Recommended Reading - Parents/Adults

- Your Child Is Not Broken by Heidi Mavir (warning: very funny but very sweary)
- Low Demand Parenting by Amanda Diekman
- Supporting Autistic Girls & Gender Diverse Youths Yellow Ladybugs
- I Will Die On This Hill: Autistic Adults, Autism Parents, and the Children Who Deserve a Better World by Meghan Ashburn and Jules Edwards
- Untypical by Pete Wharmby
- Is This Autism? Donna Henderson, Sarah Wayland, Jamell White
- Sincerely, Your Autistic Child by Morénike Giwa Onaiwu
- Unmasking Autism by Devon Price
- We're Not Broken by Eric Garcia
- Uniquely Human by Dr Barry Prizant
- The Edge of the Playground by M. Ackerman & M.L. Ackerman-Willis