

# Loyalty. Commitment. Hard Work

"I don't train hard to be better than you. I train hard to be better than me yesterday" - Allen Inverson

"Success is not an accident, success is acutally a choice" - Steph Curry

"Talent wins games, but teamwork and intelligence wins championships" - Michael Jordan

#### PME BASKETBALL



#### COACHING PHILOSOPHY

Our success is measured on the positive impact on our athletes. Basketball serves as a driving force to develop individuals for their life after athletics. Developing and improving basketball skills come second to developing and improving leadership, discipline, character, communication, collaboration and other transferable life skills.

Our program will consist of disciplined and fundamentally sound individuals who thrive to exceed all expectations and overcome the adversity that they may face. We will be fair and stewards of the game. We require all coaches, players, parents, and fans, to be respectful of the program, the game of basketball, and most importantly, themselves.

#### **VISION**

To be recognized as a premier basketball program.

### **MISSION STATEMENT**

Playmakers Elite is a non-profit organization with a mission to build leaders that exhibit loyalty, high character, and strong discipline through athletics. Playmakers Elite teams will compete at a high level while being stewards of the game and serving as positive role models in the community, classroom, and on the court. The program serves as a learning tool, improving the student-athlete academically, mentally, physically and emotionally.

The game of basketball will be a driving force to build future leaders while developing character, discipline, communication and cooperation skills. Playmakers Elite athletes will understand that growth comes with wins and lessons learned

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## **CORE VALUES**

**Accountability:** Only you can control your actions, and reactions. Take responsibility.

**Integrity:** Just because nobody is watching, doesn't mean nobody is watching. Do the right thing at all times, no matter the circumstance or environment.

Effort: 100% effort, 100% of the time. In anything in life, you get out what you put in.

<u>Unity:</u> Success is built on relationships and collaborative efforts. Be a team player. Sacrifice for one another.

<u>Toughness:</u> How will you respond when adversity strikes? Be mentally tough, understand that no obstacle is too big to overcome.

### **TEAM RULE**

Playmakers Elite student-athletes WILL NOT engage in any activity that takes away from the integrity of the basketball program, their family, or themselves. Every infraction will be dealt with on an individual basis, swiftly, and thoroughly. Disciplinary actions will be handed out accordingly.

#### PROGRAM EXPECTATIONS

It is imperative that as a member of this program that you conduct yourself in a positive manner. Many others who are not fond of players will scrutinize your every move. You are not only expected to follow the rules of the game and tournament, but also to obey the law. It will be in your best interest as a student-athlete to conduct yourself in a positive manner at all times, in and out of school. Know, understand, and embrace your role in the program.

### ATTENDANCE POLICY

Attendance at team events is mandatory for all players and coaches. Once a player accumulates 2 unexcused absences, the team's head coach, parent/guardian, the program

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director, and the student-athlete will sit and discuss the reasoning behind the absences and determine the student-athlete's future with the program.

**Excused Absences:** An absence may be excused if the player speaks to the coach prior to the missed team event or a parent/guardian directly contacts the coach.

**Unexcused Absences:** An absence will be deemed unexcused if the player does not notify the coach prior to the absence occurring or cannot provide proper documentation to excuse the absence.

#### **ACADEMICS**

Understand that players are students first, athletes second. Strong academic performance is the priority and you not only have an obligation to yourself, but this team to stay in exceptional academic standing. If over the course of the season the student-athlete's academic standing becomes a recurring issue, the coach, the player, and the parent/guardian will meet to discuss the student-athlete's future with the program.

### COMMUNICATION IS THE KEY TO SUCCESS

Both parenting and coaching are challenging endeavors. An established understanding of what appropriate communication avenues look like between staff, players, and parents, helps the Playmakers Elite basketball program be most successful.

### Communication parents should expect from the coach:

- 1. Staff expectations for the individual players and team.
- 2. Locations and times for team events.
- 3. Off-season opportunities.
- 4. Team rules and expectations.

#### Communication the head coach should receive from the parents:

- 1. Concerns involving their individual player.
- 2. Notification of any scheduling conflicts.
- 3. Notifications of illness or injury.

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## Appropriate concerns for discussion with the head coach:

- 1. The staff's treatment of your student-athlete.
- 2. Methods to help your student-athlete improve their skills.
- 3. Concerns about the student-athlete's behavior.

While the coaching staff is committed to open communication between parents and coaches, it asked that protocols are respected. The time before and after a game are dedicated to the student-athletes. This is not an appropriate time to discuss game or individual player concerns. A meeting can be scheduled at times that do not interfere with the attention required for the student-athletes to indepthly discuss any concerns the parent may have.

The following are the topics of discussion the coaching staff deems inappropriate or counter-productive to the team's progression:

- 1. Playing time.
- 2. Play calling.
- 3. Team strategies.
- 4. Concerns about the performances of other players.

There may be certain situations where a conference between student-athlete, coach, and the parent needs to occur. It is important that all parties involved have a clear understanding of the other's position and what procedures need to be followed. When a player or parent has a concern that needs to be expressed regarding the program, the following steps should be taken:

- **Step 1:** The concerned party should contact the head coach to schedule a time to discuss their questions or concerns. If the player does not feel comfortable and satisfied with the results of that meeting, they should move to step 2.
- **Step 2:** A meeting involving the player, head coach, and the parent should be requested via email. The email should briefly explain the player/parent concern.

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At the meeting, additional alternatives will be discussed to resolve the matter. All discussions should focus on individual concerns and questions. The performance and ability of other players will not be a topic of discussion.

## PLAYERS AND TEAM EXPECTATIONS

### Regular Season:

- Be on time to all team activities (workouts, practices, scrimmages, fundraisers).
- Come to all practices and weight-training sessions prepared to work hard, work smart, and work efficiently.
- Practice time is not social time, be focus and in tune with what is going on.
- Maintain a balanced diet, take care of your body.
- Stay in good academic standing student first, athlete second.
- Be mindful of the team rules and expectations stay out of trouble.

#### Off-Season:

- Be on time to all team activities (workouts, practices, scrimmages, fundraisers).
- If you are not participating in other sports, be in workout sessions on the assigned days.
- Stay in good academic standing student first, athlete second.
- Be mindful of the team rules and expectations stay out of trouble.
- Work on your game and perfect your craft.

## PRACTICE EXPECTATIONS

- 1. Be appropriately dressed, on the floor, and mentally ready to practice by the assigned time.

  There is no substitute for seriousness or enthusiasm.
- 2. Properly warm-up and follow the pre-practice protocol.
- Work hard to improve yourself without it having to be forced. Have fun but be serious.
   Discipline yourself so that others don't have to.
- 4. No cliques, no criticizing, no jealousy, no egos, no envy, no excuses.
- 5. When ANY coach is talking, EVERYONE is quiet with their attention focused on who is speaking.

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Move quickly between drills.
Pay attention when an individual's action on the floor is being corrected, don't make
the same mistake someone else made.
Be a positive influence on your teammates, push them but encourage them to get
better.
Give 100% effort, 100% of the time. Game time is earned in practice.
HAVE FUN!

### **ALL PRACTICES ARE CLOSED TO PARENTS!**

## **GAME DAY AND BENCH EXPECTATIONS**

- 1. Compete at a high level.
- 2. The bench should be fully engaged in on-court action.
- 3. The bench should be constantly cheering on their teammates.
- 4. A player who is coming off the court must hustle off the floor, high five their teammates (including those on the bench), and relay to their sub the defensive scheme that we are in.
- 5. When a player comes off the floor, all those on the bench will stand a high five the player coming off the floor.
- 6. When a teammate falls on the floor, others will hustle over to help them up.
- 7. If an opponent falls to the floor, we will make an effort to help them off the floor.
- 8. Players will not negatively speak towards officials, opposing players, coaches and fans during the game.
- 9. During time-outs, everyone will stand to hear the instruction given by the coach. During full time-outs, the 5 players in the game will sit while everyone else crowds around and actively listens to the coach's instruction.
- 10. At the conclusion of the game, players and coaches will shake hands with the other team before swiftly moving off the floor and into the locker room.



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## **Defensive Philosophy**

We will be a defensively sound team. We take pride in making our opponents uncomfortable while they have the basketball and getting consecutive stops on the defensive end. We will switch between man-to-man and zone defenses, not letting our opponents time to adjust to a specific set. We will turn defensive stops into offensive opportunities.

## Offensive Philosophy

We will be a fundamentally sound team. We will spread the floor against opponents and make them guard against an offense with constant motion and pick-and-roll opportunities. Players will be selfless with the basketball and always look for the best shot opportunity. We will value the basketball and every possession we get.

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## **Players Contract**

<ul> <li>As a member of the Playmakers Elite Basketball program, I,</li> <li>Maintain good academic standing (2.5 GPA), and</li> <li>Be respectful of the game of basketball (including my teammates, coaches, open standard).</li> </ul>	_ will:
fans, and officials), and	porients,
Give 100% effort, 100% of the time (in the classroom, in practice, and in game)	s), <u>and</u>
• Be <u>LOYAL</u> , <u>COMMITTED</u> , and <u>HARDWORKING</u> in all aspects of my life.	
I understand that the game of basketball is a privilege, and that everything is earned given. I am a student first, athlete second. I will commit to being a positive represent myself, my family, my school, and this program.	
I understand that the breach of this contract is subject to consequences that correspond actions.	nd with my

Sign: \_\_\_\_\_\_ Date: \_\_\_\_\_