



Dishwasher Tabs

- 1 cup Baking Soda- cuts grease and is a disinfectant
- 1 cup washing soda - grease cutter
- 1 cup coarse salt- softens your water, this is especially important if you have hard water.
- 1/4 cup 3% hydrogen peroxide- effective antibacterial
- 1 Tbsp OnGuard cleaner concentrate OR Castile soap
- 20 drops of essential oils- those with antimicrobial properties such as lemon, rosemary, doTERRA's Purify blend, OnGuard

Wear gloves when you mix this up so you don't dry out your hands.

- ◆◆ Mix the dry ingredients together in a bowl (not plastic) and the wet ingredients in another
- ◆◆ pour the wet into the dry and mix with your hands till you have the consistency of dry but packy snow. I had to add 1/4 cup of water to get that.
- ◆◆ Don't panic you will get a slight exothermic reaction of the peroxide and soda in the form of heat (it will feel warm in your hands).
- ◆◆ I don't recommend a firm ice cube tray because they are hard to get out, silicone is easier. Better yet tap them out of a tablespoon, onto some wax or parchment paper the adjustable measuring spoon in the photo was purchased at the dollar store.
- ◆◆ let them dry overnight to 24 hours until they are firm. I had some dry enough in 6 hours to try.
- ◆◆ to really be green, add vinegar (white) to your rinse aid compartment and ditch the rinse aid