

Spokane Holistic Healing Client Handout Direct-To-Consumer (DTC) Lab Testing Services

In Washington state, individuals have the option to order a wide array of direct-to-consumer (DTC) lab tests without a physician's prescription. These services provide a convenient way to monitor various health aspects, including general wellness, heart health, hormone levels, and more. Here are some reputable providers offering DTC lab testing services in Washington.

In Spokane, Washington, several reputable direct-to-consumer (DTC) lab testing services are available, allowing individuals to order a variety of health tests without a physician's prescription. Here are some options to consider:

Request A Test

Spokane, WA Offers a comprehensive selection of lab tests, including general wellness panels, STD testing, and vitamin deficiency tests. They partner with two of the largest certified labs in the U.S., providing tests without the need for a doctor's order or insurance. Request A Test

Labcorp OnDemand

Spokane, WA

Provides a variety of tests such as COVID-19 testing, thyroid panels, and prostate cancer screenings. Users can order tests online and visit local Labcorp facilities for sample collection. Labcorp OnDemand

DirectLabs

Spokane, WA Offers discounted blood tests covering areas like allergies, heart health, and kidney function. Results are typically available within 24-48 hours. Direct Labs

Personalabs

Spokane, WA Provides a wide range of lab tests, including hormone panels, nutritional assessments, and disease screenings. Tests can be ordered online without a doctor's note or insurance. <u>Personalabs</u>

Interpath Laboratory

Spokane, WA Offers an online platform, InterpathDirect, where you can order a selection of lab tests without a physician's order. They provide professional lab results without the hassle. <u>interpathlab.com</u>



Quest Diagnostics

Spokane, WA Allows individuals to purchase various lab tests online, such as allergy panels, heart health tests, and STD screenings. Testing is conducted at Quest Diagnostics locations. <u>Quest Diagnostics</u>

These services enable you to select and purchase lab tests online, visit a local laboratory for sample collection, and receive confidential results electronically, often within a few days. It's important to note that while DTC lab testing offers convenience, consulting with a healthcare professional for interpretation of results and medical advice is recommended.