

10 Ways to Use All Purpose Healing Salve & Recipe

[Camp Wander](#)

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If I had to choose only one skin care product out of the hundreds of products I've tried over the years, this All Purpose Healing Salve would be it! More and more people have used it and shared HOW they used it! I'm very grateful that this salve has improved so many lives of both people and animals (excellent for wound care). Read on and discover just how versatile this salve can be!

All Purpose Healing Salve Recipe:

1 Cup Organic Virgin Coconut Oil (Tropical Traditions Gold Label makes the silkiest salve!)

1 Cup Organic Extra Virgin Olive Oil

4 T. Beeswax Pastilles 1/2 t. [vitamin e oil](#) (optional)

To each jar add:

10 drops [Lavender](#)

8 drops [Lemon](#)

6 drops [Melaleuca](#)

1/2 teaspoon [Vitamin e oil](#) (optional)

Fills {4} - 4 oz glass mason jars or [small glass jars of choice](#).

Coconut oil is a natural moisturizer as well as antibacterial. Olive oil has lots of anti-oxidants, including Hydroxytyrosol as well as anti-inflammatory properties. Lavender soothes and heals, Lemon cleanses and disinfects while Melaleuca is antibacterial and antifungal!



Melt the coconut, olive oil and beeswax in a warm bath, stirring with a

knife every few minutes until melted. This will take at least 15 min, you want a slow melt.



Add the EOs to the empty jars and pour into glass jars of your choice and let cool. Put a paper towel over the jars while cooling and wait to cover with lids until completely cooled down. Shelf life is approximately 8 months with the vitamin e oil added. Suggestions from experience: Use small jars and keep several around the house and few travel sizes handy.

10 ways we've used All Purpose Healing Salve...with great success I might add :)

1. Crazy good hand moisturizer!
2. Amazing on dry, cracked heels and crusty elbows.
3. All round moisturizer for dry climes. I use it as a body moisturizer and even on my face, sparingly!
4. Soothes and heals chapped lips or any chappy place.
5. Soothes welts, burns, and sunburn!

6. Great for diaper rash.
 7. Keep your animals in mind! My son has healed his bulldogs' sunburned noses with this. Great antiseptic wound care for animals (except cats).
 8. Antiseptic properties make it great for cuts and scrapes!
 9. Wonderful for elderly folks and their thin, fragile skin.
 10. A good remedy for eczema! Notes: It's easy to double the recipe if you're making gifts! A small jar of salve is a great gift that keeps on giving. Purchase some lip balm pots or tins and fill with salve to keep in your purse or backpack. Be sure to share, everyone can benefit from this natural healing salve and it's just a nice thing to do!
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100 Responses

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