

2025-2026 LEVEL 7 CONFIRMATION HANDBOOK



St. William the Abbot

ROMAN CATHOLIC CHURCH
OFFICE OF FAITH FORMATION
stwilliam.org/faith-formation



The Office of Faith Formation

Located in the Convent Center Building (on the corner of Jackson Avenue and Maple Street), we're here to help with anything you and your family may need on your journey within our parish. Please do not hesitate to reach out to us!

Office Hours:

Monday - Wednesday: 10am - 4pm

Thursday: 10am - 3pm

Contact Information:

516-783-2528

faithformation@stwilliam.org

stwilliam.org/faith-formation

2020 Jackson Avenue; Seaford, NY 11783

Our Team:

Rev. Joseph H. Fitzgerald - Pastor

Mrs. Laura Walsh - Director of Faith Formation

Ms. Carly Spadafora - Confirmation Coordinator

Mrs. Maria Paguaga - Office Assistant

The Sacrament of Confirmation

We are looking forward to celebrating the Sacrament of Confirmation with you and your families next year! In its plainest definition, Confirmation fully initiates us into the Catholic church while bestowing on us the gifts of the Holy Spirit. It is often symbolized by images of a dove, fire, and the color red.



Confirmation is a rite of passage and traditionally marks the transition from childhood into young adulthood within the church. Because of its significance, preparation spans two years – Levels 7 and 8. This year, as part of your preparation, you will be required to complete two projects in addition to your regular classwork. Please make note of the due dates and the information on the following pages.

Mass Attendance

Our Faith Formation programs are centered on building a life-long relationship with Jesus Christ. We encourage you to read the scriptures, practice devotionals, and to become a faithful Catholic disciples as a family. As such, weekly Mass attendance is required for all students enrolled in our program. After each weekend Mass, several QR codes will be displayed in the church. Once you scan them, you will need to enter the primary email address for your family (the one used for registration) or use “The Mass” app for instant recording.

If you attend Mass at another parish, you can record your attendance in the app or fill out the form on our website (stwilliam.org/faith-formation). A copy of the bulletin from the parish you attended will be required.

Students in all levels must attend at least 75% of weekend Masses. Attendance by QR code will begin the weekend of September 20th/21st and go through Palm Sunday weekend. Mass attendance will impact your child’s success in the program, ability to advance to their next class level, and their readiness to receive First Holy Communion or Confirmation.



Christian Autobiography

Your story matters! The story of *you* is an integral part of the history of your family, the community, and this parish. For almost 100 years, families have come together to worship and spend time together at this church, and as a community of faith, we are strengthened and enriched by each of our members and their unique stories and backgrounds. As you prepare for Confirmation, we want to know more about what makes you *you* as a member of the Catholic Church and a parishioner of St. William the Abbot!

Your Christian Autobiography is due by November 12, 2025. This essay should be 2-3 pages, double-spaced.

Use the questions below to guide you through the process of writing your personal essay. You should also consider using your parents and family members as a resource.

Your Past

- *What have your parents told you about your baptism?*
- *What are some of your first memories of God?*
- *What did you learn about God from your parents, grandparents, siblings, and the rest of your family?*
- *What did you learn from your teachers and catechists?*
- *What are some of the ways you used to think and feel about God?*
- *How did you learn to pray? What prayer do you like best and why?*
- *What do you remember about making your First Holy Communion? Did it change you?*

Your Present

- *How do you feel about God today?*
- *What do you like best about being Catholic?*
- *What are some of the things you have learned about yourself in the past year?*
- *Why do you want to receive your Confirmation next year?*
- *How do you feel about attending Mass?*

Your Future

- *If you've already thought about it, what name are you considering for a Confirmation name or are you going to use your baptismal name? (It must be a name shared with a saint) Why?*
- *Have you thought yet about who you will choose to be your sponsor? Why is that person on the top of your list?*
- *How do you plan to be active in our parish once you start high school?*
- *What are some of your hopes and dreams for the future?*

Apostolic Service Hours

Receiving the Sacrament of Confirmation makes you a fully initiated member of the Church, and the Church, at its core, is a community. In that spirit, we expect all level 7 students to complete ten (10) hours of service. Jesus often spoke about the need for all of us to help others, especially the less fortunate, and by serving our shared community, you will be able to live and love as Christ did.

Your apostolic service hours may be completed here at the parish, within your school, or within the greater community in which we live. All of these hours must be under the supervision of an adult and must be unpaid. We encourage you to always serve others, but for the purposes of this assignment, if you are unsure whether something counts towards your apostolic service, please contact the Office of Faith Formation.

The service log, signed service sheets, and reflection essay are due by March 11, 2026

Apostolic Service Reflection Essay

After you have completed your service hours, we ask you to reflect on one of the projects you worked on. Using the questions below as a guide, please prepare a 2-3 page (double-spaced) essay, due to the Office of Faith Formation by March 11th along with your service log and service sheets.

1. Think about one of your service projects. What social needs or organization did you try to help?
2. What did you accomplish during your service?
3. What did you learn about the people or organization you helped during your service?
4. After completing your project, what did you learn about yourself? How did helping make you feel?
5. "Jesus said, 'love your neighbor as yourself.'" (Mt 22:39). What do you really think He meant now that you have completed your Apostolic Service?

**ST. WILLIAM THE ABBOT
OFFICE OF FAITH FORMATION
LEVEL 7 APOSTOLIC SERVICE HOURS LOG**

First & Last Name: _____

Complete an Apostolic Service Hours Sheet for each of your projects. Use this log to track your hours. Both must be turned in along with your reflection essay by March 11, 2026.

Date	Project	Number of Hours
Total Number of Apostolic Service Hours Completed		

**ST. WILLIAM THE ABBOT
OFFICE OF FAITH FORMATION
LEVEL 7 APOSTOLIC SERVICE HOURS SHEET**

First & Last Name: _____

Use a separate sheet for each project/day you complete service hours. Keep track of all of your hours using the Apostolic Service Hours Log. Your service hours sheets, log, and reflection essay all need to be turned in to the Office of Faith Formation by March 11, 2026.

Project/Activity Name: _____

Organization Name: _____

Type of Hours: ☐ St. William's ☐ School ☐ Community

Date Hours Completed: ____/____/____

Total Hours Completed on This Date: _____

Supervisor's Name: _____

Supervisor's Signature: _____

Description of Apostolic Service:

It is the Confirmation candidate's responsibility to make sure this form is completed. Please make a copy to bring with you ahead of time and make sure the adult supervisor signs it.

**ST. WILLIAM THE ABBOT
OFFICE OF FAITH FORMATION
LEVEL 7 DATES**

OCTOBER

15 - First Class
29 - Parent/Child Session (Students must attend with parent, guardian, or sponsor)

NOVEMBER

12 - In-Class Retreat + Autobiographies Due
26 - No Class (Thanksgiving Break)

DECEMBER

3 - Parent/Child Session (Students must attend with parent, guardian, or sponsor)
17 - Class Meets

JANUARY

14 - Class Meets
28 - Class Meets

FEBRUARY

25 - Class Meets

MARCH

11 - Parent/Child Session (Students must attend with parent, guardian, or sponsor) +
Apostolic Service Essay, Hours and Log Due
25 - Class Meets

APRIL

15 - Last Class