



St. William the Abbot

ROMAN CATHOLIC CHURCH



When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven."
Matthew 5:1-3

February 1, 2026 Fourth Sunday in Ordinary Time

Weekly Schedule

Daily Mass

Monday - Saturday: 8:30am

Weekend Masses

Saturday: 5pm

Sunday: 7:30am, 9am, 10:30am, 12n

Live-Streamed Masses

Monday - Friday: 8:30am

Saturday: 5pm

Sunday: 12n

Sacrament of Reconciliation

Monday - Saturday: 7:15am - 8:20am

Saturday: 3:45pm - 4:50pm

Adoration

Monday - Saturday: 7:15am - 8:20am

First Friday of the Month: 9am - 5pm

Private Prayer

Monday - Friday: 7:15am - 6pm

Mass Intentions

Sunday, February 1st

7:30am: Vincent Guadagno

9am: Kerrie Ostrosky

10:30am: Jean Ann Geandomenico

12n: People of St. William's, Miodrag Taricic, Doris & Alfred Weber, Sr., Christopher Weber, Alfred Weber, Jr.,

Monday, February 2nd

8:30am: Kenneth Hettler

Tuesday, February 3rd

8:30am: Frederick Denhard, Thomas Butler, Jr., Michael McGrath, Francesca Pagano

Wednesday, February 4th

8:30am: William Bongiorno

Thursday, February 5th

8:30am: John Laddomada

Friday, February 6th

8:30am: Joseph Vincent DeCato, Rachael DeCato, Angelina DeCato, Mateo DeCato

Saturday, February 7th

8:30am: Purgatorial Society

5pm: Martin Hartmann

Pray for the Sick

Christian Joseph Cisternas - Richard Fedyk - Rosemary Averill - Barbara Geraghty
Charlie Herbert - Frances Speidell - Thomas Stolfi - Paul Cameron

Pray for the Deceased

Christina Carmel Whiston - Glydon David Gant - Ellen Joyce O'Connor

The Adoration Candles

have been donated in honor of the Parishioners of St. William's

The Sanctuary Candle

has been donated in honor of the Parishioners of St. William's



St. Peregrine Prayer Hour

The St. Peregrine Prayer Hour will be held on **Monday, February 2nd** from 2:00 - 3:00 PM in the Church.

St. Peregrine is the patron saint of those suffering from cancer.

Future prayer hours will be held on the first Monday of each month. Cancer victims, families, and their care-givers are all are invited to come and pray.

Year-End Tax Statement

Please note that year-end tax statements for your taxes will not be automatically mailed out. They may be obtained by request from the Rectory.

Please call 516-785-1266 or email information@stwilliam.org

Pillar of Formation

When you hear the Beatitudes, think of ways you can change the way you live to be more in line with Jesus' teachings.

Pray for Those in the Military

Lt. Ian Bayer (USN) - Lt. Rebecca Bayer (USN) - Lt. Ryan Bayer (USN) - Sgt. Craig Bianco (USA) - PFC Jake Cilento (USA) - PFC Ryan Daly (USMC) - Lt. Col. Michael DiPietro (USA) - LCpl Daniel Dugan (USMC) - Capt. Dana Duggan (USMC) - Lt. Joseph Fitzgerald (USN) - Capt. Michael Fitzgerald (USA) - Capt. Christopher J. Frasse (USA) - Capt. Matthew B. Frasse (USAF) - Lt. Col. John Kallo (USA) - STSC (SS) Thomas Kerley (USN) - CW2 Brian Kirby (USA) - Lt. Commander James Knudsen (USCG) - Capt. Caitlin Lee (USA) - Lt. Col Logan Lee (USA) - Major Philip Lettieri, MD (USA) - Lt. Cpl. Kevin Marshall (USMC) - Major Eamon G. McArdle (USA) - Tech. Sgt. Eric Meyers (USAF) - Pvt. Juliana Miller (USA) - Col. Sean Morrow (USA) - Lt. Michael Napolitano (USN) - Lt. Michael O'Hara (USN) - MMN2 Emily Partridge (USN) - Spc. Brian Reip (USA) - Sgt. Donald Rogers (USA) - Airman Carlos Rosado (USAF) - Lt. Col. Thomas F. Shields (USAF) - Lt. Col. Michelle Simpson (USAF) - Commander Michael S. Slatley (USN) - SR Ella Tietz (USCG) - Daniel Timpanaro (USCG) - Lt. Col. Christopher J. Ustler (USA) - Cdr. Katherine Ustler-Lodispoto (USCG) - Michael Vietri (USN) - 2nd Lt. John Whidden (USMC) - Lt. Joseph Yahner (USA) - Pvt. Philip Zanardi (USAR)

January Offertory

	2016	2019	2020	2025	2026
Attendance	7238	7432	8842	8314	6926
Total \$	\$100,453.00	\$92,455.00	\$102,069.00	\$113,375.00	\$105,949.00
Per Person	\$13.88	\$12.44	\$11.54	\$13.64	\$15.30
# Sundays	5	4	5	4	4
Avg/Sunday	\$20,090.60	\$23,113.75	\$20,413.80	\$28,343.75	\$26,487.25
Avg/Attendance	1448	1858	1768	2079	1732

The years listed were chosen to represent an overall sample and include 10 years ago, the year before Covid/pastor transition, the year of the Covid shutdown, last year, and the current year

Catholic Ministries Appeal - Parish Totals

	2019	2020	NOVEMBER	DECEMBER	JANUARY
Goal	\$136,700.00	\$146,700.00	\$162,000.00	\$162,000.00	\$162,000.00
Pledged	\$142,360.00	\$121,048.00	\$82,727.88	\$92,793.88	\$93,963.00
# Donors	550	480	314	328	330
Avg Donation	\$258.84	\$252.18	\$263.46	\$285.04	\$284.74
Rebate to SWA	\$31,368.00	\$2,934.00	-	-	-

BEHOLD

To ensure that the Eucharist is received with reverence, the Church has given us clear guidelines. These are in place to direct both our inner disposition as well as our external actions as we approach the altar.

INNER DISPOSITION

In addition to being a baptized Catholic, we are required to:

1. Observe the Eucharistic fast – You are required to fast for at least 1 hour prior to the reception of Communion.
2. Be in the state of grace – this means that you are not aware of any mortal sin on your soul. If you are aware of having committed a mortal sin, you must go to Confession before you receive communion.
3. Believe what the Eucharist is – When the priest or extraordinary minister (EM) says “The body of Christ,” and you respond “Amen,” you affirm that you believe you are receiving Jesus’ actual Body and Blood.

EXTERNAL ACTIONS

As the person immediately in front of you is receiving – make a gesture of reverence: pause and gently bow. You may receive Communion on the tongue or on your hands, we ask that you distinctly hold your hands up and away from your body so the priest or EM knows how you will be receiving. When the priest or EM says, “The Body of Christ,” respond “Amen.”

If you choose to receive Communion in your hands, make a flat throne surface of your hands by placing one hand over the hand. After receiving Jesus on your hand, *immediately* consume the host, step to the side, and make the sign of the cross. If you choose to receive on the tongue, tilt your head back slightly and stick your tongue out. Wait for the priest or EM to place Communion on your tongue before closing your mouth and making the sign of the cross.

Return to your seat, join in the hymn, or pray in your heart.



Snow Days

We'd like to say thank you to our maintenance and snow removal teams who were hard at work preparing for, working through, and cleaning up last weekend's snow storm -

And to our sacristans, servers, liturgical ministers, and ushers who braved the weather this weekend to make sure our Masses could take place safely and without any schedule changes - you were all amazing!

We are so blessed!



The Feast of St. Blaise

TUESDAY, FEBRUARY 3RD

BLESSING OF THROATS AT 8:30AM MASS

Blaise was of noble birth in Armenia. He went on to become a physician, was educated in the Catholic faith, and eventually became Bishop of Sebastia, a city in Turkey.

Tradition has it that one day Bishop Blaise saved a child who had choked on a fish bone — hence the ancient custom of blessing the throats of his devotees on his feast day. Additional stories speak of Blaise's love for animals, whom he also cured. Sick or injured animals came to his cave on in Turkey, where he lived as a hermit to be cured.

Blaise was taken prisoner at a time of Christian persecutions after hunters came across him praying. After refusing to renounce his faith, he was locked in a dungeon, where he remained for some days preaching among the captives and those condemned to death. There, he also cured the sick and baptized those who wanted to become Christians.

He is the patron saint of those with throat illnesses and the doctors who treat them, candlemakers, and animals.





Discover
St. William the Abbot



OPEN HOUSE

Thursday, February 12, 2026
6:30 - 8pm

TEACHING AS CHRIST DID

- Early Childhood (N-Pre-K)
- Elementary School (Grades K-5)
- Middle School (Grades 6-8)



2001 Jackson Avenue Seafood, NY 11783

stwilliamtheabbot.net | 516-785-6784





The annual SWS Faculty vs 8th Grade Volleyball Game was a hit! Each year during CSW, SWS faculty and the 8th graders square off for bragging rights, and this year SWS 8th graders took home the top honors. Congratulations to the Class of 2026! Always a spirited match! Happy Catholic Schools Week!



WAYS to GIVE

stwilliam.org/ways-to-give



IN-PERSON

Make a donation to our weekly collection at Mass. If you would like to receive offertory envelopes, please email us at information@stwilliam.org



AUTOMATED GIVING

Set-up a monthly gift through your checking account or credit card.



PLANNED GIVING

Arrange a gift of cash, stocks, real estate, life insurance, or other assets that will take effect during your lifetime or after your death



MEMORIALIZE OR HONOR LOVED ONES

Work with our staff to create a donation, scholarship, or dedicated items to enhance our community



ONLINE DONATIONS

Make a one-time donation or set-up recurring donations online using your bank account, ApplePay, GooglePay, or CashApp



This Weekend's Music Selections

We invite you to participate by using the song numbers below and the missals found in the pews.

Entrance Hymn:

Offertory Hymn:

Communion Hymn:

Communion Meditation:

Recessional Hymn:

Our Children's and Adult Choirs are back in session - visit stwilliam.org/music-ministry for more information on joining!

"Make a joyful noise unto the Lord, all ye lands. Serve the Lord with gladness: come before his presence with singing." Psalm 100:1-2

Parish Social Ministry

Pantry Needs

Mashed Potatoes (pouches) - Apple Juice - Sugar - Pasta Sauce - Pancake Syrup - Laundry Detergent

Spring 2026 Bereavement Registration

If you or someone you know has experienced the loss of a loved one and would be interested in attending a small group session for support, please call the Social Ministry office. Sessions will begin in March and will be held at 11am on Wednesdays for seven weeks. Space is limited, register early! For more information about these sessions call us at 516-679-8532.

Prayer Shawl Ministry

The next meeting of the Prayer Shawl Ministry will be on Tuesday February 3 at 10am in the Abbey. This ministry knits and crochets lap robes, blankets, hats, scarves, and other items for the sick and needy of our community. Yarn is provided, and new members at any skill level are always welcome!



Did You Know?

Catholic Health sponsors a primary care center for adults without health insurance. The Bishop McHugh Health Center is located at 750 South Broadway in Hicksville. They provide full health assessments, lab work, X-rays, flu shots and other health services. For more information or an appointment call them on 516-827-2727.

See Someone, Save Someone

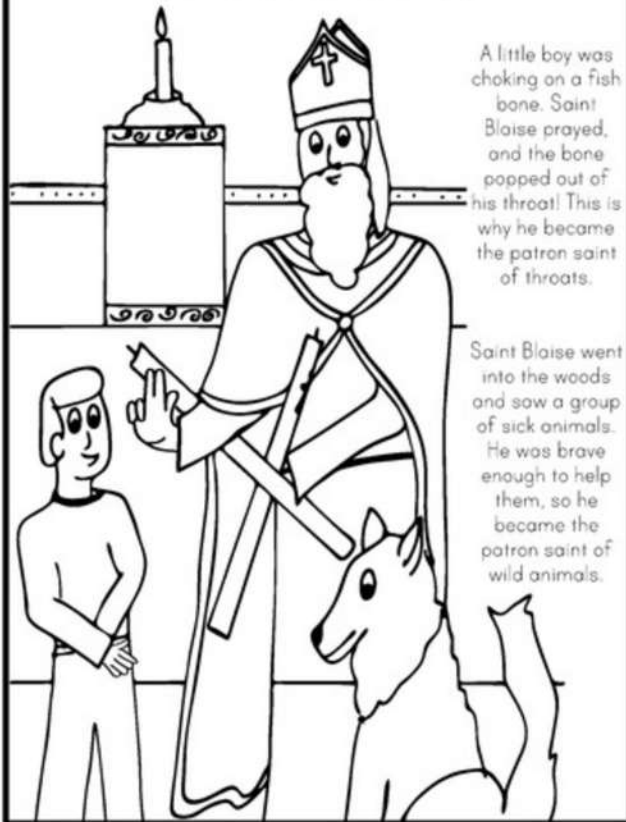
Long Island Coalition for the Homeless (LICH) has a Street Outreach Program for individuals experiencing homelessness. Their goal is to provide an accessible system that quickly connects individuals with appropriate housing and other services as needed. If you see someone that is homeless and in need of assistance, call LICH's Street Outreach Team at 631-464-4314 xt 118. If you see someone, save someone!

Warming Centers Available

If you are having trouble with your heat or do not have a place to stay, there are three warming centers open in Nassau County. Mitchel Field Administration Building in Uniondale offers a 24-hour Warming Center for anyone that needs to stop in and warm up. In addition, both the Wantagh Administration Building on King Road and the Cantiague Park Administration Building in Hicksville offer warming centers from 9am – 4pm daily. These local daytime warming centers provide transportation to the Uniondale location for evening service. Individuals requiring shelter overnight can call 1-866-WARMBED, the Nassau County winter homeless hotline. For more information, contact the Parish Social Ministry office.

Saint Blaise

Saint Blaise is the patron saint of throats and wild animals.



A little boy was choking on a fish bone. Saint Blaise prayed, and the bone popped out of his throat! This is why he became the patron saint of throats.

Saint Blaise went into the woods and saw a group of sick animals. He was brave enough to help them, so he became the patron saint of wild animals.

Year A: Fourth Sunday in Ordinary Time



Catholic Kids Bulletin

February 1, 2026
Ordinary Time
Color: Green



BOBLESSEDPJAREITHEIWJCIS

BOWISO THEIRSPWKZ

Blessed are the
poor in spirit;
the kingdom of
heaven is
theirs!

OPOOROI NWKSPIRITJ

PWTHECKINGDOMPOFIHEAVEN



There is a special Mass on February 3rd to celebrate Saint Blaise. You can receive a blessing for your throat in honor of Saint Blaise.

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Jesus went up a mountain and talked to the people about heaven. His words are called the Beatitudes. The Beatitudes tell us how to live with love and kindness.

Year A: Fourth Sunday in Ordinary Time

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Rev. Joseph H. Fitzgerald
Pastor

Rev. Michael Edathil
Associate Pastor

priests@stwilliam.org

Deacons

Dcn. John Lynch Dcn. Michael Metzdorff
Dcn. Anthony Cedrone (Retired)
information@stwilliam.org

Rectory Staff

Judy Goldman
Business Manager
jgoldman@stwilliam.org

Sue McCormick
Office Manager
information@stwilliam.org

Kate Walsh
Development & Operations
kwalsh@stwilliam.org

Office of Childhood Faith Formation

Laura Walsh
Director
faithformation@stwilliam.org | 516-783-2528
stwilliam.org/faith-formation

Parish Social Ministry

Allison Marro
Director
socialministry@stwilliam.org | 516-679-8532
stwilliam.org/social-ministry

Music Ministry

Jennifer Hegmann-Palminteri
Director
information@stwilliam.org

Rectory Information

2000 Jackson Avenue
Seaford, NY 11783
516-785-1266

Office Hours
Monday - Thursday: 9am - 12:30pm, 1pm - 4pm
Friday & Saturday: 9am - 12:30pm

*If there is an emergency where someone is critically ill or injured
and needs a priest outside of office hours, please call 516-312-7361*

St. William the Abbot School



Elizabeth Bricker Kasey Grasso
Principal Assistant Principal

516-785-6784

stwilliamtheabbot.net

A Legacy of Excellence for Over 70 Years - Nursery through 8th Grade

Our Seminarian

Dcn. Herley Mendez
SWA Parishioner

*Please pray for our Seminarians and all those
discerning the priesthood and religious life*

Pastoral Council

Chris Blankley - Fred Duemig - Barbara Geraghty
Lara Klein - Kelly Koster - Peter Tietz

Finance Council

Rita Defendini - Debra Eannel - Robert Gerhard - John Kaley*
Tom Kiley - Ed Lettieri* - Michael Turturro
*Parish Trustee

Resources

Order of Christian Initiation for Adults (OCIA)
ocia@stwilliam.org | stwilliam.org/ocia

Baptisms & Weddings at St. William the Abbot
stwilliam.org/sacraments

Register as a St. William the Abbot Parishioner
stwilliam.org/i-am-new

Catholic High Schools of Long Island
chsee.org

Diocese of Rockville Centre
drvc.org

Formed: The Catholic Faith. On Demand
formed.org

Tomorrow's Hope Foundation: Financial Aid for Catholic Schools
tomorrowshopefoundation.org

The Diocese of Rockville Centre

Fifth Bishop of Rockville Centre
Most Reverend John O. Barres

Auxiliary Bishops
Most Rev. Robert J. Coyle
Most Rev. Luis Miguel Romero Fernandez, M.Id
Most Rev. Andrzej Zglejszewski
Most Rev. John C. Dunne (Retired)

Bishop Emeritus
Most Reverend William Murphy

drvc.org