



# HEALTH, MENTAL HEALTH & RECOVERY

## 24/7 HOTLINE

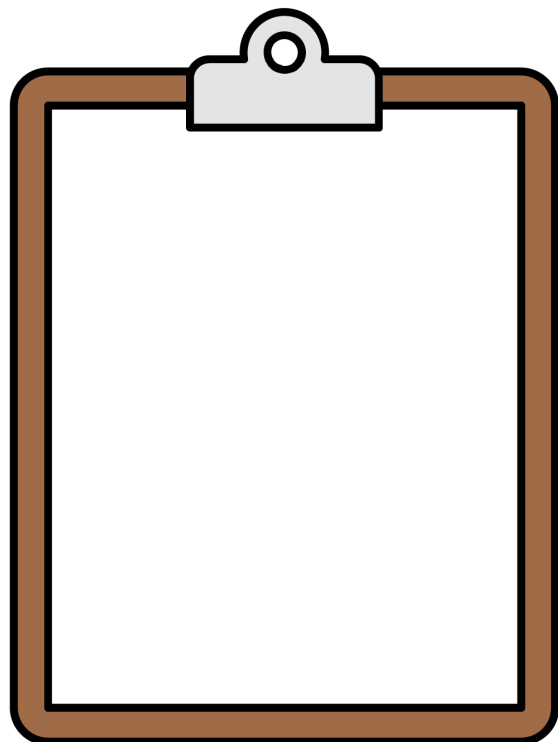
**NATIONAL SUICIDE PREVENTION  
HOTLINE:**  
DIAL 988

**NATIONAL MENTAL HEALTH AND  
SUBSTANCE ABUSE HOTLINE:**  
1-800-662-4357

**NATIONAL DOMESTIC ABUSE  
HOTLINE:**  
1-800-799-7223



# HEALTH, MENTAL HEALTH & RECOVERY



## **ARCA**

5755 SHATTALON DR W-S  
WWW.ARCANC.ORG

**SUBSTANCE MISUSE RECOVERY:**  
CALL 1-877-615-2722

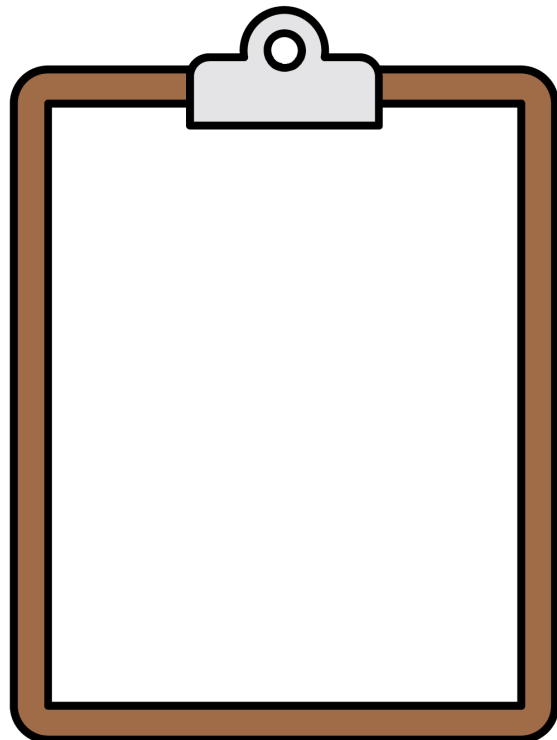
AFTER DETOX, UP TO 21 DAY STAY

HELPS DEVELOP A TREATMENT  
PLAN FOR AFTER ARCA RECOVERY

COSTS VARY DEPENDING ON  
TREATMENT DURATION, PAYMENT  
OPTIONS VARY. FUNDING IS  
AVAILABLE FOR UNINSURED  
CLIENTS.



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## **CATHOLIC CHARITIES**

1612 14TH ST NE W-S  
WWW.CCDOC.ORG/VOLUNTEER-  
IN-WINSTON-SALEM

**MENTAL HEALTH COUNSELING:**  
CALL 336-727-0705 TO MAKE AN  
APPT.

SLIDING FEE SCALE

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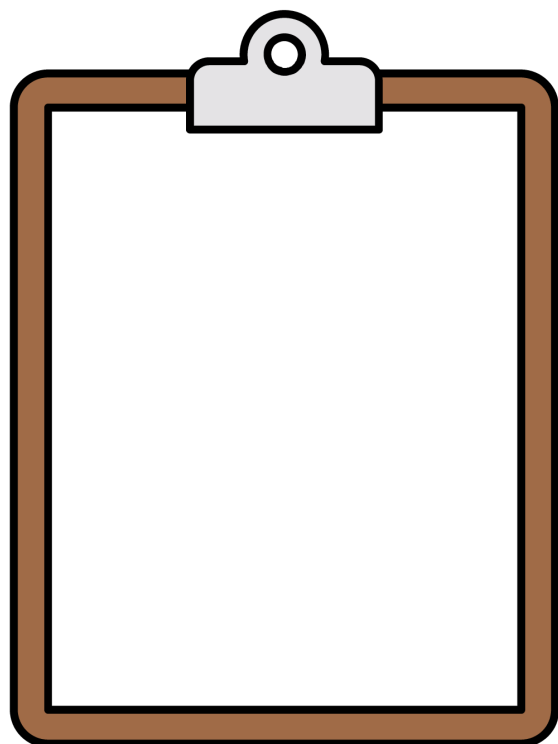
## **CLEVELAND AVE. DENTAL CLINIC**

501 N CLEVELAND AVE. SUITE 1  
W-S  
336-703-3090

COMPREHENSIVE DENTAL CARE  
FOR CHILDREN AND ADULTS ON A  
SLIDING SCALE IF UNINSURED.  
CALL OFFICE FOR APPT.



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**INSIGHT HUMAN SERVICES -  
TREATMENT SERVICES**

665 W FOURTH ST. W-S  
WWW.INSIGHTNC.ORG

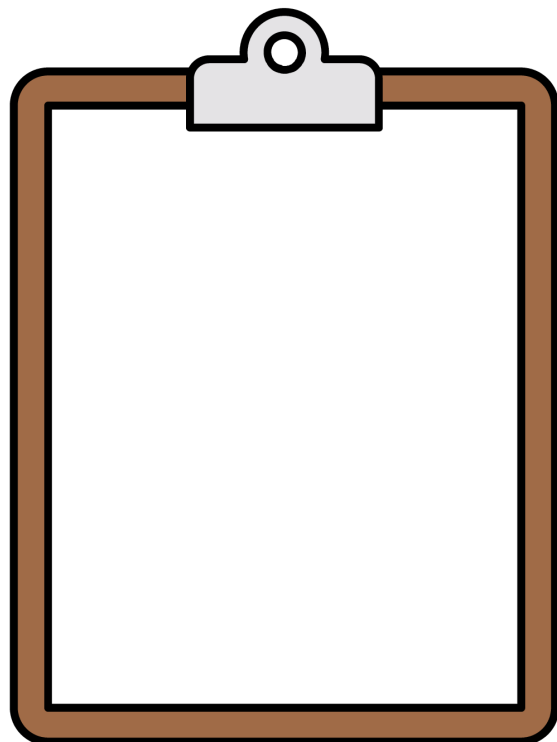
**SUBSTANCE MISUSE AND/OR  
SUBSTANCE DISORDER TREATMENT:**  
CALL 336-727-8389 MONDAY  
THROUGH FRIDAY 8AM - 5PM

WALK-IN MONDAY THROUGH FRIDAY  
9AM - 12PM

WHEN WALKING IN OR GOING FOR  
FIRST APPT, BRING THESE IF YOU  
HAVE:  
PICTURE ID  
INSURANCE CARD (IF HAVE)  
FAMILY MEMBER/FRIEND  
PROOF OF INCOME (SERVICES WILL  
STILL BE PROVIDED)



# HEALTH, MENTAL HEALTH & RECOVERY



## **RESCUE MISSION**

710 N TRADE ST. W-S  
WWW.WSRESCUE.ORG

## **RECOVERY:**

90-DAY OR LONG-TERM PROGRAM  
RESIDENTIAL PROGRAM FOR MEN.

## **EMAIL:**

PROGRAMS@WSRESCUE.ORG

## **MEDICAL CLINIC:**

MONDAYS AND THURSDAYS AT  
7AM - 9AM

## **DENTAL CLINIC:**

SECOND AND FOURTH THURSDAY  
OF MONTHS AT 6:30AM

FIRST-COME-FIRST-SERVE BASIS  
FOR BOTH CLINICS



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## SHALOM PROJECT

3185 MAPLEWOOD AVE W-S  
WWW.THESHALOMPROJECTNC.ORG

PRIMARY CARE MEDICAL CLINIC.  
CAN REFER TO SPECIALISTS AND  
ASSIST WITH PRESCRIPTIONS.

WEDNESDAYS 5PM - 7PM  
CHECK IN BEGINS AT 4:30PM

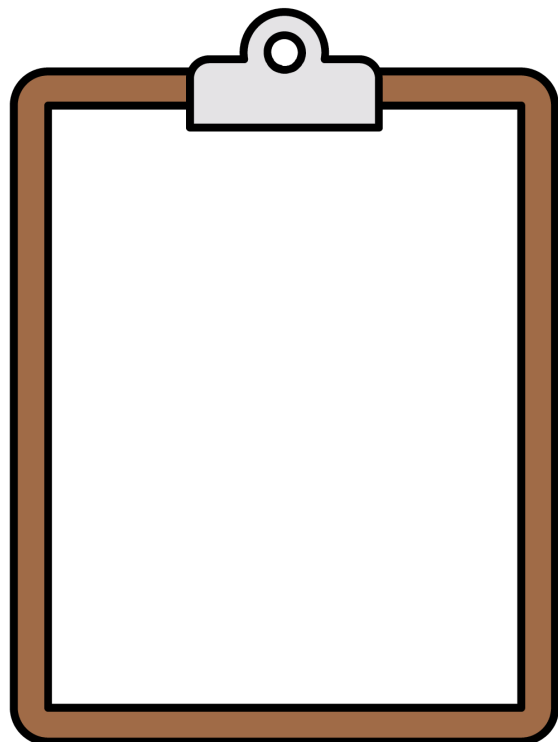
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## DOWNTOWN HEALTH PLAZA

1200 N MARTIN LUTHER KING JR.  
DR. W-S

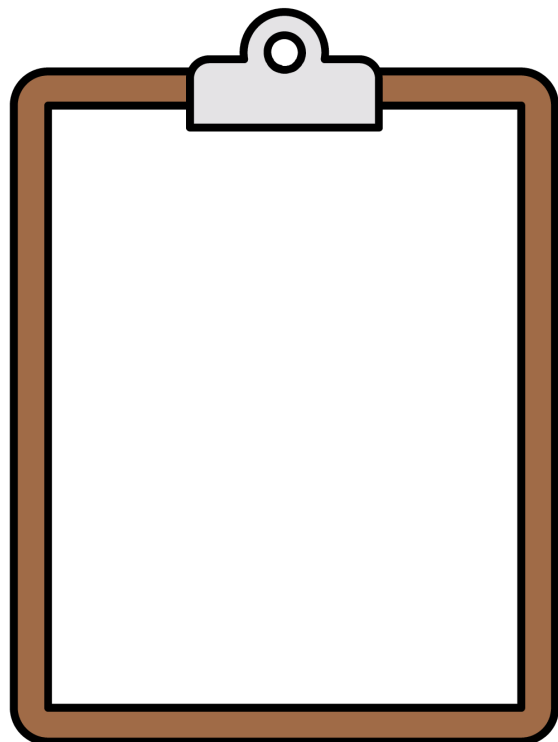
PRIMARY HEALTHCARE AND  
PHARMACY ON SLIDING SCALE IF  
UNINSURED.

CALL 336-713-9800 MON-FRI 8AM  
- 5PM TO SCHEDULE APPT.





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## **MENTAL HEALTH ASSOCIATION**

1509 S HAWTHORNE RD W-S  
[WWW.MHAFORSYTH.ORG](http://WWW.MHAFORSYTH.ORG)

## **MENTAL HEALTH COUNSELING:**

MONDAY - THURSDAY: 9AM - 5PM  
FRIDAY: 9AM - 1PM

SHORT TERM COUNSELING W/  
REGERRALS (ESPECIALLY  
FOCUSED ON UNINSURED AND  
UNDERINSURED).

VARIETY OF SUPPORT GROUPS  
OFFERED IN-PERSON AND  
VIRTUALLY.



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## MONARCH

4140 N CHERRY ST NW W-S  
[HTTPS://MONARCHNC.ORG/](https://monarchnc.org/)

**PEER SUPPORT SERVICES, THERAPY  
AND PSYCHIATRIC SERVICES:**  
MONDAY - FRIDAY: 8AM - 5PM

FIRST VISIT CAN BE WALK IN

OFFERS VIRTUAL AND IN-PERSON  
VISITS. PHARMACY ON-SITE.

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## DAYMARK

650 N. HIGHLAND AVE. SUITE 110  
W-S  
[WWW.DAYMARKRECOVERY.ORG](http://WWW.DAYMARKRECOVERY.ORG)

OFFERS MENTAL HEALTH AND  
SUBSTANCE MISUSE TREATMENT ON  
A SLIDING SCALE IF UNINSURED.  
ABLE TO CONNECT TO LONGER TERM  
REHAB. TAKES WALK-INS.

MONDAY - FRIDAY 8AM - 5PM

