.
- 8. We should hide in a basement in case of ....



### READ THE SENTENCES AND WRITE THE NUMBERS IN THE SMALL BOXES TO MATCH THE INSTRUCTION WITH THE DISASTER.

- 1. Get to the highest place.
- 2. Hide under the table or to stand under the door frame.
- 3. Go to the basement.
- 4. Don't touch metal objects.
- 5. Leave the building quickly.
- 6. Cover my nose and mouth with a mask or towel.





READ THE TEXT AND UNDERLINE THE CORRECT WORDS.

Natural disasters are **predictable/non-predictable**. They **often/ never** cause death of many people and damage of property. Natural disasters **are/ are not** caused by human activities and people **can/ can't** control them.



## CoTIC: Collaborative Teaching in the Inclusive Classroom /2021-1-BG01-KA220-SCH-000031633/

**TEACHING SCIENCE** 

2<sup>ND</sup> grade

### **TOPIC: PEOPLE-FRIENDS OF NATURE**

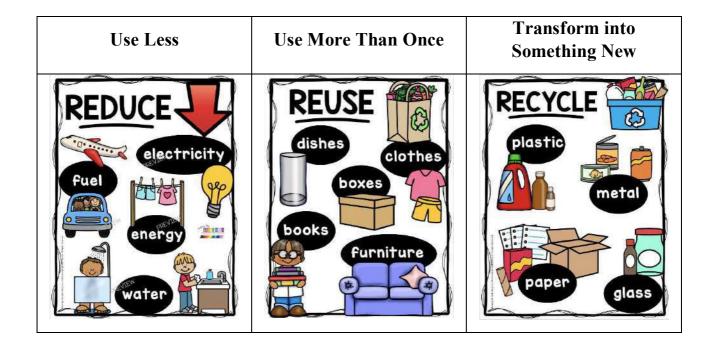
1/ Aim of the lesson – to learn how to protect the nature





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### 2/ Key words





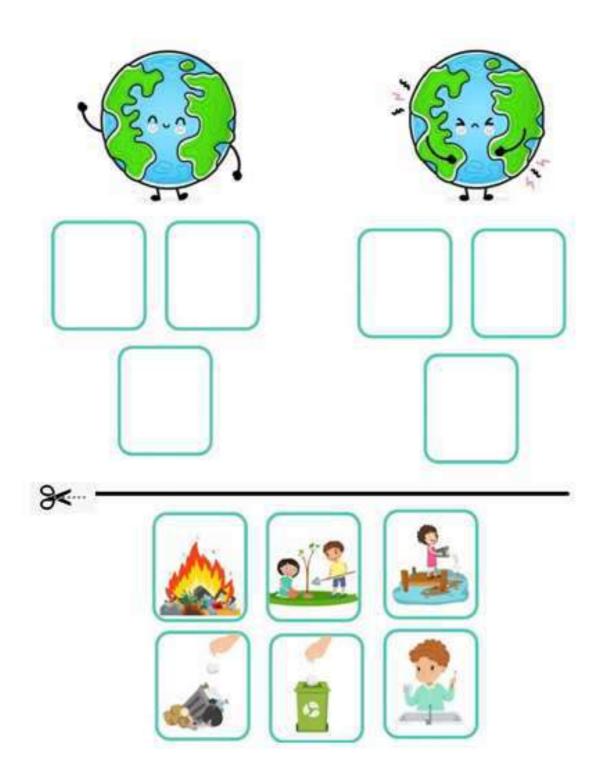
- a) Read the sentences and match them with the suitable pictures.
- b) Circle the pictures that we should do to protect the world.
- c) Tell that what we can do instead of the ones you didn't circle.

4. Pick up garbage	7. Use plastic bags
5. Have a bath	8. Ride a bike
6. Turn off the lights	9. Save water
	<ul><li>5. Have a bath</li><li>6. Turn off the</li></ul>





LOOK AT THE PICTURES AND CUT THEM. THAN PASTE DOWN BELOW THE HAPPY WORLD IF IT IS GOOD FOR THE EARTH OR PASTE DOWN BELOW THE SAD WORLD THAT IF IT IS BAD FOR THE EARTH



EXERCISE 3: 💽 and



LOOK AT THE OBJECTS. PAINT THEIR CIRCLE WITH THE CORRECT RECYCLE BIN'S COLOR.





LOOK, READ ANT SEARCH THE WORDS BELOW.

### **RECYCLE - EARTH - NATURE - CLIMATE - ANIMALS -PLANTS - SAVE - SUN - REUSE - PAPER - METAL - REDUCE**

R	E	C	Y	C	L	E	R	P
Ε	Ζ	L	K	F	Р	G	Ε	A
Α	Ν	Ι	Μ	Α	L	S	U	Р
R	Α	Μ	Ε	D	A	U	S	E
Τ	Τ	A	Τ	B	Ν	Ν	E	R
Η	U	Τ	Α	W	Τ	J	R	С
S	R	E	L	Р	S	A	V	E
Y	E	X	R	E	D	U	С	E



## WHAT SHOULD WE DO TO PROTECT THE ENVIRONMENT? FILL IN THE BLANKS WITH "SHOULD" OR "SHOULDN'T"

We light campfires in the forest.	Weplant more trees.
We have showers instead of baths.	We use the public transports.
Werecycle bottles and cans.	We cut down trees.
We waste water.	We save water while washing the dishes.





### **CoTIC: Collaborative Teaching in the Inclusive Classroom**

#### /2021-1-BG01-KA220-SCH-000031633/

### **TEACHING SCIENCE**

2<sup>ND</sup> grade

### **TOPIC: SAFE LIFE**

**1/ Aim of the lesson** – to teach children to learn to protect themselves



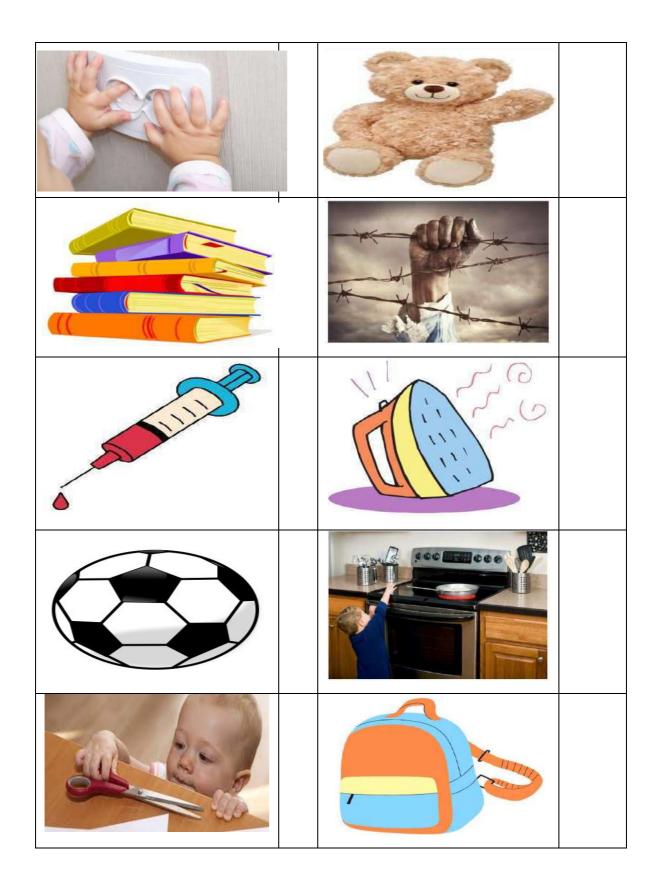


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LOOK AT THE PICTURES AND "  $\sqrt{\phantom{0}}$  IF IT IS SAFE TO TOUCH OR " $\chi$  " IF NOT



READ THE SENTENCES AND MATCH THEM WITH THE CORRECT PICTURE.

1. An accident from using a knife

2. An accident from playing

3. An accident from climbing

4. An accident on the road













LOOK AT THE PICTURES. PAINT THE PICTURES "GREEN" THAT SHOW SOMETHING IS SAFE AND PAINT THE PICTURES "RED" THAT SHOW SOMETHING IS UNSAFE.







LOOK AT THE PICTURES BELOW. MATCH THE UNSAFE ACTIVITY ON THE LEFT TO THE SAFE ACTIVITY ON THE RIGHT.



















### READ THE SENTENCES AND CHOOSE THE CORRECT ANSWER.

1. What can	happen at any time and	l any place?
a) accident	b) diet	c) party
2. Touching	is safe	<b>.</b>
a) iron	b) book	c) oven
3. Getting hit accident?	by car is an example of	f what kind of
a) indoor	b) accident on the roa	d c) outdoor
4. I can		by myself.
a) repair elec	tricity in a house	
b) set up firev	works on the New Year	's Eve
c) play with n	ny toys	
5. What shou	ld we do to avoid accid	ent?
a) be slow	b) be careful	c) be careless





### **CoTIC: Collaborative Teaching in the Inclusive Classroom**

#### /2021-1-BG01-KA220-SCH-000031633/

**TEACHING SCIENCE** 

2<sup>ND</sup> grade

### **TOPIC: LIVING HEALTHY**

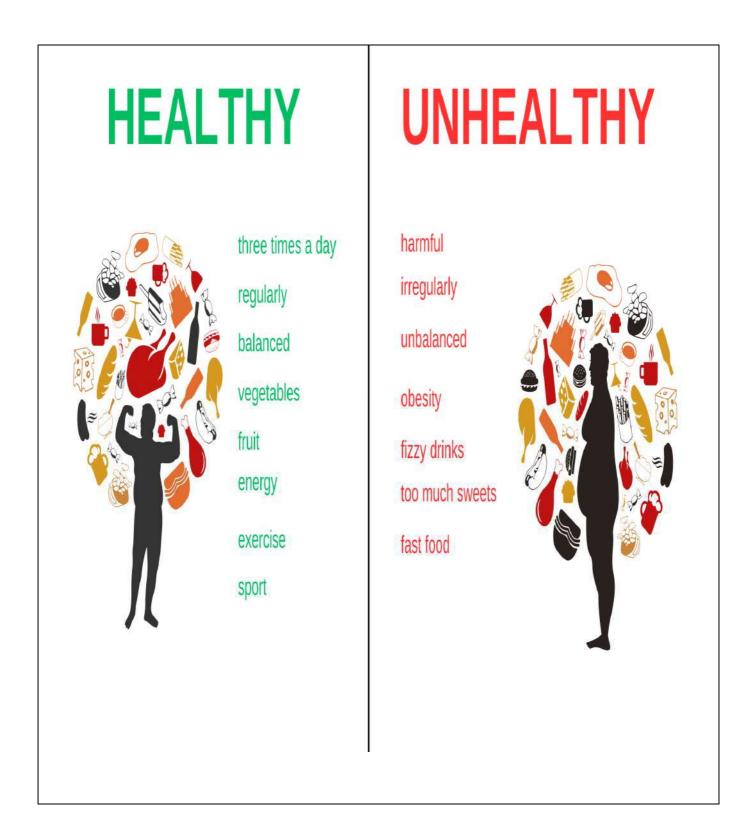
**1/ Aim of the lesson** – to teach that varied diet, daily routine sports and recreation are necessary to be healthy





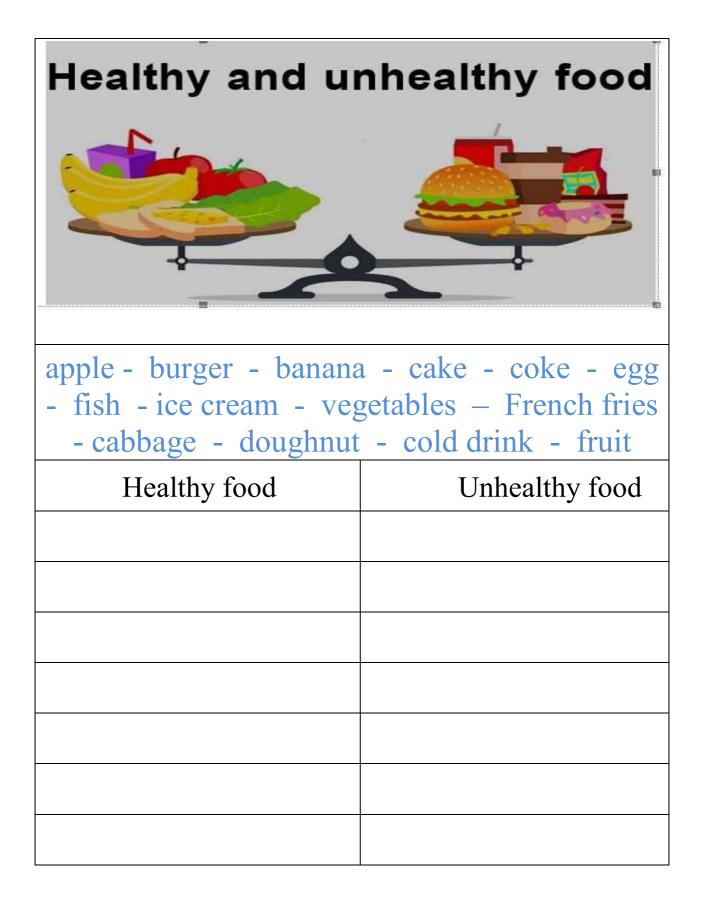
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### 2/ Key words





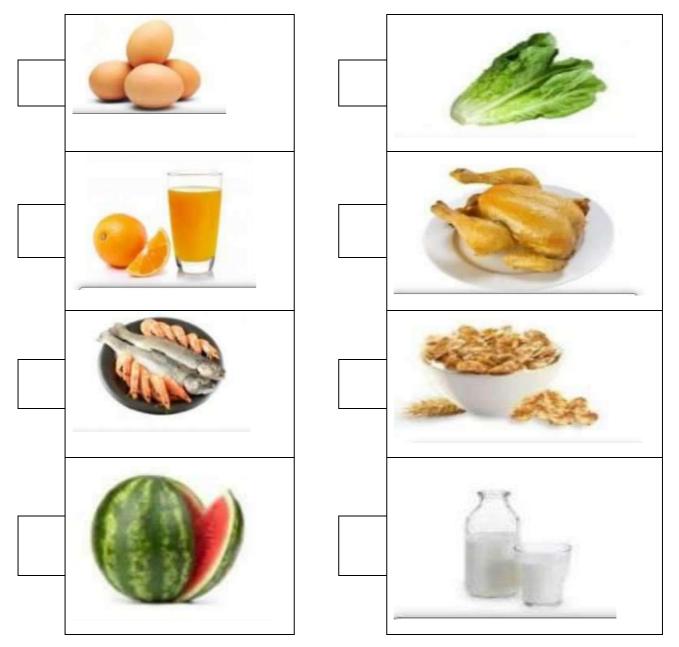
PUT THE WORDS BELOW INTO THE CORRECT CATEGORY.





"SOME FOOD COMES FROM ANİMALS AND SOME COMES FROM PLANTS."

LOOK AT THE PICTURES AND WRITE "A" FOR FOODS WE GET FROM ANIMALS AND WRITE "P" FOR FOODS WE GET FROM PLANTS





### WE SHOULD OR SHOULDN'T DO SOME THINGS TO BE HEALTHY. LOOK AT THE PICTURES, READ THE SENTENCES AND FILL IN THE BLANKS WITH "SHOULD" OR "SHOULDN'T"

1. You do sports.	2. You wash your hands before and after meals.	3. You play computer games all day.
		ZZZ ZZZZ
4. You eat that much chocolate.	5. You brush your teeth three times a day.	6. You sleep at least 8 hours a day.
7. You eat fruit and vegatables.	8. You do exercise every day.	9. Youwatch TV until late at night.

EXERCISE 4:	and	V	

### READ THE SENTENCES AND CHOOSE THE CORRECT ANSWER.

- 1. Food gives ..... to our body.
- a) energy b) happy c) sad
- 2. Which of the following consist of healthy food?
- a) Sweets, cakes and ice cream
- b) Fizzy drinks
- c) Fruit and vegetables
- 3. Food with too much sugar, salt and fats is.................
- a) healthy b) unhealthy c) good
- 4. Which of the following consist of unhealthy food?
- a) Sweets and fast food
- b) Fruits and vegetables
- c) Chicken and rice

# EXERCISE 5: and

READ THE SENTENCES BELOW AND WRITE "T" IF IT IS TRUE, WRITE "F" IF IT IS FALSE

- ……Unhealthy meals prevent the balanced development of our body.
- ......If we eat unbalanced meals and irregularly, we can become obese.
- **\*** .......We can eat fruit and vegetables without washing them.
- **\*** ......We should wash our hands before and after meals.
- **\*** .......We should eat three times in a day.
- ✤ ......We can only eat the food we love.
- ......We don't have to go to bed early.
- **\*** ......We should do exercises every day.