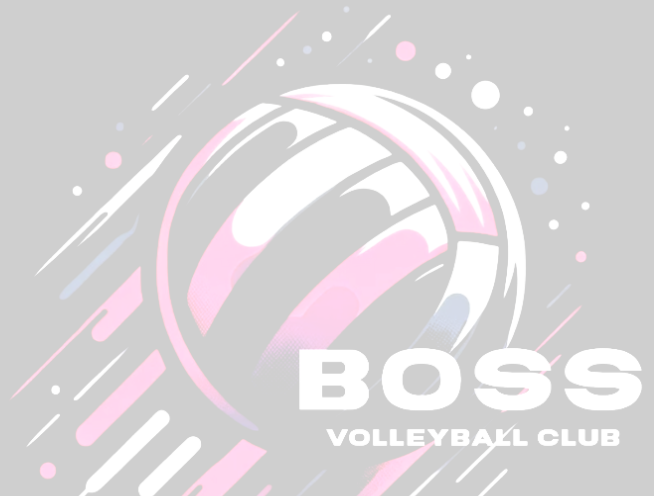




PRACTICE POLICIES

LOCATION: St Paul's Lutheran School - Muskego

1. St. Paul's would like to limit the number of people who are entering the building during our gym rental for the safety and security of your children and BOSS VBC staff.
2. In general, BOSS VBC practices are "closed" to spectators, so as to limit distractions during our sessions. However, if a parent would like to come and sit in on practice, they may request attendance from the Club Director and/or Coach 1-day in advance.

PHOTOGRAPHY AND VIDEOGRAPHY

1. No photography or videography is permitted during practice sessions.
2. As a reminder; our practices are considered private and therefore permission from the BOSS VBC Administration is required in advance of any filming.

PLAYER EXPECTATIONS

1. Arrival- 20 min before
2. Shoes/pads on/hair up
3. Water bottle full
4. Ready to work/train
5. First practice of the night- PLAYERS SET UP NETS
6. Last practice of the night- PLAYERS TAKE DOWN NETS
7. If you have to miss practice, Coaches will expect that any missed conditioning or strength workouts that were scheduled will be completed at home
8. ATTENDANCE - Attendance matters. If a practice must be missed, player/parent shall notify their Coach in advance.
9. ON TIME - Arrival 20min before practice
10. EFFORT - Training + Practice = Playing Time
11. ATTITUDE - Positive, Encouraging, Christian