

I Can Do That!



Sing & Play: I Can Do That!

Lesson Focus: The Social and Emotional Toddler

People crave connections. It's one of the reasons we have hundreds of Facebook friends, including that kid you played soccer with 10 (or 20!) years ago, that parent you met in birthing class, and, of course, your circle of closest confidants. However, social and emotional connections involve more than just making friends. Did you know those connections also prime our brains for learning and remembering?

At Kindermusik, we get it. We know the importance of your toddler making emotional and social connections with you—and with other children and adults. In fact, joyfully playing together in class teaches children that they are loved, important, and fun to be around. So, when we ask and implement each child's idea for singing hello, point out a new way a child plays with an instrument, or engage in a game of peekaboo with scarves, your child receives positive social-emotional messages. Seeing you enjoy playing with him in class and at home offers your child the self-confidence he will need to build strong and loving relationships throughout his life.

Everyday Connection: *What's so funny?* Be silly with your toddler. Have tickle fights. Make funny noises or goofy faces. Laughing together creates social bonds and healthy emotional attachments. Plus, laughing strengthens the immune system, lowers blood pressure, reduces stress—and is just plain fun!