



3-Day Journal

BIBLICAL WOMEN'S REFLECTIONS

Day 1: Rahab - Courage and Redemption

Inspirational Thought: Rahab, a woman of Jericho, demonstrated immense courage and faith by protecting the Israelite spies. Her actions led to her and her family's salvation when Jericho fell. Consider how Rahab's story challenges your assumptions about who is worthy of God's grace and redemption. How can you show courage in the face of fear and uncertainty?

Daily Reflection:

- What does Rahab's story teach me about God's mercy and forgiveness?
- How can I apply the lesson of courage to my own life, even when faced with fear?
- In what areas of my life do I need to be more open to God's unexpected pathways?

Prayer:

Dear God, thank you for the story of Rahab, a woman who dared to choose faith over fear. Help me to be courageous like her, to trust in your plan even when I cannot see the way forward. Grant me the grace to extend compassion and understanding to those who may seem unlikely recipients of your love. Amen.

Notes:

(Space for personal notes, thoughts, and insights)

Day 2: Eve - Temptation and Choice

Inspirational Thought: Eve's story in the Garden of Eden is often interpreted as a tale of disobedience and the origin of sin. However, it also represents the human capacity for choice and the consequences of our decisions. Consider how Eve's story resonates with your own experiences of temptation, choice, and the burden of responsibility. How can you learn from her story to make wiser choices in your own life?

Daily Reflection:

- What temptations do I face in my daily life, and how can I resist them?

- How can I take responsibility for my choices and learn from my mistakes?
- How can I foster a closer relationship with God, so as not to succumb to temptation?

Prayer:

Lord, grant me the wisdom to discern between good and evil, and the strength to choose the path that leads to righteousness. Help me to be mindful of the consequences of my actions, and to take responsibility for the choices I make. Guide me, Lord, that I may learn from Eve's story and live a life that is pleasing to you. Amen.

Notes:

(Space for personal notes, thoughts, and insights)

Day 3: Jezebel - Power and Pride

Inspirational Thought: Jezebel, the Queen of Israel, is often portrayed as a symbol of wickedness and defiance against God. Her story serves as a cautionary tale about the dangers of unchecked power, pride, and the suppression of righteousness. Consider how Jezebel's story highlights the importance of humility, justice, and the consequences of turning away from God's will. How can you guard against the temptations of power and pride in your own life?

Daily Reflection:

- How does the story of Jezebel challenge my understanding of power and influence?
- In what ways can I guard against pride and arrogance in my own life?
- How can I use my influence to promote justice, compassion, and righteousness?

Prayer:

God, help me to examine my own heart and identify any tendencies toward pride, arrogance, or the abuse of power. Grant me the humility to recognize my limitations and the wisdom to use my influence for good. May I always seek to uphold justice, compassion, and righteousness in all that I do. Amen.

Notes:

(Space for personal notes, thoughts, and insights)

Summary

This 3-day journal explored the lives of three biblical women – Rahab, Eve, and Jezebel – inviting reflection on courage, choice, and the dangers of unchecked power. By examining their stories, we can gain valuable insights into our own lives and strive to live with greater faith, wisdom, and humility.