



BioHarmonic Technologies Music


Bioharmonic Technologies' albums offer a transformative sound therapy experience, resonating with both body and spirit. Each album is a journey using musical techniques and therapeutic elements, from ancient sacred geometry to modern brainwave entrainment, for holistic healing and growth.

Our music aids in clearing negative energy, detoxifying the body, enhancing creativity, and self-discovery. By blending advanced music theory with ancient wisdom, we create a unique sonic environment promoting relaxation, emotional balance, and physical healing.


Explore Bioharmonic Technologies Music!


Sonic Ceuticals Music Menu

This is our Music Menu for a quick overview of each album and supporting people to pick and choose the “vibrational reality they would like to align themselves with”



The graphic is a menu titled "SONIC-CEUTICALS™ MENU" in a large, white, sans-serif font at the top. Below the title, there are seven rows, each representing a different album. Each row consists of a small album cover image on the left, followed by the album name in a white, sans-serif font, and then a description of the album's benefits in a smaller white font. The background of the menu is a dark purple with a subtle, abstract pattern. At the bottom of the menu, there are four elements: the Instagram logo, the BioHarmonic Technologies logo (which includes a stylized circular graphic), the Facebook logo, and the text "VISIT OUR WEBSITE HERE" followed by the website address "bioharmonictechnologies.com". To the right of the website information is a circular QR code.

Album Cover	Album Name	Description
	Energy Clearing	"Sonic Sage"! uses special tones to clear negative energy from your nervous system, home, and surroundings, leaving you feeling balanced and refreshed.
	Cellular Attunement	Balances 12 different emotions and helps shift your mindset from negative thoughts to positive affirmations, promoting emotional clarity and peace.
	Sonic-Ceuticals Vol 1	Supports physical healing with bone regeneration, stem cell activation, visceral healing, and wound healing.
	Cell Cleanser	Combines an anti-inflammatory detox with shamanic sounds to help your body release physical and emotional traumas, promoting deep healing and balance.
	Spectrum	Calms and balances the brain and nervous system, making it perfect for easing overactive minds, ADHD, depression, anxiety, and autism
	Transformation & Abundance	Transformation: "sonic vision board" to create your ideal reality. Abundance: "sonic cup of coffee" boosting your energy, activates abundance, and promotes prosperity.
	The Journey	Choose your inner spiritual journey of self discovery, a tribal jungle adventure, or a spaceship ride to Pluto!

   VISIT OUR WEBSITE HERE
bioharmonictechnologies.com 

ENERGY CLEARING



Tonal Alchemy® CD Series Protocol

Welcome to Bioharmonic Technologies.

This CD can be used in various ways:

For the first 7 to 10 days, use this CD on a regular basis. For best results use daily. After that, use the CD weekly or whenever you or a space feel out of sorts, or the energy feels off.

Play it before you leave in the morning and return home to an energetically clean environment. You will notice a difference.

Play it upon returning home from work or any kind of stressful situation. It will be easier for you to relax and refocus.

Play it in a hotel or in a foreign living dwelling. This will clear energies of others that have lived in the space before you. Play it before you leave, and leave the space clear for the next guest.

Play it very low or without audible sound while you sleep, while working or doing tasks. This influences your subconscious and releases stuck, old energy or patterns.

Meditate with it. Play tracks #4 or #5 and follow the guided meditation. Feel your body release energy or use it to clean the energy in your house. If you prefer to use your own meditation techniques, play tracks #1-3 for a 40 min. journey of self exploration.

As energy is released, a vacuum is created. In this vacuum you can replace old, unwanted patterns with new patterns. Hold the intention of something you want to create or replace while listening to any track on this CD. Allow the change to happen.

*** This CD is not intended to diagnose or treat any specific condition.** If you have a specific issue that you would like to discuss, please contact Dr. Schwartz directly and see how this CD can be used for your needs.

To contact Dr. Steven J. Schwartz:
drsteve@bioharmonictechnologies.com



ENERGYCLEARING

The following people and technologies are the primary influences in the CD. 90% of this CD interacts with the body on a subconscious, sub-audible level. The high frequency sounds have been selected to further assist the listener by releasing energies from all levels of the physical, emotional and energetic bodies.

Patrick Flanagan – Phi, The Golden Ratio

Thought to be the mathematical ratio of everything in our existence and the primary architecture of the human body, plant life, earth and our entire galaxy.

Milton Erickson-Ericksonian Language patterns

Erickson discovered language patterns that induce trance and enable individuals to overcome subconscious blocks. Utilization of these patterns allows one's subconscious to resolve past traumas and beliefs that are no longer necessary.

Yehuda Berg-72 Names of God (Kabbalah)

The Hebrew language is one of the oldest languages on the planet. In the Kabbalah, it is believed there exists an advanced technology encoded in the book of Exodus. Each verse has 72 letters, which form 72 different "codes" to manifest specific energies. There are three letters per code, representing positive, negative and ground energy. They operate at the DNA level of the soul and target the EGO directly, assisting in the releasing of old karmic patterns.

Hawaiian Huna

Rooted in Ancient Hawaiian Mysticism, the sacred symbols of the Kahuna are believed to be the most powerful therapeutic symbols on the planet. The vibrational frequencies of each symbol have been included in this CD, and carry different energies that assist the listener to easily and gently release old patterns and energies.

Dr. June Leslie Wieder-Sounds of the Spine

"Bone Toning," which was developed by Dr. Wieder, shows how the human spine consists of 24 vertebrae and correlates to both the major and minor notes in music. Each vertebra carries its own unique resonant frequency. When stimulated, it can facilitate specific neurological responses in the body.

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ENERGY CLEARING



We are all physical manifestations of our own energetics. If you suffer from low energy, depression, negative thought patterns, physical or emotional pain, or if you feel uncomfortable in your home or workplace, you will benefit from clearing your energy field.

For centuries indigenous cultures, such as the Native Americans, Asians, and Buddhists, have used various techniques to clear spaces and dwellings as well as themselves. "Energy Clearing" is an audio recording that will clear your energetic personal space without any of the odor of traditional energy clearing agents.

Our physical bodies are bombarded by over 100,000 artificial negative electromagnetic frequencies on a daily basis. These frequencies all exist in the same harmonic range as do the cells of our bodies. This creates confusion between the cells and can cause a state of stress. This stress, can facilitate disease and dysfunction. As our bodies can become altered due to negative energies from our surroundings, they can also become altered due to the presence of negative energies or frequencies within them.

"Energy Clearing" is a compilation of high frequency instruments, used for centuries to release and clear negative and altered frequencies, combined with specialized harmonic frequencies that resonate with the connective tissue matrix of the body. "Energy Clearing" also uses ancient geometry and teachings from the indigenous people to provide a unique experience of sound and meditation. This will leave you and your dwelling free of all negative and altered energy and will restore a new level of energy, harmony and rejuvenation.

Production and Engineering

Christopher Lawhead

www.LawheadMusic.com or www.HealingAudio.com

Artwork

www.BrianGavagan.com

Design and Layout

www.DeanAllanDesign.com

Artist / Executive Producer

Dr. Steven J. Schwartz DC

www.BioharmonicTechnologies.com



ENERGY CLEARING:

Listen to this music to clear all negative energy out of your Nervous System, Space and Environment. "Sonic Sage"

- **Track List Features:**

A 5 Track album - 3 Instrumental tracks & 2 guided meditations designed with specific frequencies to clear negative energy all between 16-17 mins in length

Therapeutic Components:

Alpha Brainwave States

- Spinal Frequencies
- Sacred Geometry
- Brain Entrainment Enhancing Frequencies

We are all physical manifestations of our own energetics. Perhaps you suffer from low energy, depression, negative thought patterns, physical or emotional pain. If you feel uncomfortable in your own home or work place, you probably would benefit from clearing your energy field, because what you can not see or smell may be causing many problems.

For centuries, indigenous cultures such as the Native Americans, Asians, and Buddhists have used various techniques to clear spaces and dwellings, as well as themselves. "Energy Clearing" is an audio recording able to create an energetically clear space without any of the usual odor or smells associated with mundane cleaning agents.

Our physical bodies are bombarded by over 100,000 artificial negative electromagnetic frequencies on a daily basis. All these frequencies exist in the same harmonic range as do the cells of our bodies. This creates confusion between the cells and can set up an internal environment for a state of stress. This stress can create disease and dysfunction. Our bodies can become altered due to negative energies of our surroundings. Likewise, our houses, apartments, workspace and other dwellings can also become altered due to the presence of negative energies or frequencies within them.

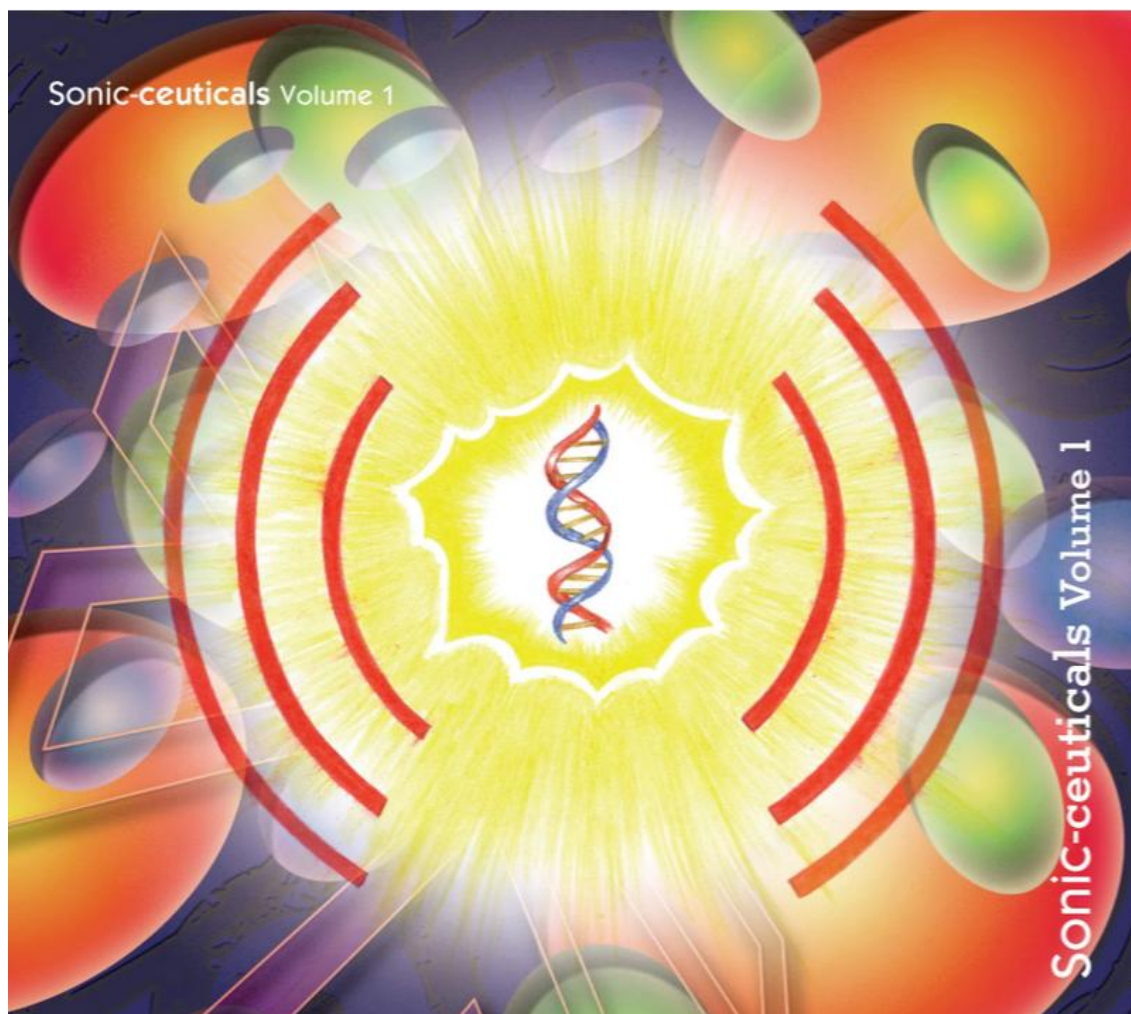
"Energy Clearing" has a compilation of high frequency instruments which have been used for centuries to release and clear negative and altered frequencies. These are then combined with specialized harmonic frequencies that resonate with the geometry of nature and the body. "Energy Clearing" also uses ancient geometry and teachings from the indigenous peoples to provide a unique experience of sound and meditation. This will leave you and your dwelling free of all negative and altered energies. A new level of energy, harmony and rejuvenation will be very apparent to all who experience this new feeling within and around their bodies. You can use this CD whenever you feel out of sorts or uncomfortable in your space.

Dr. Steven J. Schwartz is the founder of Bioharmonic Technologies. He has studied chronic illness and disease for the last 10 years using various vibration and sound techniques. "Energy Clearing" is the first in a 5 CD set called Tonal Alchemy and is intended to create specific therapeutic benefits. Please contact Dr. Steven J. Schwartz directly at bioharmonictechnologies@gmail.com with any questions.

Sonic-ceuticals Music Volume 1

Sonic-ceuticals Volume 1

Sonic-ceuticals Volume 1



Welcome To Sonic-ceuticals

The base fundamental process of cellular communication is cellular resonance. In traditional medical textbooks, this is referred to as "Signal Transduction". The process of cells to carry out day to day functions like regeneration, metabolism, cellular respiration begins and ends with appropriate communication between the cells. Chemical cascades occur as a response to signal transduction communication. **Sonic-ceuticals Vol 1** works with the natural frequencies and resonance of the human body to help create a more conducive environment for cellular physiology to occur.

The difference between light and sound is speed. We are physical manifestations of moving energy and light. We are light, slowed down into a manifested form. This is why sound can so effectively influence our body's physiology. It interacts with our bodies at a much slower speed. **Sonic-ceuticals Vol 1**. Combines known physiological frequency ranges, mathematical ratios and sacred geometry, layered along with contemporary music, to influence physiological cellular expression.

While traveling abroad Dr. Steven Schwartz was inspired to create **Sonic-ceuticals Vol 1**. The healing modalities featured in this project were originally intended to address various ailments encountered in remote locations of South America. The musical compositions on this CD embrace a haunting, unique flavor of Native Music, combined with healing frequencies designed to restore balance to an unbalanced system.



Sonic-ceuticals Volume 1

1. **Bone Regeneration:** *Bone and hard tissues of the body.*
2. **Muscle Relaxation/Neurological Stimulation:** *Tight Muscles, ADD, Neurological/Brain Trauma.*
3. **Focus, Create, Imagine:** *Increase Mental Function.*
4. **Visceral healing:** *Inner Organs and tissue of the body.*
5. **Wound Healing Upper Extremities:** *Head, Neck, Arms, Shoulders, Ribs.*
6. **Wound Healing Lower Extremities:** *Lower Back, Pelvis, Legs, Feet.*
7. **Universal Phi:** *Connection between the Physical Body and Earth.*
8. **Spinal Phi Ascending:** *Upward movement of Energy through the Spinal Vertebrae assists in release of emotions and old unwanted patterns.*
9. **Spinal Phi Descending:** *Downward movement of Energy through the Spinal Vertebrae assists in grounding and creating new possibilities.*



Sonic-ceuticals Components

Nogier Frequencies

Dr. Paul Nogier, recognised worldwide as the "father of Auriculotherapy," was a medical research scientist and physician. In 1951, he discovered Auricular Therapy. Ten years later he developed Auricular medicine. Dr. Nogier correlated specific frequencies to neurological reflex points in the ears to directly influence health conditions.

Phi Frequency, Golden Ratio

This ratio is thought to be the mathematical ratio of everything in our existence. Phi Frequency is theorized to be the primary architecture of the human body, plant life, earth and our entire galaxy.

Sacred Geometry

Our subconscious minds communicate through symbols. Even our alphabet is a series of shapes that form a representation of words. Research shows that the more ancient or primitive the symbols, the better it resonates with our DNA.

Geometry from Kabbalah and Ancient Hawaiian Huna were used in this CD to assist with accessing the subconscious mind to support the above referenced frequencies.

Dr. June Leslie Wieder-Sounds of the Spine

"Bone Toning", which was developed by Dr. Wider, shows how the human spine consists of 24 Vertebra, and correlates to both the major and minor notes in music. Each vertebra carries its own unique resonant frequency. When stimulated, it can facilitate specific neurological responses in the body.

Executive Producer and musical Composition -
Dr. Steven Schwartz DC

www.bioharmonictechnologies.com
www.theallergystop.com

Engineering and additional Production- Silas Mera
In Your Head Productions LLC
www.inyourheadproductions.net

Artwork- Brian Gavagan
www.briangavagan.com

Design and Layout - Dean Allan McCready
www.Deanallandesign.com

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Sonic-ceuticals Volume 1 • Protocols

Welcome to Bioharmonic Technologies.

Use the following protocols to get the most out of your Sonic-ceuticals Experience.

1. Listen to the entire CD to enjoy the effects of the physiological frequencies balancing all aspects of your body. Consider listening daily, the same way you take a multi-vitamin for good health.
2. Choose individual tracks to work with specific areas of the body that may need energetic support to assist in physical healing. If a specific injury or condition exists, loop one specific track that can help with that issue and play it multiple times throughout the day. Repeat this process until the condition improves and or resolves.
3. Broadcast Sonic-ceuticals through speakers into water or other conductive medium, then drink the water or apply the conductive medium directly onto the desired location needing healing.
4. Tracks 8 and 9 consist of root spinal frequencies, Phi Frequency and sacred geometry **only**. Listen to these tracks by themselves or in conjunction with any other music to create your own unique Bioharmonic Technologies experience.
5. It is not necessary to meditate with Sonic-ceuticals Volume 1, but through meditation and intention, a deeper focused process of healing may be obtained.

Sonic-ceuticals Volume 1 is a sound healing project not intended to diagnose or treat any condition. If you suffer from some kind of injury, wound, condition, or illness, consult a licensed healthcare practitioner.

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Sonic-ceuticals Music Volume 1

- **Track List Features:**

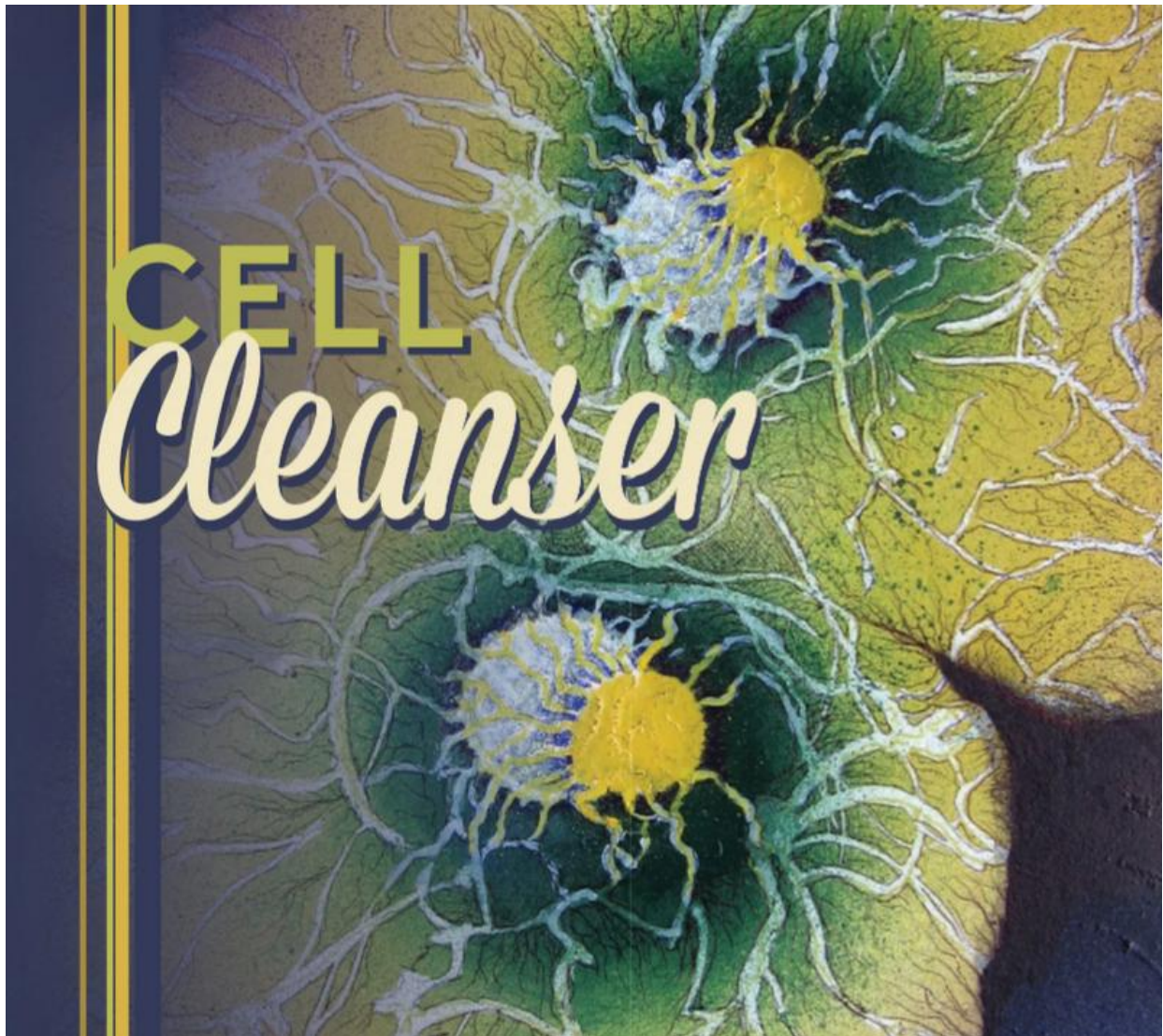
A 9 Track album - designed to work specifically with the physical body. Tracks are between 4-14 mins in length. Choose from Bone Regeneration, Visceral Healing, Wound Healing, Creativity enhancement, Stem Cell support, as well as grounding and releasing.

- **Therapeutic Components:**

Embedded Frequencies from Dr. Paul Nogier

- Physiological Frequencies for supporting the body and different aspects of the physiology
- Sacred Geometry

Cell Cleanser



CELL Cleanser

Components

Phi Frequency-Golden Ratio

Phi Frequency, or the Golden Ratio, is a numerical sequence which is thought to be the foundation of everything in existence. It is considered to underlie the primary architecture of the human body, plant life, our earth, and the entire galaxy.

Theta Brain Wave State (4 to 8 Hz)

Brain wave states are associated with different levels of consciousness, for example day-dreaming, meditation, healing and sleep. Theta Brain Wave States represent a state of deep relaxation, meditation, enhanced creativity, stress relief and light sleep. Research has shown that thirty minutes a day of Theta meditation can dramatically improve a person's overall health and well-being.

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Solfeggio Scale Frequencies

Used in Gregorian chants, this lost scale of music is theorized to induce profound spiritual growth and change. The mathematical ratio of this musical scale is based on specific numeric patterns that both create and enhance living physiology.

Sacred Geometry

The subconscious mind communicates through symbols. Alphabet, in itself, is a series of shapes that form a representation of words. Research shows that the more ancient or primitive the symbol, the better it resonates with living DNA. Geometry from Kabbalah and Ancient Hawaiian Huna were used in this project to assist with accessing the subconscious mind to support physical, emotional, and spiritual cell cleansing.

432 Hz Therapeutic Tuning

As an alternative to traditional 440 tuning, 432 Tuning has been referred to as the GOD note and provides a more "Positive" relaxed listening experience. 432 tuning is associated with facilitating higher consciousness.

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CELL Cleanser



Detoxification has been a foundational aspect of health for many centuries, with the earliest accounts being associated with colon hydrotherapy, dating back to the Egyptians in 1500 BC. The purpose of detoxification is to **promote health, fight disease and promote personal and spiritual growth**. The human body is bioelectrical in nature, which supersedes natural biochemical cascading pathways that exist in the body. Through specialized musical frequencies, brain wave states and mathematical ratios, the vibrational network of the body can be accessed to help promote cleansing at a cellular level.

Physical illness, emotional instability, and lack of personal and spiritual growth all can be symptoms of toxicity trapped within one's vibrational cellular network. The ability to purge unwanted toxins from the environment, past physical and emotional traumas, and past illnesses and infections can help support creating optimal thriving cellular ecology. *Cell Cleanser* from Bioharmonic Technologies provides a musical foundation that can be used as a standalone product or can be used in conjunction with other healing techniques, technologies and modalities to support better health.

Cell Cleanser from Bioharmonic Technologies was created to help cleanse the cell of toxins, create an internal vibrational environment to support a healthier, simpler lifestyle, and to aid in eliminating electromagnetic radiation, as well as acute and chronic infection. This musical project combines research from a number of different sources to help access and support change within the cells.

Cell Cleanser from Bioharmonic Technologies has not been evaluated by the FDA in any way to support any above-stated claims. Cell Cleanser was not designed to diagnose or treat any condition or specific ailment and should not be used to replace any current medical treatment, as prescribed by your healthcare provider.

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Welcome to Bioharmonic Technologies.

Use the following protocols to get the most out of your *Cell Cleanser* experience:

Protocols

For Cold/flu/infection:

Listen to *Cell Cleanser* from **Bioharmonic Technologies**, as soon as you begin to feel sick, or even if you feel slightly under the weather. Repeatedly listen over the next 24 hours until your symptoms improve. Utilizing *Cell Cleanser*, from **Bioharmonic Technologies**, can be combined and incorporated with any other healing remedy, supplement, technique, and technology.

If the cold, illness or infection is active or chronic, use *Cell Cleanser*, from **Bioharmonic Technologies**, on a more consistent and continual basis till symptoms resolve.

For physical, spiritual and past trauma detoxification:

Listen to *Cell Cleanser* from **Bioharmonic Technologies** as part of your normal meditation or healing rituals. Use as a supportive product to enhance

cellular detoxification on the physical, emotional and spiritual level. Also use during massage, colon hydrotherapy, or any other form of body work.

For general health and well-being:

The foundation of cellular function is rooted in vibrational resonance. Listening to *Cell Cleanser* from **Bioharmonic Technologies**, on a regular basis, will provide a balanced, life-enhancing foundation to promote and sustain optimum health and well-being.

To complement and augment the effects of *Cell Cleanser* or any other **Bioharmonic Technologies** projects, experience the music through specialized Vibroacoustic Sound Technology, distributed through ASA Technologies. Sound lounge technology adds a new dimension of mechanical vibration, in combination with music, to accentuate the scientific components embedded within the music.

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Cell Cleanser

Track List Features:

- A 2 Track album - 20 Min Cell Cleanser and 30 Min Cell Cleanser. If you suffer from any kind of chronic illness, acute cold, flu, or suffer from any kind of inflammation of the body this is the music to listen too. If you are doing a cleanse or are looking to activate detoxification of your physical or emotional body - listen to cell cleanser.

Therapeutic Components:

Researched Frequencies to support pathogen release and other inflammatory activating triggers.

- Theta Brainwave States

- Sacred Geometry

The next generation of Bioharmonic Technologies Therapeutic Music, Cell Cleanser, helps support and stimulate detoxification of both the physical and spiritual body.

Detoxification has been a foundational aspect of health for many centuries, with the earliest accounts being associated with colon hydrotherapy, dating back to the Egyptians in 1500 BC. The purpose of detoxification is to promote health, fight disease and promote personal and spiritual growth. The human body is bioelectrical in nature, which supersedes natural biochemical cascading pathways that exist in the body. Through specialized musical frequencies, brain wave states and mathematical ratios, the vibrational network of the body can be accessed to help promote cleansing at a cellular level.

Physical illness, emotional instability, and lack of personal and spiritual growth all can be symptoms of toxicity trapped within one's vibrational cellular network. The ability to purge unwanted toxins from the environment, past physical and emotional traumas, and past illnesses and infections can help support creating optimal thriving cellular ecology. Cell Cleanser from Bioharmonic Technologies provides a musical foundation that can be used as a standalone product or can be used in conjunction with other healing techniques, technologies and modalities to support better health.

Cell Cleanser by Bioharmonic Technologies was created to help cleanse the cell of toxins, create an internal vibrational environment to support a healthier, simpler lifestyle, and to aid in eliminating electromagnetic radiation, as well as acute and chronic infection. This musical project combines research from a number of different sources to help access and support change within the cells.

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Transformation and Abundance

ABUNDANCE

TRANSFORMATION



TRANSFORMATION & ABUNDANCE

Components

Phi Frequency-Golden Ratio

Phi Frequency, or the Golden Ratio, is a numerical sequence which is thought to be the foundation of everything in existence. It is considered to underlie the primary architecture of the human body, plant life, our earth, and the entire galaxy.

Brain Wave States

Brain wave states are associated with different levels of consciousness, for example day-dreaming, meditation, healing and sleep. A combination of Beta, Alpha and Theta Brain Waves are accessed through out this CD to enhance the therapeutic experience.

Spinal Frequencies

According to **Dr. June Leslie Wieder**, author of *Sounds of the Spine*, the spine consists of 24 vertebrae and correlates to both the major and minor scale of music. Each vertebra carries its own unique resonant frequency which, when stimulated, can facilitate specific neurological responses in the body.

Solfeggio Scale Frequencies

Used in Gregorian chants, this lost scale of music is theorized to induce profound spiritual growth and change. The mathematical ratio of this musical scale is based on specific numeric patterns that both create and enhance living physiology.

Sacred Geometry

The subconscious mind communicates through symbols. Alphabet, in itself, is a series of shapes that form a representation of words. Research shows that the more ancient or primitive the symbol, the better it resonates with living DNA. Geometry from **Kabbalah and Ancient Hawaiian Huna** were used in this project to assist with accessing the subconscious mind to support transformational change and abundance.

432 Hz Therapeutic Tuning

As an alternative to traditional 440 tuning, 432 Tuning has been referred to as the GOD note and provides a more "Positive" relaxed listening experience. 432 tuning is associated with facilitating higher consciousness.

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TRANSFORMATION & ABUNDANCE



What if you could create whatever you wanted in your life? Just like a genie, you have access to rapid manifestation of your hopes, dreams and desires. Have you ever given yourself permission to think and be as big as you want to be? The modern world consists of busy lifestyles, family, and work obligations, stress from our environment, and finances. If you are ready to create massive change in your life and start living the life of your dreams, then welcome to *Transformation and Abundance* Sonic-ceutical from **Bioharmonic Technologies**.

The science of transformation is not as difficult as it seems. There are three components. A **clear intention**, a **congruent vibrational resonance within the body** to support the intention, and a mechanism to support the **stimulation of the molecules of our cells** to allow for our bodies to reorganize in a new reality that is in alignment with the specific intention. This is called "The Genie's Lamp Phenomenon". The Intention is the Genie. The body is the lamp and the mechanism of vibration activation is the rubbing process of the lamp to stimulate transformational change.

Our bodies consist of trillions of cells and our cells are made up of infinite molecules that contain countless spinning electrons. These electrons are in constant movement. Their orientation directly corresponds to the way our physical bodies are expressed. If you want to change your life and the way your electrons orient themselves, incorporate *Transformation and Abundance* from **Bioharmonic Technologies** into your daily lifestyle. This Sonic-ceutical works with advanced music theory, sacred geometry, specific mathematical ratios, brainwave states and physiological frequencies. "Rubbing" of the genie's lamp supports you in realizing your most powerful intentions.*

To enhance your sonic-ceutical experience, listen to *Transformation and Abundance* through specialized vibroacoustic sound lounge technology distributed through ASA Technologies.

- BioHarmonicTechnologies.com • ASABalance.com/SoundLounge
- ASABalance.com • DrStevenSchwartz.com



Welcome to Bioharmonic Technologies.

Use the following Protocols to get the most out of ***Transformation and Abundance*** Sonic-ceutical experience.

Protocols

Take the 30 Day Transformational Challenge.

- Commit to listening to at least one therapeutic track of Transformation daily for 30 days, either with or without a Vibroacoustic Sound Lounge distributed by ASA Technologies. See the following link for more information. **ASABalance.com/SoundLounge**
- Set a specific intention of how you want to transform in your life, and then clear your mind. Allow the therapeutic music to act upon the vibrational network of your body.
- If doubt or negativity creeps into your mind during a session, notice where it resides. Breathe and release those thoughts from your mind and body.
- Pick one transformational intention and commit to working through that single topic for 30 days.
- Daily journaling is recommended through this process.



Abundance

Abundance is a bonus Sonic-ceutical added to this project. Its intention is to support the vibration of abundance in your daily life. It's focus is solely for the purpose of amplifying and augmenting life's bountiful gifts.

Abundance Sonic-ceutical from **Bioharmonic Technologies** has the potential to amplify both negative and positive thoughts. Therefore, as negative thoughts are brought to consciousness, let them go and focus on positive thoughts and intentions as you listen to the track. Allow the music to permeate every cell, thought, and emotion in your body.

If much negativity is present in your life, you may wish to begin with listening to **Energy Cleaning** Sonic-ceutical from **Bioharmonic Technologies** daily for at least a month to help release any negative energy that may be trapped in your energy field or nervous system.

Use **Transformation and Abundance** Sonic-ceutical from **Bioharmonic Technologies** as a daily support when you want to reinforce the manifestation of intentions, to create a positive space of abundance, or to realize infinite possibilities in your life.

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Transformation and Abundance

Track List Features:

- A 3 Track album - 20 Min Transformation, 30 Min Transformation, 15 Min Abundance. Music for setting intentions and finding clarity on how you want to transform your life. A sequence of Beta, Alpha, and Theta brainwave states.

Therapeutic Components:

Researched Frequencies for stimulating and activating Beta, Alpha, and Theta brainwave states

- Phi Ratio & Schumann Frequencies

- Sacred Geometry

Transformation and Abundance! Who does not want that? This specially developed therapeutic music project from Bioharmonic Technologies now offers this on one complete album.

What if you could create whatever you wanted in your life? Just like a genie, you have access to rapid manifestation of your hopes, dreams and desires. Have you ever given yourself permission to think and be as big as you want to be? The modern world consists of busy lifestyles, family, and work obligations, stress from our environment, and finances. If you are ready to create massive change in your life and start living the life of your dreams, then welcome to Transformation and Abundance Sonic-ceutical from Bioharmonic Technologies.

The science of transformation is not as difficult as it seems. There are three components. A clear intention, a congruent vibrational resonance within the body to support the intention, and a mechanism to support the stimulation of the molecules of our cells to allow for our bodies to reorganize in a new reality that is in alignment with the specific intention. This is called “The Genie’s Lamp Phenomenon”. The Intention is the Genie. The body is the lamp and the mechanism of vibration activation is the rubbing process of the lamp to stimulate transformational change.

Our bodies consist of trillions of cells and our cells are made up of infinite molecules that contain countless spinning electrons. These electrons are in constant movement. Their orientation directly corresponds to the way our physical bodies are expressed. If you want to change your life and the way your electrons orient themselves, incorporate Transformation and Abundance from Bioharmonic Technologies into your daily lifestyle. This Sonic-ceutical works with advanced music theory, sacred geometry, specific mathematical ratios, brainwave states and physiological frequencies. “Rubbing” of the genie’s lamp supports you in realizing your most powerful intentions.*

Spectrum

Spectrum

BIOHARMONIC TECHNOLOGIES • S P E C T R U M



Spectrum Components

Phi Frequency-Golden Ratio

Phi Frequency, or the Golden Ratio, is a numerical sequence which is thought to be the foundation of everything in existence. It is considered to underlie the primary architecture of the human body, plant life, our earth, and the entire galaxy.

Alpha Brain Wave States

Brain wave states are associated with different levels of consciousness, for example day-dreaming, meditation, healing and sleep. Alpha Brain Waves represent a state of relaxed mental awareness, reflection and a deeper level of creativity.

40 to 68 Hz (*Skille, Wigram, Persons, DeBacker*)

Research conducted by Anthony Lewis Wigram, Olav Skille et al has shown that the use of 40 to 68 Hz through Vibroacoustic technology produces increased relaxation and reduces hyperventilation and tension in Autistic Patients.

Solfeggio Scale Frequencies

Used in Gregorian chants, this lost scale of music is theorized to induce profound spiritual growth and change. The mathematical ratio of this musical scale is based on specific numeric patterns that both create and enhance living physiology.

Sacred Geometry

The subconscious mind communicates through symbols. Alphabet, in itself, is a series of shapes that form a representation of words. Research shows that the more ancient or primitive the symbol, the better it resonates with living DNA. Geometry from **Kabbalah** and **Ancient Hawaiian Huna** were used in this project to assist with accessing the subconscious mind to support relaxation, healing, creativity and other positive responses in people with Autism and other sensory processing disorders.

432 Hz Therapeutic Tuning

As an alternative to traditional 440 tuning, 432 Tuning has been referred to as the GOD note and provides a more "Positive" relaxed listening experience. 432 tuning is associated with facilitating higher consciousness.



BioHarmonicTechnologies.com • DrStevenSchwartz.com

Spectrum

According to statistics from the Autism Society of America, approximately 1% of the world suffers from Autism Spectrum Disorder (ASD). There are more than 3.5 million people in the United States living with Autism. Between 2000 and 2010, cases of Autism increased by 120%, and that statistic has continued to grow. ASD is now considered one of the most rapidly progressing developmental disabilities in this country.

Although symptoms and severity vary widely (autismspeaks.org), an individual with ASD is generally described as having social and interactional difficulties, communication challenges and a tendency to engage in repetitive behaviors. The cause of Autism is not well defined, but is theorized to be linked to a variety of potential triggers like genetics, vaccinations, allergies, and environmental contamination from food, water and air.

There is no established cure for ASD. However, there has been plentiful research supporting the effects of sound on Autistic patients. This research has yielded positive results in regard to stabilization and even symptomatic reduction, associated with ASD. Different rhythms, brain wave patterns and specific frequency ranges have all shown promising outcomes when used with the Autistic Patient.

Spectrum, by Bioharmonic Technologies was created to support and improve symptoms associated with Autism. This specialized "Sonic-ceutical" project has also been shown to have a salutary effect on people suffering from other sensory processing disorders like ADD/ADHD. Common findings, when listening to *Spectrum* from Bioharmonic Technologies, include increased creativity and mental relaxation. Results and effects may vary from person to person.

BioHarmonicTechnologies.com • DrStevenSchwartz.com



Protocols

For Extreme Autistic or severe sensory processing disorder Patients like ADD/ADHD, OCD:

Initially, use *Spectrum* from Bioharmonic Technologies at a very low volume and only for a short time. Every person will respond differently. All components contained within this musical project provide maximum therapeutic benefit and were created specifically to stimulate the vibrational network of body. The effects of this process can result in deep sleep, intense relaxation and improved mental clarity.

Warning: This musical arrangement may cause elevated emotions upon initial exposure. If so, follow the above instructions until the listener becomes acquainted with the music. Then use *Spectrum* daily, or even multiple times a day, depending on tolerance. You may also vary listening time and duration. Keep in mind that the key to this process is eventual consistency.

For lower spectrum Autism, highly functioning ADD/ ADHD and other sensory processing conditions:

Use *Spectrum* from Bioharmonic Technologies on a daily basis to help improve focus, concentration, mental and physical relaxation, and increased creativity. *Spectrum* can be used with other Bioharmonic Technologies musical projects to help enhance and support various physiological responses. **Adjust the volume and duration according to body and mental responses.**

For improving focus, creativity, concentration, relaxation and mental clarity:

Spectrum can be used whenever the listener wants to enhance any of the above listed characteristics. This sonic-ceutical from Bioharmonic Technologies can be played through speakers, headphones, or specialized distributed by Holistic Health Science. As explained above, in some cases, low range vibration may need to be turned down and gradually elevated in intensity over time. See link below for more information on the sound lounge.

Spectrum

- **Track List Features:**

A 2 Track album - 20 Min Spectrum and 30 Min Spectrum. Incorporates specific mathematical ratios, sacred geometry, physiological frequencies and advanced music theory to create support for people suffering from Autism, ADD/ADHD and other sensory processing disorders.

Therapeutic Components:

Researched Frequencies for stimulating and activating the Thalamus and other aspects of the brain

- Theta Brainwave States

- Sacred Geometry

The next generation in Bioharmonic Technologies Therapeutic Music, Spectrum, incorporates specific mathematical ratios, sacred geometry, physiological frequencies and advanced music theory to create support for people suffering from Autism, ADD/ADHD and other sensory processing disorders.

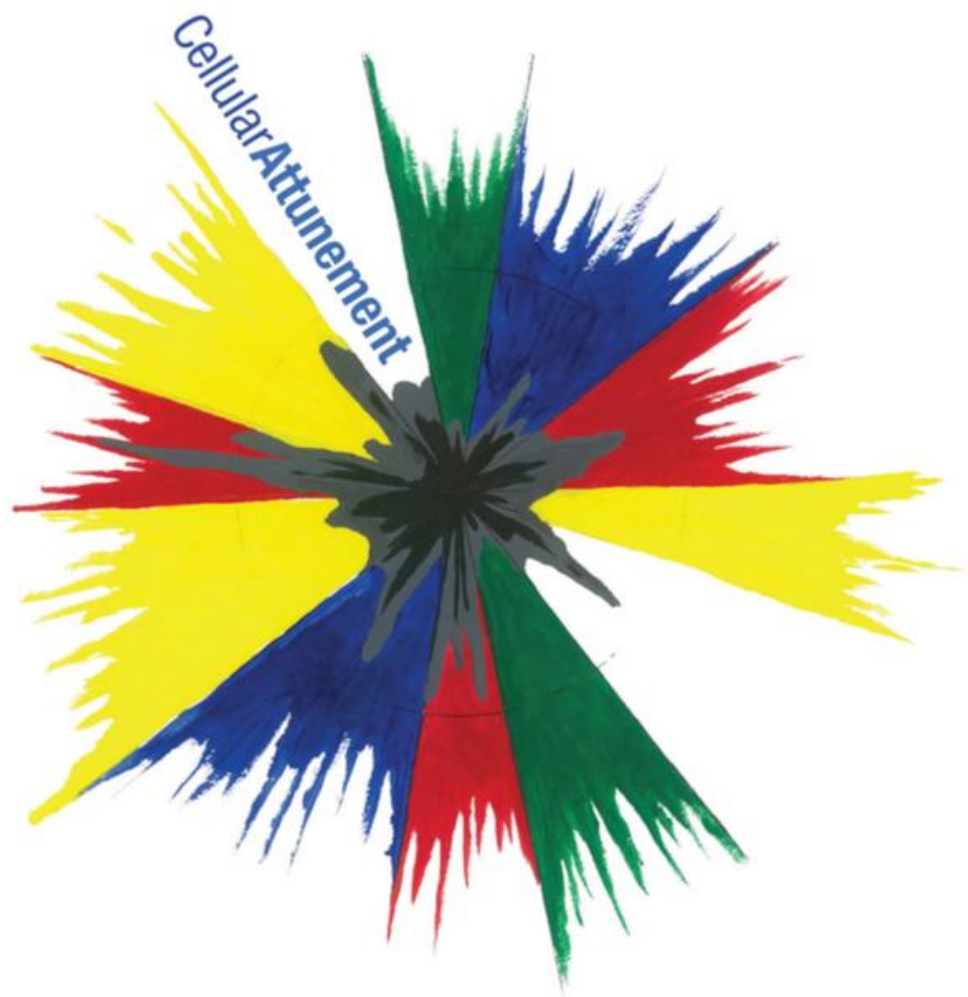
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Spectrum, by Bioharmonic Technologies was created to support and improve symptoms associated with Autism. This specialized “Sonic-ceutical” project has also been shown to have a salutary effect on people suffering from other sensory processing disorders like ADD/ADHD. Common findings, when listening to Autism from Bioharmonic Technologies, include increased creativity and mental relaxation. Results and effects may vary from person to person.

Cellular Attunement



Welcome To CellularAttunement

Have you ever wondered why you seem to always attract the same kinds of relationships in your life? Do you seem to be susceptible to certain types of health problems? Do you wonder why you cannot break free from repetitive negative patterns? Do you wish you could change old habits and create positive, functional ones?

All these patterns come from vibrational resonance within the cellular structure. The frequency you transmit is the frequency you attract. In effect, the human body operates like a tuning fork, attracting whatever frequencies it transmits, either positive or negative.

"Cellular Attunement" was inspired by a technological breakthrough, the EVOX by Zyto, which is designed to eliminate perceptual blockages and release cellular memory patterns. Our spines are attuned to the 12 notes of the chromatic musical scale. "Cellular Attunement" works with all 12 notes to create a balanced, relaxed listening experience that can help release old emotional and physical blockages associated with the body's cellular frequencies.

Approximately 80% of our body consists of water. This water flows among the cells through an intricate network of connective tissue, which allows communication to spread from cell to cell and organ to organ. The same connective tissue can also hold memories from past emotional, physical, and inherited trauma. "Cellular Attunement" uses a combination of advanced musical theory, mathematical ratios, sacred geometry, and sub-audible affirmations to assist in the release of cellular memories. In this way it assists you to become the person you always wanted to be.

BioharmonicTechnologies.com



CellularAttunement Affirmations

The following affirmations are embedded within the music of this CD. To reinforce the intention of the music, repeat the affirmation as you listen to the corresponding track.

Zone 1: Unacknowledged vs. Self-Validated

"I am respected and make decisions from a place of confidence."

Zone 2: Repetitive Thinking vs. Independent

Thinking "I restore my creative abilities, embrace a broader perspective, and am an effective problem solver."

Zone 3: Depression vs. Inner Peace

"I find inner harmony and accept myself as I stay fully engaged in the present."

Zone 4: Emotionally Disconnected vs. Emotionally Integrated

"I easily and effortlessly understand the full spectrum of my feelings and know how to express them."

Zone 5: Self Critical vs. Self-Love

"I breathe deeply with an open heart as I release all blame from myself and others. I embody compassion as I forgive past experiences."

Zone 6: Conditional Love vs. Unconditional Love

"I give and receive love unconditionally while releasing myself from harmful beliefs."

Zone 7: Anger vs. Self-Acceptance

"I am open and willing to accept change in all aspects of my life."

Zone 8: Fearful overwhelm vs. Accountability

"I am a confident, patient, and focused decision maker. I am accountable for all aspects of my life."

Zone 9: Suppressed Emotional Expression vs. Appropriate Emotional Expression.

"I stand up for my beliefs while staying grounded and open."

Zone 10: Unworthy/ Undeserving vs. Self-Accepting

"I accept myself and the love of others, and I am worthy of receiving deep nurturing."

Zone 11: Rigid Beliefs vs. Open to Possibilities

"I am flexible and open to possibilities while effortlessly achieving goals. I feel more at home in the world and in my own skin."

Zone 12: Conflicting Beliefs vs. Congruent Beliefs

"My beliefs are congruent with my actions as I easily and wholly focus on the present."

CellularAttunement Components

The music composed on "Cellular Attunement" is more than a traditional, passive listening process. There are specific components that engage the brain and different aspects of one's connective tissue to assist in the clearing of negative energies within the body and to simultaneously assist in imprinting corrective frequencies.

EVOX by Zyto

The inspiration behind "Cellular Attunement." This biofeedback technology demonstrates that by changing one's perception, one can change his/her reality. This Active Music CD was designed to assist in shifting negative perceptions and releasing cellular memory patterns.

Fabien Maman – Musical Modes

Jazz musician, Acupuncturist, and Researcher. Mr. Maman conducted experiments to demonstrate the way that music effects specific cellular functions. Greek Modes resonate with endocrine glands, and the energy systems of the human body.

Dr. Steven Schwartz DC & Dr. Branan Dewees DC

Created specific affirmations designed in conjunction with the EVOX technology to allow the listener to achieve deeper active processes when listening to "Cellular Attunement."

Patrick Flanagan – Phi, the Golden Ratio

Thought to be the mathematical ratio of everything in our existence and the primary architecture of the human body, plant life, earth, and our entire galaxy.

Yehuda Berg – 72 Names of God (Kabbalah)

The Hebrew language is one of the oldest languages on the planet. In the Kabbalah, it is believed that there exists an advanced technology, encoded in the book of Exodus. Each verse has 72 letters, which form 72 different "codes" to manifest specific energies. There are 3 letters per code, representing positive, negative and ground energy. They operate at the DNA level of the soul and target the EGO directly, assisting in the release of old karmic patterns.

Hawaiian Huna

Rooted in ancient Hawaiian mysticism, the sacred symbols of the Kahuna are believed to be the most powerful therapeutic symbols on the planet. The vibrational frequencies of each symbol have been included in this CD.

BIOHARMONICTECHNOLOGIES.COM

CellularAttunement Protocols

Welcome to Bioharmonic Technologies.

Use the following protocols to get the most out of your "Cellular Attunement" Experience:

1. Use in conjunction with The EVOX by Zyto to assist in changing perceptual blockages found during individual treatment sessions (consult your practitioner for specific recommendations).
2. Listen to the entire CD in order to enjoy a whole body-balancing experience.
3. Follow along with the "Cellular Attunement" Affirmations in order to reinforce them on the conscious and subconscious levels simultaneously.
4. If you are feeling out of sorts or experiencing a specific emotional blockage, identify the specific track (Zone) that best corresponds to your feeling and listen to that specific track until you feel better. Following relief from the emotion, listen to that track daily for the next 1 to 3 weeks.
5. Meditate with this CD or listen to it passively while you do other activities. The sound technology within the CD will affect your physiology and overall sense of well-being.

*This CD is not intended to diagnose or treat any kind of health problem.

**This CD does not replace any kind of medical treatment you may be currently receiving.

Executive Producer | Dr. Steven Schwartz, DC

www.bioharmonictechnologies.com,
www.theallergystop.com

Engineering and musical composition

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www.lawheadmusic.com, www.healingaudio.com

Collaboration and Editing | Dr. Branan Dewees, DC

www.theallergystop.com

Artwork | Brian Gavagan

www.briangavagan.com www.yellowdesign.com

Design and Layout | Dean Allan McCready

www.DeanAllanDesign.com

Special Thanks to everyone at Zyto for the support and encouragement on this project.

Cellular Attunement

Choose from 12 different emotional relationships you are wanting to help harmonize in your body. Listening to all 12 tracks will create a full body journey towards emotional balancing.

-

Track List Features:

A 12 Track album - all between 5-6 mins in length

-

Therapeutic Components:

Advanced musical modes, notes, and octaves that correspond with different aspects of the body

- ***sacred geometry subliminal programing for releasing and balancing***

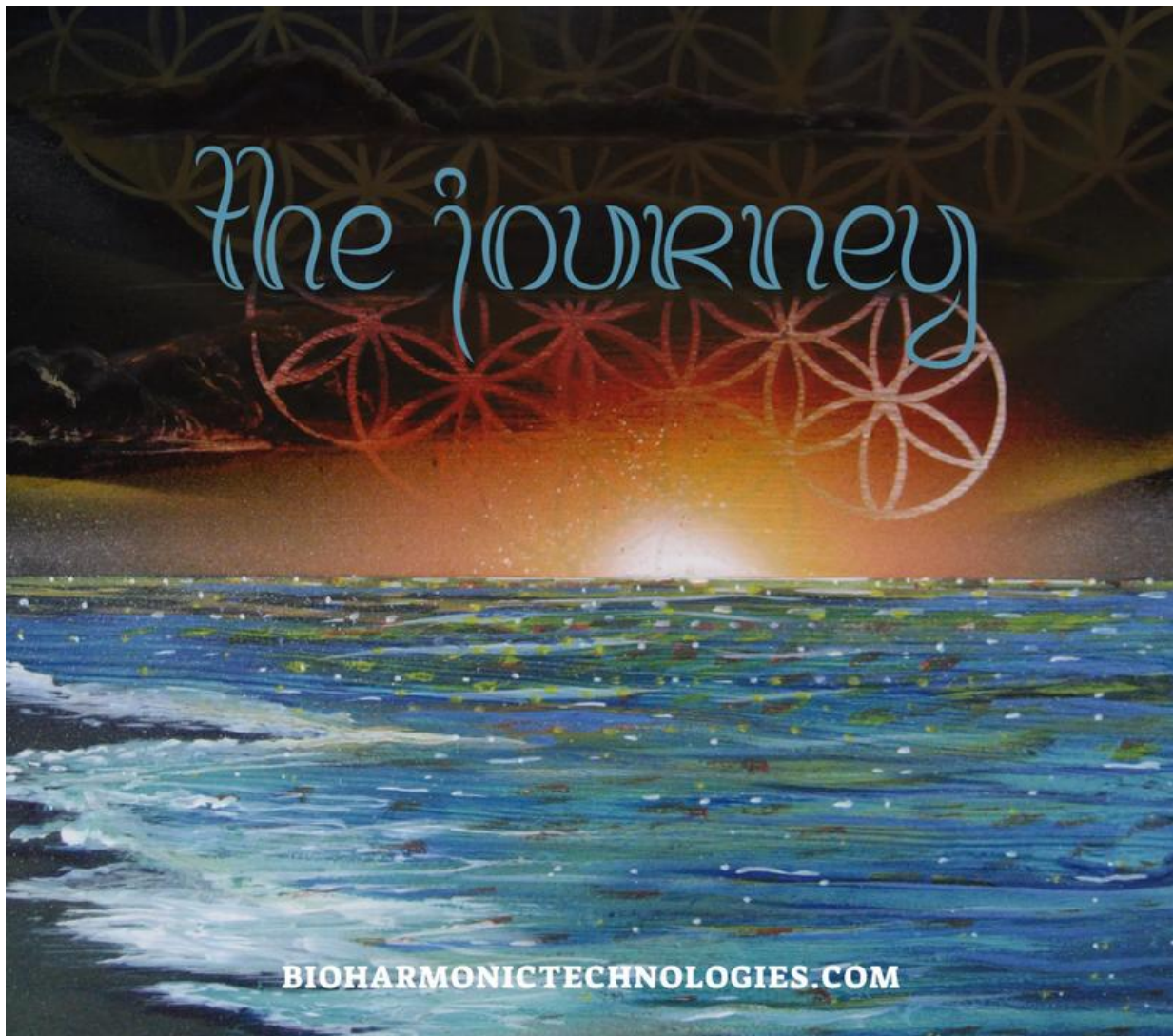
Emotions play such a huge roll in overall health and well-being. Unfortunately, emotions are one of the most challenging things to manage in our day to day lives.

Are you aware that specific musical arrangements, played in specific octaves in specific notes can influence specific glands and energy centers in your body? These relationships are all incorporated into "Cellular Attunement". The Second Release from Bioharmonic Technologies, this CD was created specifically to assist in a therapeutic biofeedback system called The EVOX by Zyto. This amazing technology uses voice recognition software to identify and balance emotional and physical imbalances in the body.

If you do not have access to The EVOX, do not worry, "Cellular Attunement" creates an amazing environment of emotional balancing as a stand alone CD. This CD even comes with instructional protocols on how to create the best emotional balancing experience.

Emotional Balancing.....Relaxation.....Meditation....."Cellular Attunement".

The Journey:



The Journey

- **Track List Features:**

A 3 Track album - 20 Min Who Am I - a journey of self-actualization, 20 Min Escape - a journey of our physical dimension, 25 Min Space - a journey to the outer regions of our solar system.

Therapeutic Components:

Researched Frequencies for Theta brainwave states

- Physiological Frequencies
- Sacred Geometry

Travel through time and space, quantum energy, consciousness and the physical realm as you experience *The Journey*, from Bioharmonic Technologies. This vibrational masterpiece creates a

living sonic matrix embedded with physiological frequencies, sacred geometry, brain wave states and even recorded NASA Frequencies.

The Journey offers three distinct experiences, an inner journey of self actualization, a journey through the physical dimension and a journey to the outer reaches of our own solar system, NASA inspired. This Album showcases the next level of Sonic Alchemy from Dr. Steven Schwartz, sonic-ceutical creator and Soul Salaam, world percussionist, and electronic music producer.