



Spirit of Wellness

This month, we shine the spotlight on some of our Education Initiatives.

Hello,

We are dedicated to increasing success by matching resources with opportunities.

One way we achieve this is through comprehensive education support and programs.

By providing essential skills, knowledge and tools, we empower individuals to unlock their potential and create sustainable pathways to success.

This month, we highlight just three of the education initiatives that have been making a difference.



Proud entrepreneurs at their businesses

Empowering Entrepreneurs: The 360° Business Academy

The "360° Business Academy" is an impactful educational initiative designed to empower small business owners within the San José Community in Ecuador.

The 12-week course, offered free of charge, provides participants with guidance from experienced local business owners as they learn critical business concepts such as market analysis, financial management, marketing strategies, and customer service.

With these skills, they can thrive in their ventures and contribute to the economic development of their community.

Join Us in Making a Difference: We invite you to be a part of this transformative journey. Your donations can help turn business dreams into reality, providing hope and opportunity for entrepreneurs.

Visit our website to learn more about the 360° Program or follow us on Facebook.



Valentina and her new book

Bringing Stories to Life: An Inspiring Mission to Foster a Love for Reading

Studies in Ecuador reveal a concerning statistic: **children read less than half a book per year.**

Determined to change this, Graphic Designer Fernando and Novelist Damian, through their initiative "**Leer es Útil**", have embarked on an inspiring mission to create and distribute books based on renowned children's stories.

Their first endeavor involved the distribution of 400 copies of "The Little Prince", a beloved story that imparts crucial lessons on responsibility and encourages young readers to own up to their actions, learn from mistakes, and strive for improvement—lessons that resonate deeply with the values of leadership and personal growth.

A month after their first book distribution, we witnessed the impact of this initiative firsthand when Valentina, one of our regular attendees at the Senior Lunch, proudly shared her copy of the book with us. She eagerly explained that she had read it aloud to her parents, lovingly colored the illustrations and keeps the precious book with her school supplies. Her enthusiasm is a testament to the project's success.

Thanks to Fernando and Damian's dedication, we are not only distributing books but also fostering a love for reading and learning that will last a lifetime. Their work is making a tangible difference, one story at a time.

The second distribution will take place at the end of September. If you plan to be in Ecuador and you'd like to join the efforts, contact us for more information.

Contact Us for More Information about the Book Distribution Event.





Joyful smiles and bright futures! Children display their new school supplies.

Supporting Education: School Supplies for Children

Education is a cornerstone for a brighter future. Yet, in Ecuador, many children face significant barriers to accessing quality education. One of the most pressing issues is the lack of basic school supplies.

The Challenge:

Poverty: Over 23% of Ecuador's population lives below the poverty line, making it difficult for families to afford school supplies.

School Dropout Rates: High dropout rates, particularly in rural areas, are often linked to the inability to afford necessary materials. According to UNICEF, about 15% of children in rural areas do not complete their primary education.

Impact on Learning: Without adequate supplies, students struggle to participate fully in class, complete homework, and engage in learning activities. This significantly impacts their academic performance and long-term educational prospects.

This year, Spirit of Wellness proudly provided the full supply list for a small group of children whose parents made a special plea for support.

Providing school supplies is a simple yet powerful way to support education and bright futures.

Improved Attendance: When children have the supplies they need, they are more likely to attend school regularly and engage in their studies.

Enhanced Learning: With the right tools, students can participate fully in classroom activities, complete assignments, and develop critical skills.

Boosted Confidence: Having their own supplies boosts children's confidence and motivation, fostering a positive attitude towards learning.

Make a Difference: Your support can transform lives. By donating supplies, you are investing in the future and helping to break the cycle of poverty through education.

Thank you for your generosity and commitment to making a difference in the lives of Ecuadorian children.

Every dollar donated to Spirit of Wellness makes an impact:

€100 = Helps to sustain the Business Program

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\$500 = 10 children receive a full set of school supplies.

\$1,700 = 1000 children receive a book of their own.

When people are educated, futures are nourished!

[Donate Now!](#)



Jasmine practices math with her donated flash cards.

Until next time, take care and remember, every act of kindness counts. No act is too small.



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